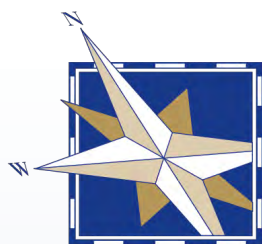
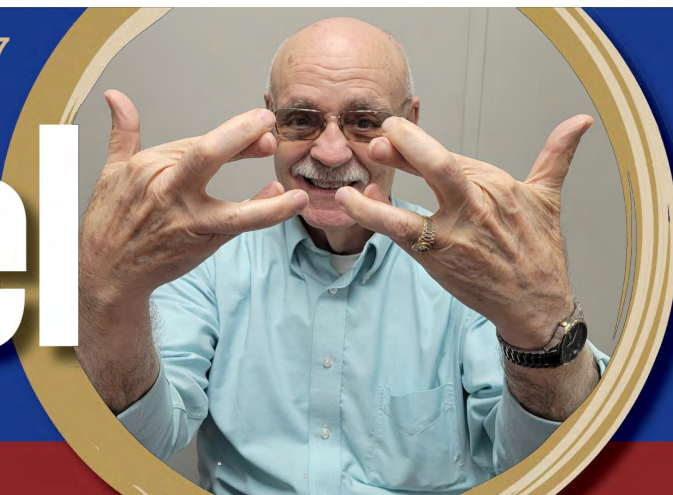


Volume 41 • Issue 7

The Sentinel

July 2024



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100

Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

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Calling All Marion Seniors!

The Mayor's Senior Task Force has designed a survey in order to better understand the needs of our seniors in Marion. (See Page 4)

Brought to you by
Embassy of Marion and Kingston Residence of Marion

BLUEGRASS *and* BURGERS



Wednesday, July 17 at Noon

The summer months are finally here, and the Marion Senior Center is celebrating the warm weather with a good old-fashioned cookout, featuring scrumptious burgers flame-broiled on the grill. The menu will also include potato salad, chips and a root beer float.



Enjoy the unique sound of banjos, mandolins and guitars blending together as “*Newgrass Station*” performs bluegrass music throughout the event.

Tickets are \$10 Members/\$12 Non-Members and are on sale at Marion Senior Center while they last. Public welcome!

The event will be hosted indoors in the air-conditioned comfort of the Center, rain or shine.



Please note: All other regularly scheduled activities will be cancelled on this day.



Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible. This institution is an equal opportunity provider.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Belton** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Out-of-County Medical Transportation

Marion Senior Center is now able to provide transportation to and from medical facilities outside of Marion County. Call **Sierra** at **740-387-5444**.

FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Center Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Senior Task Force Survey

Senior Needs Survey



This survey was designed by the **Marion Senior Task Force** in order to better understand the needs of our seniors in Marion. This survey should only take you a few minutes. Thank you for your time!

1. What is your current living situation? (Please circle one)

- | | |
|--------------------------------|---|
| Own my home | Independent-living community/subsidized housing (HUD) |
| Rent my home | Nursing home/skilled nursing facility Homeless |
| Rent an apartment | Other (Please describe): |
| Living with a friend or family | |
| Assisted-living community | |

2. Please circle your biggest needs that you are currently struggling with. (Please circle all that apply to you)

- | | |
|--|--|
| Nutrition/getting enough to eat | Recreation |
| My health | Social support/loneliness |
| Education | Mental health |
| Healthcare | Employment |
| Living situation/housing | Money |
| Home repair/maintenance | Legal assistance |
| Utility assistance | Finding what resources there are for seniors |
| Daily tasks such as cleaning and cooking | Other (Please describe): |
| Shopping | |
| Transportation | |

3. Would you like someone to follow up with you about your needs? If yes, please provide your name and phone number below:

Name _____ Phone _____

***Please remove this page and deliver or mail completed survey to:**

Marion Senior Center, 2375 Harding Highway E., Marion, OH 43302

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our popular fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 22.

Leaders: Emilee Evans & Lisa Richardson



Our Fitness Drumming classes keep you moving! Members can enjoy a fun, energized, aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.

Classes, Activities & Programs



Adventure Club members enjoyed great weather and had fun exploring Gallant Woods Park & Gallant Farm in Delaware County on their first "adventure" of the summer.



Join in the Fun!

The Center will be hosting an in-house pool tournament for **members only** on **Wednesday, July 10** from **12 - 4pm**. There is no cost. The sign-up sheet is in the pool room.

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **12:30 pm**.

Everyone is welcome to play! *Leader: Sonny Hunt*

Euchre

Euchre is played out front on **Thursdays** at **11:30 am**.

Everyone is welcome! *Leader: Shirley Marshall*

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader: Judy Walker*

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome!

Leader: Phyliss Shirk

New! Mexican Poker

Mexican Poker is played out front on **Fridays** at **12:30 pm**. Everyone's welcome! *Leader: Connie McCurdy*

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader: Bill Gossett*

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Kaki Anderson.

Men's Coffee Hour

Josh Rich of *CenterWell Home Health* and **Brandt Kleinschmidt** of *Humana* co-host a Men's Coffee Hour on the **third Tuesday** of each month from **9 - 10 am**. Any Senior Center men interested in fellowship — and 'solving all the world's problems' over a fresh hot cup of coffee — are welcome to join in the fun.

Please Note: Men's Coffee Hour is hosted offsite at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members are welcome and encouraged to meet weekday mornings for open play. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

New! Open Quilting

Starting in July, Barb Arms and Barb Klee will be leading a new "Open Quilting" activity on **Fridays at Noon** in the Craft Room. This is not a beginners class as there will be no instructor. This is a 'bring your project and machine and join in the fun' type activity and is open to everyone.

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' meets on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme is "**Blue, Red, White Food**". So bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

New! Helping Others Bingo

Tammy Thorpe of DeWolfe Place & Brad Jackson of Capital City Hospice hosts 'Helping Others Bingo' at **12:30 pm** on the **1st Wednesday** each month. Players need to bring a non-perishable food item as their entry fee. Tammy & Brad will deliver and donate food the items to a local food pantry.

Quarter Bingo

Josh Rich of CenterWell Home Health hosts Bingo at **2:00 pm** on the **2nd Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

Kingston Bingo

Carma Taylor of Kingston Residence of Marion hosts Bingo at **12:30 pm** on the **3rd Wednesday** each month. Lots of fun and prizes!

White Elephant Bingo

Michelle Berg from OhioHealth at Home will be hosting 'White Elephant Bingo' on the **4th Wednesday** of each month at **10:15 am**. Everyone will bring in a new item, a "white elephant gift" as their entry fee. (Michelle will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won't know what they are picking.

Box Lunch Bingo Bingo

Maddy & Carla Poston of ProCore Health Brokers hosts Box Lunch Bingo at **11 am** every **Monday** in the Congregate Dining Center. Join us for a delicious deli-style lunch served on a donation basis at **11 am**, followed directly by Bingo. Lots of fun and prizes!

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Color Me Happy

Instructor **Clara Sisson** hosts a **Paint Marker Class** on **Wednesdays from 11 am – 12 pm** in the *Craft Room*. All supplies will be provided. There is no cost for this class.

July 2024 • Calendar of Events

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|---|---|---|
| 1 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:00-Senior Day at Marion County Fair* 11:00-Box Lunch Bingo 12:00-Pinochle 12:30- Euchre <i>*See schedule listed on page 11</i> | 2 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub | 3 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-New! Helping Others Bingo | 4 Center is Closed Today for INDEPENDENCE DAY  |
| 8 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinochle 12:30- Euchre | 9 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Recipe Prepare & Share 1:00-Rummikub | 10 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Members Only Pool Tournament 2:00-Quarter Bingo | 11 Open Pool Room Open Fitness Room 8:00-Adventure Club Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Popcorn & Movie 'Our (Almost Completely True) Love Story' |
| 15 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinochle 12:30- Euchre | 16 Open Pool Room Open Fitness Room 9:00-Mens Coffee Hour 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub | 17 12:00-Burgers & Bluegrass Event Note: All regularly scheduled activities are cancelled today. | 18 Open Pool Room Open Fitness Room 7:00-Island Hopper Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble |
| 22 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinochle 12:30- Euchre 12:30-Food Box Day | 23 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 8:30-Clippers Dime-a-Dog Departs | 24 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:15-White Elephant Bingo 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot | 25 Open Pool Room Open Fitness Room 8:00-Adventure Club Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble |
| 29 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00-Pinochle 12:30- Euchre | 30 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 4:00-Ohio State Fair Trip Departs | 31 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 1:00-Jam Session* | Outdoor Activity Pavilion BLUEGRASS and BURGERS Wednesday, July 17 Noon |

Birthdays & Anniversaries

FRIDAY

5



**The Center is Closed
Today for Holiday**

Open Pool Room
Open Fitness Room

12

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:00-**New!** Open Quilting
12:30-Tai Chi
12:30-**New!** Mexican Poker

Open Pool Room
Open Fitness Room

19

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:00-**New!** Open Quilting
12:30-Tai Chi
12:30-**New!** Mexican Poker

Open Pool Room
Open Fitness Room

26

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:00-**New!** Open Quilting
12:30-Tai Chi
12:30-**New!** Mexican Poker

Create your favorite Sundae!



**Thursday, August 15
Noon**

July Birthdays

| | | | | | |
|-------------------|--------|------------------|--------|--------------------|--------|
| Carol L. Kelly | Jul 01 | Nora Cook | Jul 11 | Kathern Purvis | Jul 20 |
| Toni Hurd | Jul 01 | Christine | | Char Browning | Jul 21 |
| Clara Sisson | Jul 01 | Bayless-Williams | Jul 12 | Dona Ulrich | Jul 21 |
| John Brockman | Jul 05 | Linda Leffler | Jul 14 | Robin Pedersen | Jul 21 |
| Bonnie Hatcher | Jul 05 | Pam Francis | Jul 14 | Linda Laucher | Jul 22 |
| Judy L. Bean | Jul 06 | Nancy Schiefer | Jul 15 | Cecilia Witsberger | Jul 23 |
| Linda Corbin | Jul 06 | John Ostapuck | Jul 15 | Gregory Klee | Jul 25 |
| Ann McAllister | Jul 07 | Tom Robbins | Jul 16 | Gloria Swick-Brown | Jul 25 |
| Phyllis Spires | Jul 08 | Margie Saull | Jul 17 | Gary Iams | Jul 26 |
| Darlene Alexander | Jul 08 | Dawn Reeser | Jul 17 | Kay Gwinner | Jul 26 |
| Alyce Ottman | Jul 08 | Stanley Foos | Jul 17 | Michael Parker | Jul 26 |
| Allen Shenefield | Jul 08 | Myron Brown | Jul 17 | Jim Stewart | Jul 27 |
| Judy Walker | Jul 09 | Janie Moore | Jul 18 | Jeannene James | Jul 28 |
| Beulah A. Owens | Jul 10 | Richard Buck | Jul 18 | Cindy Buck | Jul 29 |
| Carole Agler | Jul 10 | John Mathew | Jul 18 | Connie Brown | Jul 30 |
| Dwain McWilliams | Jul 10 | Mary Donaldson | Jul 20 | Rosetta McCormack | Jul 30 |
| Bob Miley | Jul 11 | Sandra Borders | Jul 20 | | |
| Mary Moodie | Jul 11 | Mary Donldson | Jul 20 | | |

July Anniversaries

| | | |
|--------------------------|-----------|----------|
| Bill & Carol Becker | 7/1/1964 | 60 years |
| Ted & Jan Elsey | 7/26/1975 | 49 years |
| Clifford & Harriet Evans | 7/13/2019 | 5 years |
| James & Connie Grose | 7/25/1992 | 32 years |
| Fred & Terri Malone | 7/15/2005 | 19 years |
| Lloyd & Joyce Reichardt | 7/7/1978 | 46 years |
| Filmore & Mary Riego | 7/28/1973 | 51 years |
| William & Marcia Weir | 7/26/1970 | 54 years |

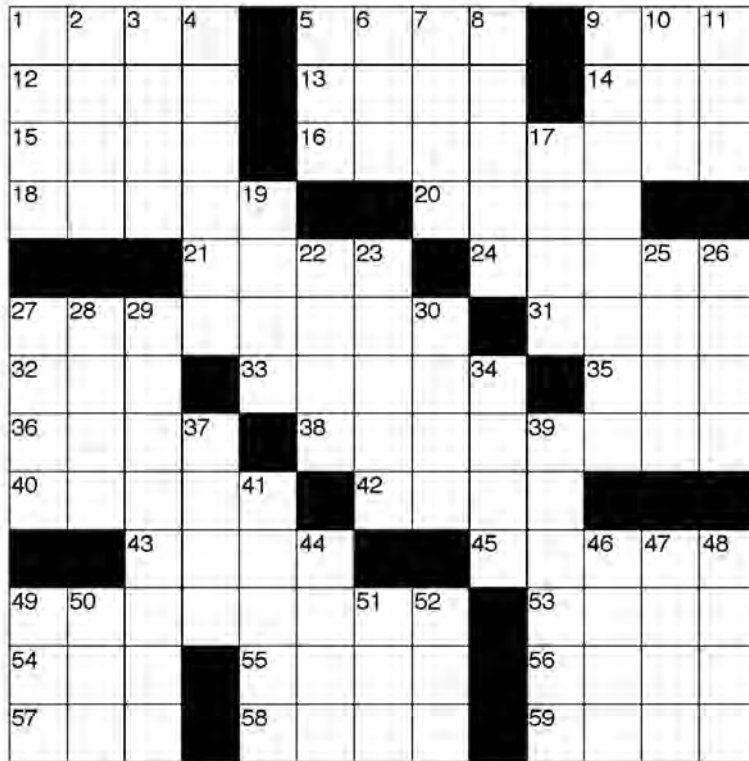
New Members

We welcome the following New Members that have recently joined:

| | | |
|-------------|---------------|------------------|
| Judy Ishida | Brenda Goux | Becky Boswell |
| Amy Deuble | Deena Hiles | Ruth Ringle |
| Candy Cooke | Richard Mahon | Linda Zonneville |

CROSSWORD PUZZLE

Answers on Page 13



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A71

ACROSS

- 1 Heddles of a loom
- 5 Blue-green
- 9 Sheep's cry
- 12 Oil (pref.)
- 13 Underground growth
- 14 Warp yarn
- 15 Father; Arabic
- 16 Terrified
- 18 Tonic herb
- 20 Cutting tool
- 21 Yemen capital
- 24 Roof edge
- 27 Drink
- 31 Tremble
- 32 Wing
- 33 Doll
- 35 N.Z. fish
- 36 Cultivate land
- 38 Puccini opera
- 40 Robber
- 42 Elam's capital
- 43 Irish exclamation
- 45 Perspire
- 49 Accustomed

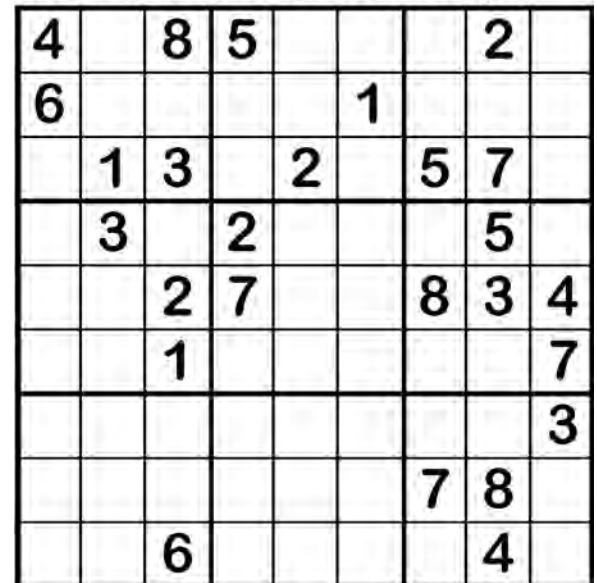
- 53 Turk. title
- 54 Shoemaker's tool
- 55 Malay law
- 56 River nymph
- 57 Drone
- 58 Direct
- 59 Exclamation

DOWN

- 1 Layer
- 2 Dawn love song
- 3 Time period
- 4 Dessert
- 5 Archbishop (abbr.)
- 6 As far as (Lat.)
- 7 Cubitus
- 8 Endure
- 9 Annul (2 words)
- 10 Presidential nickname
- 11 Abdominal (abbr.)
- 17 Russ. despot
- 19 Home
- 22 Nautical (abbr.)
- 23 Lamb (Lat.)
- 25 Reverberate
- 26 Sort comedy sketch
- 27 Fabric
- 28 King of Israel
- 29 Protean
- 30 Unbleached shade
- 34 Assuage
- 37 Physician (pref.)
- 39 Tropical fever
- 41 Deadly
- 44 City slicker
- 46 Equal (Fr.)
- 47 Branch of Muslim
- 48 Russian news agency
- 49 Habakkuk (abbr.)
- 50 Windmill sail
- 51 Wider than AAAA
- 52 Limited (abbr.)

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★☆☆☆☆

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "R" = "A"

"MP YKXLX ORH UC PRMYK YKXLX
OCFZT EX UC ZMIMUW MU YKMH
OCLZT. OX VCFZTU'Y XIXU XRY
KRHK OMYK HRPXYB."

- QCHK EMZZMUWH

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E097

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "M" = "T"

"MLH QNMDOGMH WHSQTD MJ DW
JZQT QRCHTWMGRCD RP ZI
THGN DMJ."

- L. WMGRNHJ BQCC

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E098

Answers on Page 13

Movies & More



Lots of fun, laughter and smiles at our Tropical Luau!



BB&BS Gift Basket Raffle Update

The Books, Balance & BS ladies raised \$456.00 in their recent Gift Basket Raffle! Congrats to the winner of the basket, Lena Rankin. All proceeds will fund future projects to support local missions. Thank you!

Spring Clean-up Update

The Board's recent "Spring Clean-Up Week" was a huge success! We were amazed at the quantity of hard-to-dispose of technology items that were collected during the week of April 22 - 26. The large volume of desk top and laptop computers, monitors, cell phones, tablets, etc. collected were delivered to Tim, the "Nerd Guy" for disposal. Tim took weights of all the separate equipment, piece by piece and box by box, and reported the grand total weight was **325.8 pounds!** Many thanks to Senior Center Board Member Kathy Hampel for coordinating this effort and personally delivering the large amount of collected items.

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Sr. Day at Marion County Fair** - Monday, July 1
- **Burgers & Bluegrass Event** - Wednesday, July 17
- **Ice Cream Social** - Thursday, August 15
- **Chili Autumn Event** - Friday, September 20

Senior Day at the Marion County Fair

*Monday, July 1
Inside the Marion Coliseum*

Activity Schedule:

| | |
|---------------------|---------------------------------|
| 10-10:15 | Welcome with Donuts & Coffee |
| 10:15 – Noon | Entertainment |
| Noon – 1:00 | Lunch \$4.00 (First 300 Served) |
| 1:00 – 2:00 | Senior Games |
| 2:00 – 2:30 | Door Prizes |

Brought to you by Marion County Council on Aging

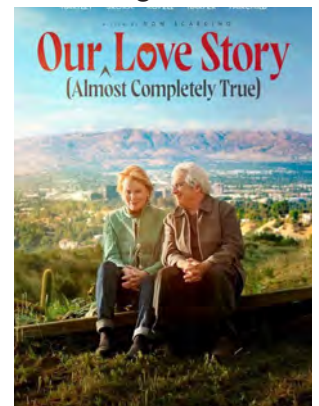


<< Popcorn & Movie >>

Thursday, June 11 - 12:30 pm

'Our (Almost Completely True) Love Story'

When a beautiful, tall, aging Hollywood star and a short, funny Jewish man try online dating, it's a disaster. But when they randomly meet at a bird store, what are the chances? - he is immediately smitten, but she not so much. As he pursues the woman of his dreams, his charm, sense of humor, and multiple impressions win her over in their heartwarming (almost completely true) love story.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double occupancy.*

Clippers Dime-A-Dog Nights

July 23, August 20, September 10

We will leave the Center at 4 pm and travel to Huntington Park for four Columbus Clipper 'Dime-A-Dog Night' baseball games again this season. Ballpark hotdogs are only ten cents during these promotional events! Games will be played on the following **Tuesday Evenings**:

- **July 23** - vs. Memphis Redbirds **(Sold Out)***
- **August 20** - vs. Indianapolis Indians **(Sold Out)***
- **September 10** - vs. St. Paul Saints **(Sold Out)***

Trips are limited to 20 participants. Cost of each trip is **\$25 Members/\$35 Non-Members**. ***All remaining trips are sold out. However, members can add their name to the waiting list (no deposit required).**

Island Hopper Cruise

Thursday, July 18

Sit back and relax as we travel via Center Transportation vans to Sandusky, OH. We will cruise on Lake Erie as we pass by Cedar Point, historic Johnson's Island, and Lakeside Chautauqua. Also see Marblehead Lighthouse, the Great Lakes' oldest operating lighthouse. Take in the beautiful shoreline as we make our way to Kelleys Island for our first stop. With some time to explore, we will then reboard the Goodtime 1 and continue our journey to Put-In-Bay. We will enjoy some time here before we head for home with the fond memories of our closest Great Lake. **Cost is \$89**, which includes admission to the Island Hopper Cruise, stops at Kelleys Island & Put-In-Bay, roundtrip transportation via deluxe motorcoach, taxes and gratuities on included activities. **Sign up NOW with a non-refundable full payment.**

Senior Day at Ohio State Fair

Tuesday, July 30

We will travel with Senior Center transportation vans to Columbus on **Tuesday, July 30** to attend "Senior Day" at the Ohio State Fair. **This trip will depart at 8:30 am** (gates open at 10 am). Along with visiting many free attractions, all participants are invited to enjoy the free Hotel California (Eagles Tribute Band) concert in the WCOL Celeste Center at 1 pm.

Trip is limited to 24 participants. Cost is **\$25 Members/\$35 Non-members**. **Sign up NOW with a non-refundable full payment.**

Dinner Train Adventure

Wednesday, October 2

We'll depart the Center at **1 pm** via Brewster motorcoach travelling through picturesque fall countryside on our way to Nelsonville, Ohio. We invite you to enjoy an evening of nostalgia mixed with some great scenery and fine dining aboard a vintage, beautifully appointed Hocking Valley Railway Dinner Train as it travels through Southeast Ohio. Enjoy a catered dinner thorough Ohio back-country from Nelsonville to East Logan and return. Chef Alfonso Contrisciani will prepare a fresh, four-course dinner in-route that is served throughout the trip. You'll select an entrée choice between Salmon, Prime Rib or Vegan option. Cost of trip is **\$129**, which includes admission to the Hocking Valley Scenic Railway, dinner served on board, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Reserve your spot now with a non-refundable \$20 deposit.**

Cleveland vs Cincy Battle of Ohio

Overnight September 24 & 25

Depart Marion Senior Center via Prime Tours motorcoach to see the Cleveland Art Museum, a world class museum featuring Italian Renaissance art and mummies in the Egyptian exhibit. Next we'll take a panoramic drive through the Cleveland Cultural gardens before checking into the Hampton Inn Downtown Cleveland. Next we'll head to the stadium to see the Cincinnati Reds take on the Cleveland Guardians in the 'Battle of Ohio'. Dinner will be on you own before or after the game. The following morning will begin with a hot breakfast at the hotel prior to departing for the Christmas Story House. Enjoy the interactive actual house the movie was filmed in and a guided tour of the museum, along with time for shopping. We will then travel back to Marion with a stop at Grandpa's Cheesebarn & Sweeties Chocolates (lunch on your own). Arrive back at the Center before dinner time. Cost of trip is **\$378 per person***, which includes one night at Hampton Inn Downtown Cleveland with breakfast at the hotel, Game ticket (lower box on the left field line), admission to the Christmas Story House and Cleveland Art Museum, panoramic tour of Cleveland major sites, Prime tour guide on the trip, roundtrip transportation via deluxe motorcoach, **Call Prime Tours at (614) 766-5553 to register for this trip. Or register and pay online at www.goprimetours.com**

CROSSWORD PUZZLE ANSWERS (Pg. 10)

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| B | E | V | E | R | A | G | E | | R | O | C | K |
| A | L | A | | D | U | N | C | E | | I | H | I |
| F | A | R | M | | T | U | R | A | N | D | O | T |
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SUDOKU ANSWERS (Pg. 10)

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| 7 | 3 | 4 | 2 | 6 | 8 | 1 | 5 | 9 |
| 5 | 6 | 2 | 7 | 1 | 9 | 8 | 3 | 4 |
| 8 | 9 | 1 | 4 | 5 | 3 | 2 | 6 | 7 |
| 2 | 8 | 7 | 9 | 4 | 5 | 6 | 1 | 3 |
| 1 | 4 | 9 | 6 | 3 | 2 | 7 | 8 | 5 |
| 3 | 5 | 6 | 1 | 8 | 7 | 9 | 4 | 2 |

ENIGMA Cryptogram Answers (pg. 10)

E097: “If there was no faith there would be no living in this world. We couldn’t even eat hash with safety.” - Josh Billings

E098: “The ultimate security is your understanding of reality.” - H. Stanley Judd

Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double occupancy.*

Murder Mystery Dinner Cruise

Friday, August 16

We will depart the Center at **2 pm** via **Brewster motor-coach** to take a trip to the countryside of Marietta, OH to enjoy a peaceful cruise on the Ohio River aboard the Valley Gen Sternwheeler. While onboard we'll enjoy the Captain's Buffet dinner. Pay attention as you are entertained with a Murder Mystery. Actors will introduce their characters to begin the cruise and as the night goes on, guest will be witness to the scenes and be responsible for playing judge and jury as we try to uncover the murderer. Passengers who guess correctly will be put in a drawing for a prize! No two cruises are the same and you never know who will be next! Cost of trip is **\$149**, which includes admission to the cruise, Captain's Buffet dinner, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Reserve your spot now with a non-refundable \$20 deposit.**

Important Note: Please don't delay in signing up for trips you are really interested in with a deposit ASAP! This will help us avoid cancelling trips due to lacking the necessary number of signups by trip deadlines.

The Wilds

Friday, August 9

We'll depart the Center at **7 am**, then sit back and relax as we travel through the countryside via **Brewster motorcoach** on a day trip to Cumberland, OH. The Wilds and the Columbus Zoo & Aquarium synergized on a transformative journey, growing from two of the nation's premier zoological facilities to becoming an even more impactful wildlife conservation institution. The Wilds, once a surface-mined land, is now one of the largest and most innovative conservation centers in North America. See their many species including White Rhino, Giraffe, Zebra, Camels and much more!

Cost of trip is **\$145**, which includes admission to The Wilds with an open air tour, a meal at a local restaurant, roundtrip transportation via deluxe motorcoach, and taxes and gratuities on included activities. **Reserve your spot now with a non-refundable \$20 deposit.**

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
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Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Steve Larcomb

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide handicap-accessible transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. ****Out-of-County Medical Transportation to and from medical facilities is now available!*** To learn more, contact the Center's Transportation Desk at (740) 387-5444.

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.