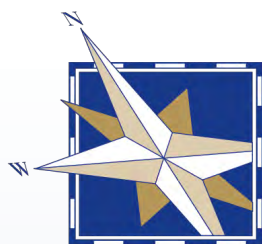


Volume 41 • Issue 8

The Sentinel

August 2024



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Brain Games	10
Movie/Upcoming Events	11
Life at the Center	12
Trips on the Horizon	14
Ads	15
Directory	Back

SENIOR SUMMIT

Tuesday, August 27

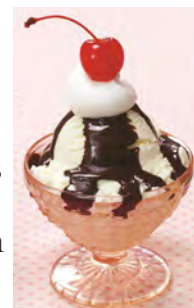
An event addressing the current
and future needs of area seniors.
(Details on page 4)

*Brought to you by
Heartland Hospice and OhioHealth at Home*



Thursday, August 15 at Noon

Join us for a good, old-fashioned Ice Cream Social on **Thursday, August 15 at noon**. The celebration will begin with a delicious lunch featuring Lee's Famous Recipe chicken tenders and biscuits & honey, pasta salad, and everyone's favorite frozen dessert... ice cream! Create your favorite sundae with the toppings, whipped cream and sprinkles featured on our ice cream bar.



Following lunch we will be entertained by popular musician **J.R. Hunter**, who has been playing country music since 1979. Listen to classic country music at its best! There will be a drawing for door prizes, too.

Cost is **\$10 Members/\$12 Non-Members**. Tickets are available here at the Center until end of day on Friday, August 9.



***Please note:** All other regularly scheduled activities will be cancelled on this day.*

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible. This institution is an equal opportunity provider.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Belton** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Out-of-County Medical Transportation

Marion Senior Center is now able to provide transportation to and from medical facilities outside of Marion County. Call **Sierra** at **740-387-5444**.

FREE PRODUCE MARKETS

Buckeye Community School is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 8 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Center Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Life at the Center



SENIOR CENTER TO HOST SENIOR SUMMIT

Tuesday, August 27

Marion along with the nation is experiencing a “Silver Tsunami”. Boomers are becoming seniors, which will challenge our city and county in many ways. Housing, transportation, economics, healthcare, socialization and other issues will be at the forefront. As a community, we must address these challenges collaboratively and forward-thinking. As a result, the Mayor’s **Senior Task Force** will hold a “**Senior Summit**” on **Tuesday, August 27** at the **Marion Senior Center**. The Senior Summit will bring together City Administration, Marion Senior Center staff, Marion County Commissioners, Marion County Council on Aging, community leaders, seniors and individuals from organizations central to serving seniors in an effort to identify what action steps need to be taken to address the current and future needs of area seniors.

The **Senior Summit** is organized and led by the **Senior Task Force** focused on communication, collaboration and coordination. The Senior Summit agenda will include Registration and Continental Breakfast (provided by Presidential Post Acute) from **8 – 9 am**. **Mayor Bill Collins** will make some brief comments when the event begins at **9 am** and then **Cassie Gregory, Executive Director of the Marion County Council on Aging and head of the Mayor’s Senior Task Force**, will make a presentation about the needs and trends of seniors. Following will be breakout sessions facilitated by task force members to discuss, identify and develop doable and practical action steps.

This event is by invitation only. Those wishing to attend can pre-register by calling **Marion County Council on Aging** at **(740) 387-0401**.

Note: All regularly scheduled activities will still be hosted on this date.

**2024
SENIOR
SUMMIT**

**LOVE
YOUR
SENIORS**



Adventure Club members enjoyed the ‘Canopy Walk’ at Blacklick Woods Metro Park. This wide boardwalk rises 40 feet into the air and loops for an eighth of a mile through the canopy of trees.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our popular fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 22.

Leaders: Emilee Evans & Lisa Richardson



Our Fitness Drumming classes keep you moving! Members can enjoy a fun, energized, aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.

Classes, Activities & Programs

MAKING A STATEMENT

A **mission statement** says loudly and proudly in just one or two sentences, “Here’s why my organization exists”. It answers what you do and why you do it. A **vision statement** is your mission lived out to the nth degree.

Marion Senior Citizens Association, Inc. (Senior Center Board) through a series of strategic planning meetings facilitated by Duana Patton, CEO of Area Agency on Aging - District 5, created and unanimously approved a new mission statement and vision statement for Marion Senior Center. Our new ‘statements’ are as follows:

MISSION STATEMENT

Enriching the lives of seniors through activities and services that promote wellness, independence, and fun.

VISION STATEMENT

Making a difference in every life we touch by creating a culture where others want to work, volunteer and access services and programs that engage seniors. Empowering people by promoting healthy aging and independence through these services and programs.



The Center hosted an in-house Pool Tournament for members only on Wednesday, July 10. John Brockman (picture right) was crowned the tournament champion.

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **12:30 pm**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Euchre

Euchre is played out front on **Thursdays** at **11:30 am**.

Everyone is welcome! *Leader:* Shirley Marshall

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome!

Leader: Phyliss Shirk

New! Mexican Poker

Mexican Poker is played out front on **Fridays** at **12:30 pm**. Everyone’s welcome! *Leader:* Connie McCurdy

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Kaki Anderson.

Men’s Coffee Hour

Josh Rich of *CenterWell Home Health* and Brandt Kleinschmidt of *Humana* co-host a Men’s Coffee Hour on the **third Tuesday** of each month from **9 - 10 am**. Any Senior Center men interested in fellowship — and ‘solving all the world’s problems’ over a fresh hot cup of coffee — are welcome to join in the fun.

Please Note: Men’s Coffee Hour is hosted offsite at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members are welcome and encouraged to meet weekday mornings for open play. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

New! Open Quilting

Starting in July, Barb Arms and Barb Klee will be leading a new “Open Quilting” activity on **Fridays at 10:30 am** in the Craft Room. This is not a beginners class as there will be no instructor. This is a ‘bring your project and machine and join in the fun’ type activity and is open to everyone.

Recipe ‘Prepare & Share’

Recipe ‘Prepare & Share’ meets on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month’s theme is “**Something from the Garden**”. So bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

New! Helping Others Bingo

Tammy Thorpe of DeWolfe Place & Brad Jackson of Capital City Hospice hosts ‘Helping Others Bingo’ at **12:30 pm** on the **1st Wednesday** each month. Players need to bring a non-perishable food item as their entry fee. Tammy & Brad will deliver and donate food the items to a local food pantry.

Quarter Bingo

Josh Rich of CenterWell Home Health hosts Bingo at **2:00 pm** on the **2nd Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

Kingston Bingo

Carma Taylor of Kingston Residence of Marion hosts Bingo at **12:30 pm** on the **3rd Wednesday** each month. Lots of fun and prizes!

White Elephant Bingo

Michelle Berg from *OhioHealth at Home* will be hosting ‘White Elephant Bingo’ on the **4th Wednesday** of each month at **10:15 am**. Everyone will bring in a new item, a “white elephant gift” as their entry fee. (Michelle will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won’t know what they are picking.

Box Lunch Bingo

Maddy & Carla Poston of ProCore Health Brokers hosts Box Lunch Bingo at **11 am** every **Monday** in the Congregate Dining Center. Join us for a delicious deli-style lunch served on a donation basis at **11 am**, followed directly by Bingo. Lots of fun and prizes!

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Color Me Happy

Instructor **Clara Sisson** hosts a **Paint Marker Class** on **Wednesdays** from **11 am – 12 pm** in the *Craft Room*. All supplies will be provided. There is no cost for this class.

August 2024 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><i>Create your favorite Sundae!</i></p>  <p>Thursday, August 15 Noon</p>	 <p>Tuesday, August 27 8 am - Noon</p>	<p><i>Save the Date!</i></p>  <p>Friday, Sept. 20 - Noon</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble</p> <p>1</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinocle 12:30- Euchre</p> <p>5</p>	<p>Open Pool Room Open Fitness Room</p> <p>10:00-Bridge 11:00-Congregate Dining/Lunch & August Birthday Celebration 11:00-Books, Balance & BS 1:00-Rummikub</p> <p>6</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-<i>New!</i> Helping Others Bingo</p> <p>7</p>	<p>Open Pool Room Open Fitness Room</p> <p>8:00-Adventure Club Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Popcorn & Movie <i>'Plus One at an Amish Wedding'</i></p> <p>8</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinocle 12:30- Euchre</p> <p>12</p>	<p>Open Pool Room Open Fitness Room</p> <p>10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Recipe Prepare & Share 1:00-Rummikub</p> <p>13</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 2:00-Quarter Bingo</p> <p>14</p>	<p>12:00-Ice Cream Social Event</p> <p>Note: All regularly scheduled activities are cancelled today.</p> <p>15</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinocle 12:30- Euchre</p> <p>19</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Mens Coffee Hour 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 4:00-Clippers Dime-a-Dog Departs</p> <p>20</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 10:15-Kingston Bingo 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot</p> <p>21</p>	<p>Open Pool Room Open Fitness Room</p> <p>8:00-Adventure Club Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble</p> <p>22</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinocle 12:30- Euchre 12:30-Food Box Day</p> <p>26</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Senior Summit 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub</p> <p>27</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Board Meeting 9:15-Fitness Drumming 10:15-White Elephant Bingo 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 1:00-Jam Session*</p> <p>28</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble</p> <p>29</p>

Birthdays & Anniversaries

FRIDAY

2

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
10:30-**New!** Open Quilting
11:00-Congregate Dining/Lunch
12:30-Tai Chi
12:30-**New!** Mexican Poker

9

Open Pool Room
Open Fitness Room

7:00-The Wilds Trip Departs
9:15-Fitness Drumming
10:30-**New!** Open Quilting
11:00-Congregate Dining/Lunch
12:30-Tai Chi
12:30-**New!** Mexican Poker

16

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
10:30-**New!** Open Quilting
11:00-Congregate Dining/Lunch
12:30-Tai Chi
12:30-**New!** Mexican Poker
2:00-Mystery Cruise Trip Departs

23

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
10:30-**New!** Open Quilting
11:00-Congregate Dining/Lunch
12:30-Tai Chi
12:30-**New!** Mexican Poker

30

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
10:30-**New!** Open Quilting
11:00-Congregate Dining/Lunch
12:30-Tai Chi
12:30-**New!** Mexican Poker

August Birthdays

Fred Malone	Aug 01	Tilly Gresh	Aug 11	Dean Brown	Aug 20
Loretta Murphy	Aug 05	Jan Elsey	Aug 11	Winnie Mallett	Aug 23
Tim Liles	Aug 06	Linda Dietrich	Aug 12	Sue McClaren	Aug 23
Phyllis Murphy	Aug 06	Betty Brown	Aug 13	Monica Granger	Aug 23
Phyllis Shirk	Aug 07	Janine Williams	Aug 14	Sandra Larcomb	Aug 23
Dale Rapp	Aug 07	Steve Ward	Aug 15	John Probst	Aug 24
Linda Zonneville	Aug 07	Bill Williamson	Aug 15	Terri Mantey	Aug 25
Raymond Haines, Sr.	Aug 08	Joyce Gilliam	Aug 15	Barbara Mead	Aug 29
Tom Fetter	Aug 08	Larry Mullins	Aug 15	Brenda Jones	Aug 29
Darrell Adkins	Aug 08	David Haberman	Aug 16	Karen Kirts-Webster	Aug 31
Kathy Griffin	Aug 09	Deena Hiles	Aug 17	John Pearson	Aug 31
Eugene Gear	Aug 10	Teresa Stapleton	Aug 19		
Jon Gwinner	Aug 10	Bill Bennett	Aug 20		

August Anniversaries

Mike & Toni Alic	8/7/1965	59 years
Lacy & Eva Blankenship	8/10/1970	54 years
Larry & Mollie Geissler	8/31/2002	22 years
Raymond & Carol Haines	8/31/1959	65 years
Bob & Terry Kern	8/8/1964	60 years
Gary & Virginia Murray	8/18/1957	67 years
Tom & Terry Robbins	8/23/1975	49 years
Bob & Kay Rush	8/2/1969	55 years
Jerry & Tammy Webber	8/12/1998	26 years
Jon & Virginia Yarger	8/18/2019	5 years

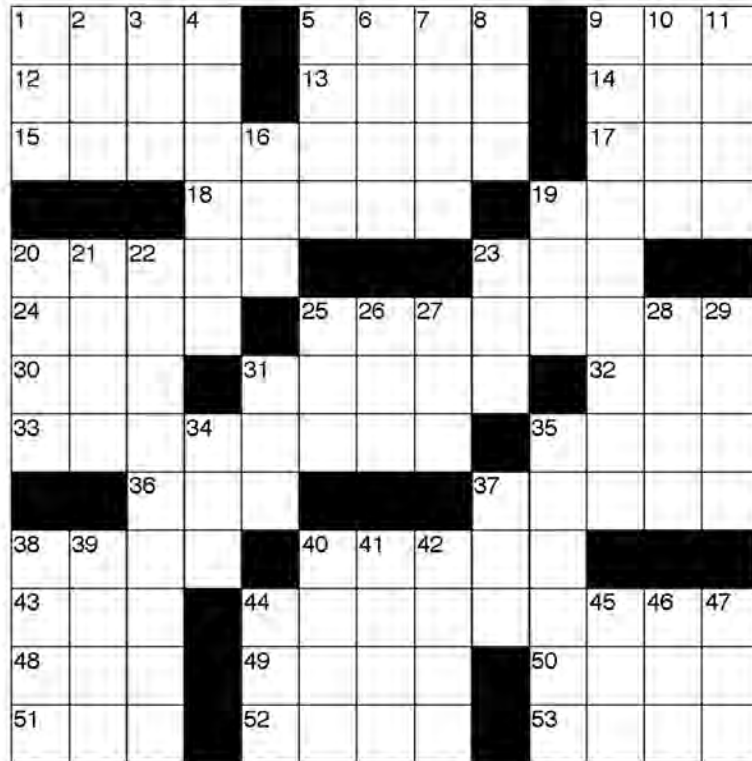
New Members

We welcome the following New Members that have recently joined:

Christine Cleland	Gloria Barker	Patty Bosse
Kathy Williams	Mark Loescher	Kay Thomas
Pam Edmister	Linda Loescher	Barbara Belton
Jane Clark	Barbara Gilliland	Mary Litell
David Clark	Georgia Mathews	Deborah Melvin
Becky Kunkleman	Carole Lee	Gene Cook
Chris Kunkleman	Linda Redman	

CROSSWORD PUZZLE

Answers on Page 13



©2021 Satori Publishing

A72

ACROSS

- 1 Act
- 5 Decorated wall part
- 9 Hindu title
- 12 Always
- 13 Equal
- Employment
- Opportunity
- Commission (abbr.)
- 14 Coal scuttle
- 15 Kora
- 17 Wood sorrel
- 18 Strain
- 19 Gag
- 20 Cat genus
- 23 Revolver
- 24 Irish
- exclamation
- 25 Cob (2 words)
- 30 Ten (pref.)
- 31 Muslim prayer
- 32 Bantu language
- 33 Evergreen shrub
- 35 Afr. gazelle
- 36 To be announced (abbr.)

- 37 Become dim
- 38 Sandbox tree
- 40 Fact
- 43 Chin. plant
- 44 Tutor of Alexander
- 48 Edomite city
- 49 Andes plateau
- 50 Salt
- 51 Old (Ger.)
- 52 Elbe tributary
- 53 Togs

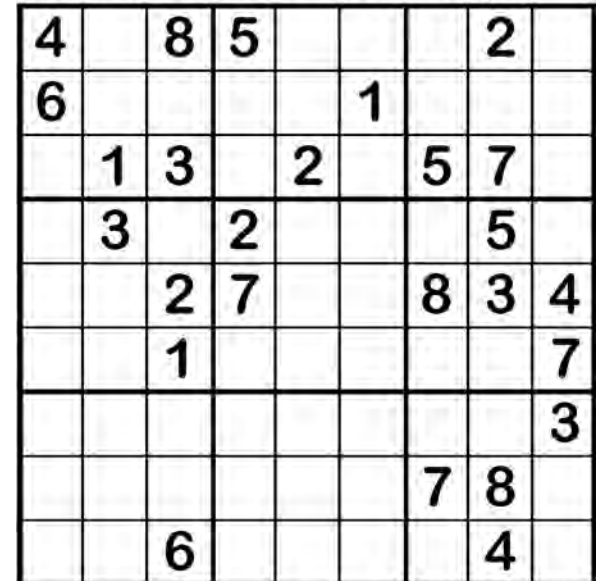
DOWN

- 1 Small number
- 2 Stowe character
- 3 At the age of (Lat.)
- 4 Quaking
- 5 Tenth part
- 6 Time period
- 7 Physicians, for short
- 8 Little (suf.)
- 9 Miss (2 words)
- 10 Sway
- 11 Scientific name (suf.)
- 16 Eth. title
- 19 Man's name: abbr.
- 20 Port. folk tune
- 21 Noble (Ger.)
- 22 Cisco (2 words)
- 23 Come down with
- 25 Angry
- 26 Pub fare
- 27 Malay gibbon
- 28 Crimean river
- 29 Dravidian language
- 31 Snow (Scot.)
- 34 Camel hair cloth
- 35 Nut
- 37 Except
- 38 Athabaskan language
- 39 Hereditary property
- 40 Narcotic
- 41 Senior (Fr.)
- 42 Russ. despot
- 44 Monkey
- 45 Greek letter
- 46 Liquid crystal display (abbr.)
- 47 Loop trains

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



©2021 Satori Publishing

DIFFICULTY: ★☆☆☆☆

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "L" = "W"

"VJZZOGAQQ LOMM GAWAN

BPKA RP RVPQA LVP UJOM

RP JZZNABOJRA LVJR RVAS

JMNAJIS VJWA."

- JXRVPN XGHGPLG

©2020 Satori Publishing

E099

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "Y" = "N"

"HI BRNBGR LHL YNM BXRIRX

XRKBHYU MN DNAHYU, MZRXR

ANOGL YNM SR K ZOYUXP BRXDNY

HY MZR GKYL."

- KOMZNX OYCYNAY

©2020 Satori Publishing

E0100

Get the Scoop on Medicare!

Get the scoop on changes to Medicare for 2025 and enjoy a scoop of ice cream! **Carla & Maddy Poston of ProCore Health Brokers*** will be your hosts for these events being held at the Senior Center on the following dates and times:



- **Wednesday, October 2, 2024** (12 pm - 2 pm)
- **Monday, October 21, 2024** (12 pm - 2 pm)
- **Monday, November 18, 2024** (12 pm - 2 pm)
- **Monday, December 2, 2024** (9 am - 11 am)

Space is limited! Please call **740-815-5216** to RSVP or for more information.

**ProCore Health Brokers do not offer every plan available in your area. Currently, we represent 9 organizations which offer 81 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Assistance Program (SHIP) to get information on all your options.*



The Bluegrass & Burgers event was so much fun! Yummy burgers, rootbeer floats, and the unique sound of banjo, mandolin and guitars as "Newgrass Station" performed classic bluegrass music.

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Ice Cream Social** - Thursday, August 15
- **Popcorn Festival Sr. Stop** - Thurs. 9/5 & Fri. 9/6
- **Chili Autumn Event** - Friday, September 20
- **Buckeye Bash Tailgate Party** - Friday, October 11
- **Caregiver Event** - Wednesday, October 30

Special thanks to Center Board member **Kathy Hampel**! She has devoted countless hours sprucing up our flower beds to help the Center look its best for members and guests.



Heartland
HOSPICE

<< Popcorn & Movie >>

Thursday, August 8 - 12:30 pm

'Plus One at an Amish Wedding'

April works at a prestigious hospital in New York and has recently met a handsome veterinarian named Jesse. Jesse receives an invitation to his brother's wedding, so he and April travel to Amish Country to meet with those Jesse left behind years ago.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double occupancy.*

Clippers Dime-A-Dog Nights

August 20, September 10

We will leave the Center at **4 pm** and travel to Huntington Park for Columbus Clipper 'Dime-A-Dog Night' baseball games on the following **Tuesday Evenings**:

- **August 20** - vs. Indianapolis Indians **(Sold Out)***
- **September 10** - vs. St. Paul Saints **(Sold Out)***

Cost of each trip is **\$25 Members/\$35 Non-Members**.

***Can add your name to the waiting list (no deposit).**

Amish Country Day Trip

Tuesday, October 8

We'll depart the Center via Pioneer Trails motorcoach at **7:30 am** and travel to Dover, OH in Amish Country to visit the museum of Earnest "Mooney" Warther, the "World's Master Carver". We'll enjoy a guided tour of the museum and Mooney's workshop plus have time to explore the Button House, Warther family home, flower gardens, and gift shop. We'll make a stop at Breitenbach Wine Cellars where over 40 award-winning Amish Country Wines are available for sampling and/or purchase. Our next stop will be Walnut Creek Cheese & Market to enjoy lunch (*on your own*) at Mudd Valley Café. The sprawling market also has a wide variety of locally made meats, cheeses, baked goods, etc. available for purchase... plus, ice cream! After lunch, we'll visit The Farm at Walnut Creek, a working Amish Farm that hosts over 500 animals, comprised of species from six continents. We'll have the opportunity to view and hand-feed the animals from a horse-drawn wagon. Plus, tour the Amish non-electric farmhouses. Our final destination will be The Amish Door Restaurant in Winesburg, OH to enjoy a traditional Amish-style dinner including homemade pie for dessert! Our estimated time of arrival back at the Center is 8:15 pm.

Cost of trip is **\$139** per person, which includes roundtrip transportation via deluxe motorcoach; admission and guided tour of the Warther Museum; admission and wagon ride to feed the animals at The Farm at Walnut Creek; dinner, dessert, and beverage at The Amish Door Restaurant; and taxes and gratuities on included activities. Trip limited to **35 participants**. Reserve your spot now with a \$20 non-refundable deposit. **Reserve your spot now with a non-refundable \$20 deposit.**

Dinner Train Adventure

Wednesday, October 2

We'll depart the Center at **1 pm** via Brewster motorcoach travelling through picturesque fall countryside on our way to Nelsonville, Ohio. We invite you to enjoy an evening of nostalgia mixed with some great scenery and fine dining aboard a vintage, beautifully appointed Hocking Valley Railway Dinner Train as it travels through Southeast Ohio. Enjoy a catered dinner thorough Ohio back-country from Nelsonville to East Logan and return. Chef Alfonso Contrisciani will prepare a fresh, four-course dinner in-route that is served throughout the trip. You'll select an entrée choice between Salmon, Prime Rib or Vegan option.

Cost of trip is **\$129**, which includes admission to the Hocking Valley Scenic Railway, dinner served on board, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Sold Out. Thank you Members! Can Add your name to the waiting list (no deposit required).**

Cleveland vs Cincy Battle of Ohio

Overnight September 24 & 25

Depart Marion Senior Center via Prime Tours motorcoach to see the Cleveland Art Museum, a world class museum featuring Italian Renaissance art and mummies in the Egyptian exhibit. Next we'll take a panoramic drive through the Cleveland Cultural gardens before checking into the Hampton Inn Downtown Cleveland. Next we'll head to the stadium to see the Cincinnati Reds take on the Cleveland Guardians in the 'Battle of Ohio'. Dinner will be on you own before or after the game. The following morning will begin with a hot breakfast at the hotel prior to departing for the Christmas Story House. Enjoy the interactive actual house the movie was filmed in and a guided tour of the museum, along with time for shopping. We will then travel back to Marion with a stop at Grandpa's Cheesebarn & Sweeties Chocolates (lunch on your own). Arrive back at the Center before dinner time.

Cost of trip is **\$378** per person*, which includes one night at Hampton Inn Downtown Cleveland with breakfast at the hotel, Game ticket (lower box on the left field line), admission to the Christmas Story House and Cleveland Art Museum, panoramic tour of Cleveland major sites, Prime tour guide on the trip, roundtrip transportation via deluxe motorcoach, **Call Prime Tours at (614) 766-5553 to register for this trip. Or register and pay online at www.goprimetours.com**

CROSSWORD PUZZLE ANSWERS (Pg. 10)

F	E	A	T		D	A	D	O		S	R	I	
E	V	E	R		E	E	O	C		H	O	D	
W	A	T	E	R	C	O	C	K		O	C	A	
			P	A	I	N	S			J	O	K	E
F	E	L	I	S					G	A	T		
A	D	A	D		M	A	L	E	S	W	A	N	
D	E	K		S	A	L	A	T		I	L	A	
O	L	E	A	N	D	E	R		A	D	M	I	
		T	B	A					B	L	E	A	R
H	U	R	A		D	A	T	U	M				
U	D	O		A	R	I	S	T	O	T	L	E	
P	A	U		P	U	N	A		N	A	C	L	
A	L	T		E	G	E	R		D	U	D	S	

SUDOKU ANSWERS (Pg. 10)

8	7	1	2	6	9	5	4	3
3	5	4	8	7	1	2	9	6
2	9	6	3	5	4	1	7	8
4	6	7	1	9	5	3	8	2
5	2	8	6	3	7	4	1	9
1	3	9	4	2	8	7	6	5
9	4	3	7	8	2	6	5	1
6	1	5	9	4	3	8	2	7
7	8	2	5	1	6	9	3	4

ENIGMA Cryptogram Answers (pg. 10)

E099: "Happiness will never come to those who fail to appreciate what they already have." - Author Unknown

E0100: "If people did not prefer reaping to sewing, there would not be a hungry person in the land." - Author Unknown

Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double occupancy.*

Murder Mystery Dinner Cruise

Friday, August 16

We will depart the Center at **2 pm** via Brewster motorcoach to take a trip to the countryside of Marietta, OH to enjoy a peaceful cruise on the Ohio River aboard the Valley Gen Sternwheeler. While onboard we'll enjoy the Captain's Buffet dinner. Pay attention as you are entertained with a Murder Mystery. Actors will introduce their characters to begin the cruise and as the night goes on, guest will be witness to the scenes and be responsible for playing judge and jury as we try to uncover the murderer. Passengers who guess correctly will be put in a drawing for a prize! No two cruises are the same and you never know who will be next!

Cost of trip is **\$149**, which includes admission to the cruise, Captain's Buffet dinner, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Sold Out. Thank you Members!**

Can Add your name to the waiting list (no deposit required).

The Wilds

Friday, August 9

We'll depart the Center at **7 am**, then sit back and relax as we travel through the countryside via Brewster motorcoach on a day trip to Cumberland, OH. The Wilds and the Columbus Zoo & Aquarium synergized on a transformative journey, growing from two of the nation's premier zoological facilities to becoming an even more impactful wildlife conservation institution. The Wilds, once a surface-mined land, is now one of the largest and most innovative conservation centers in North America. See their many species including White Rhino, Giraffe, Zebra, Camels and much more!

Cost of trip is **\$145**, which includes admission to The Wilds with an open air tour, a meal at a local restaurant, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Reserve your spot now with a non-refundable \$20 deposit.**

Important Note: Please don't delay in signing up for trips you are really interested in with a deposit ASAP! This will help us avoid cancelling trips due to lacking the necessary number of signups by trip deadlines.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Steve Larcomb

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide handicap-accessible transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. ****Out-of-County Medical Transportation to and from medical facilities is now available!*** To learn more, contact the Center's Transportation Desk at (740) 387-5444.

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.