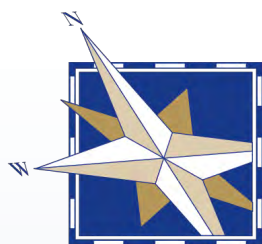


Volume 40 • Issue 6

The Sentinel

June 2023



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

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We Need Volunteers!

If you can volunteer a couple hours per week we will gratefully find a way to get you involved!

Brought to you by OhioHealth at Home and CenterWell Home Health



Tropical Luau

Thursday, June 15 at Noon



The summer months are finally here and we're going to celebrate the warm weather ahead with a Tropical Luau on Thursday, June 15 at noon. The celebration will begin with a delicious lunch featuring Tackett's Southern Bar-B-Que pulled pork, baked beans, and fresh fruit skewers, dessert and a beverage.

Then sit back and enjoy a concert featuring steel drummer Erynn Krebs. Let the relaxing, tropical sounds of the steel drum bring you to an island state of mind. Unwind and recharge with mellow calypsos, reggaes, pop tunes and more!



There will be a drawing for several nice door prizes, as well.

Cost is **\$10 Members**, **\$12 Non-members** and can be purchased from Sheryl here at the Center through end of day on **Friday, June 9**.

Special thanks to OhioHealth at Home and CenterWell Home Health.

Please note: All other regularly scheduled activities will be cancelled on this day.

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



www.facebook.com/MarionSeniorCenter

FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Life at the Center

Senior Citizen's Day Celebration

Members and guests had a great time at our 'Senior Citizen's Day Celebration' last month. The highlight of the day was honoring the nominees for the Pearl Roberts Award, recognized for their commitment, selfless giving, volunteerism, and community service. This year's slate of very deserving nominees included Alice Poorman, Cheryl Huffman, Doris Schwartz, Marilyn Andrews, and Fred & Margie Saull.

The 2023 Pearl Roberts Award was presented to Fred & Margie Saull, who were the first 'couple' to be the recipients in recent memory.

Special thanks to our sponsors Snyder Funeral Homes, Kingston and Marion Co. Council on Aging.

2023 Pearl Roberts Award Nominees



(from left) Mayor Scott Schertzer, Pearl Roberts Award recipients Margie & Fred Saull, County Commissioner Kerr Murray, and Center Director Steve Badertscher



Alice Poorman



Cheryl Huffman



Doris Schwartz



Marilyn Andrews



Margie & Fred Saull

Adventure Club

The 2023 **Adventure Club** season begins this month. The Center provides transportation to and from a different walking trail, park or nature preserve in Central Ohio every other Thursday throughout the summer months. The trips are designed for those interested in nature and exploring the great outdoors. On our return trip we stop at a local ice cream or sandwich shop where members can buy something to eat (on their own). The Thursday trip dates are **June 8, June 22, July 6, July 20, August 3, August 17**. All trips depart at **8:15 am** and typically return between **1:30 - 2 pm**.



Now that spring is here we will enjoy warmer weather in the days ahead. Instructors wishing to host their activities outdoors in the Activity Pavilion are welcome to do so!

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18.

Leaders: Emilee Evans & Lisa Richardson



Our Fitness Drumming class is so popular that we just added another class on Fridays. So, members can now enjoy a fun aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.

Classes, Activities & Programs



'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is a "**Scrapbook Coasters**". **Note:** Participants must sign up by Friday, June 16 at noon.



New! Cupcakes & Canvas

Instructor **Jackie Pennington** will be hosting **Cupcakes & Canvas** on **Thursday, June 29 at 10:30 am** in the **Craft Room**. All supplies will be provided. Cost is **\$12** per person. Must sign up by Friday, June 16.

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phylliss Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Color Me Happy

Instructor **Clara Sisson** hosts a **Paint Marker Class** on **Wednesdays** from **11 am – 12 pm** in the **Craft Room**. All supplies will be provided. There is no cost for this class.

Bible Study

John Schroeder leads Bible Study on **Tuesday** mornings at **10 am** in the **Craft Room**. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, we welcome you to join the choir. *Note: The choir is now taking a summer break and will resume in September.*

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' meets on the **2nd Tuesday** at **Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "Your Dad's Favorite". So, bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader: Kathy Hampel*

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 2 new pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader: Barb Schwartz*

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

New! White Elephant Bingo

Kylie Vetter from *AETNA* will be hosting 'White Elephant Bingo' on the **fourth Tuesday** of each month at **10 am**. Everyone will bring in a new item, a "white elephant gift" as their entry fee. (Kylie will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won't know what they are picking.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. *Note: Chair Yoga returns this month.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun class on the **second Tuesday each month at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too! *Note: The Craft Room will also be available every Tuesday at Noon for anyone interested in knitting or crocheting on their own.*

June 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <p>Tropical Luau</p> <p>Thursday, June 15 Noon</p>	<p><i>Outdoor Activity Pavilion</i></p> <p>BLUEGRASS and BURGERS</p> <p>Wednesday, July 19 Noon</p>	<p><i>Create your favorite Sundae!</i></p>  <p>Ice Cream Social</p> <p>Wednesday, August 9 Noon</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time</p> <p>1</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinocle</p> <p>5</p>	<p>Open Pool Room Open Fitness Room</p> <p>10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 12:00-Recipe 'Prepare & Share' 1:00-Rummikub</p> <p>6</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time</p> <p>7</p>	<p>Open Pool Room Open Fitness Room 8:15-Adventure Club Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 12:30-Popcorn & Movie '80 For Brady'</p> <p>8</p>
<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinocle</p> <p>12</p>	<p>Open Pool Room Open Fitness Room</p> <p>10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Recipe 'Prepare & Share' 12:00-Hooks & Needles 1:00-Rummikub</p> <p>13</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 2:00-New! Quarter Bingo</p> <p>14</p>	<p>12:00-Tropical Luau</p> <p>*Note: All regularly scheduled activities are cancelled today</p> <p>15</p>
<p>Center is Closed Today In Observance of</p>  <p>19</p>	<p>Open Pool Room Open Fitness Room 9:00-New! Men's Coffee Hour (Offsite at Tim Horton's) 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub 1:00-Exploring the Arts with Kristin</p> <p>20</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:15-Fitness Drumming 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo</p> <p>21</p>	<p>Open Pool Room Open Fitness Room</p> <p>8:15-Adventure Club Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time</p> <p>22</p>
<p>Senior Center is Closed Today for Food Box Day & Deep Cleaning</p> <p>26</p>	<p>Open Pool Room Open Fitness Room</p> <p>10:00-New! White Elephant Bingo 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p> <p>27</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*</p> <p>28</p>	<p>Open Pool Room Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 10:30-New! Cupcakes & Canvas with Jackie Pennington 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time</p> <p>29</p>

Birthdays & Anniversaries

FRIDAY

2

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

9

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

16

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

23

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

30

Open Pool Room
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

June Birthdays

Daniel Zimmerman	Jun 02	Peggy Foight	Jun 13	Carolyn Ellwood	Jun 24
Steve Schuler	Jun 02	Terri Malone	Jun 15	BJ Granger	Jun 24
Harriet Evans	Jun 05	Carol Bowman	Jun 16	Jack Young	Jun 25
Elaine Uber	Jun 06	Norma Fuller	Jun 18	Peggy Caserta	Jun 26
Jockelyn Miley	Jun 06	Cindy Little	Jun 18	Royce Farson	Jun 27
Edgar Pemberton	Jun 09	John Zender	Jun 18	Randy Moore	Jun 27
Shirley Groll	Jun 11	Ed Baer	Jun 19	Joe Beeneey	Jun 28
Pam Gandee	Jun 12	Janice Claypool	Jun 20	Barbara Schwartz	Jun 28
Becky Kilgour	Jun 12	Robin Hissam	Jun 20	Ruth Patten	Jun 28
Beverly Everly	Jun 12	Kathy Brigmon	Jun 21	Helen Bomas	Jun 29
Larry Gandee	Jun 13	Ginny Simpkins	Jun 22	Diana Dailey	Jun 30
Lynn Thomas	Jun 13	Tillie Taylor	Jun 23	Jill Birt	Jun 30

June Anniversaries

Joseph & Rosemary Catera	6/26/1971	52 years
Thomas & Marsha Dutt	6/14/1970	53 years
Terry & Pat Fortney	6/30/1990	33 years
BJ & Monica Granger	6/25/1976	47 years
Frank & Priscilla Isaacs	6/13/2004	19 years
Leonard & Dorothy Janchar	6/20/1970	53 years
Larry & Carol Kelly	6/7/1968	55 years
Jerry & Linda Laucher	6/28/1969	54 years
John & Luana Mathew	6/23/1979	44 years
Calvin & Judy Miller	6/21/1993	30 years
John & Mary Moodie	6/4/1955	68 years
Mauri & Jackie Morse	6/16/1989	34 years
Jay & Pam Murphy	6/15/1968	55 years
Fred & Margie Saull	6/21/1975	48 years
Ronald & Judy Walker	6/27/1965	58 years

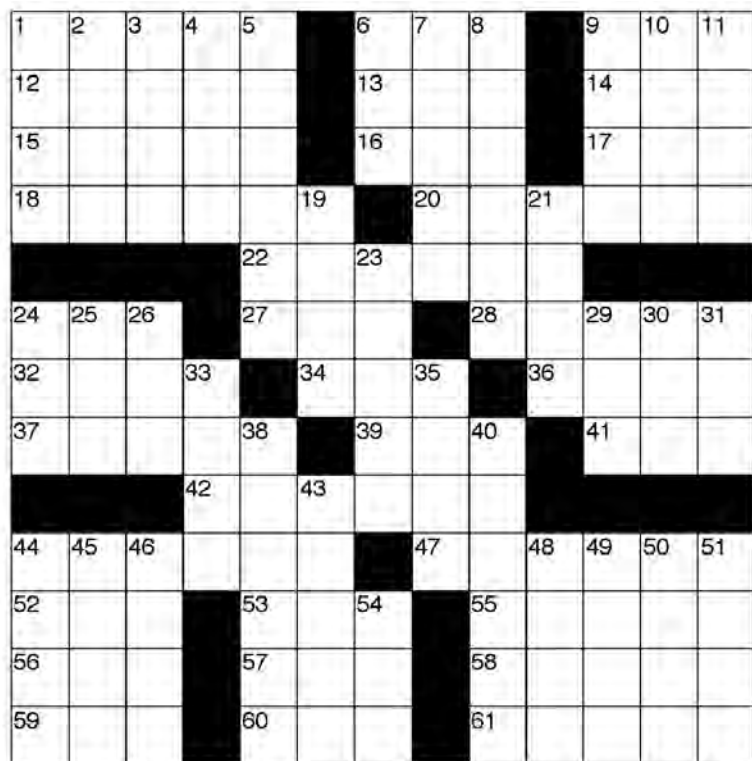
New Members

We welcome the following New Members that have recently joined:

Barbara Thorp	Margaret Winegarner
Michael Friedman	Susan Williams
Terri Watts	Cheryl Slack
Laurie Moon	Joe Hoffman
Bethany Carpenter	LeeAnne Dixon
Chuck & Deb Wortz	Sandra Minnie
Ned & Kay Geckle	Carole Firstenberger
Judy Reamsnyder	Myron & Betty Brown

CROSSWORD PUZZLE

Answers on Page 13



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A58

ACROSS

- 1 Last of the Mohicans
- 6 Home Box Office (abbr.)
- 9 Repose
- 12 Hollow stone
- 13 Tree
- 14 Us (Ger.)
- 15 Lagoon
- 16 Goddess (Lat.)
- 17 Own (Scot.)
- 18 Inborn
- 20 Keen
- 22 Desert plant
- 24 Television channel
- 27 Amer. Dental Assn. (abbr.)
- 28 Bird
- 32 Air
- 34 Presidential nickname
- 36 Indian music
- 37 Glass-furnace mouth
- 39 Survey
- 41 Cistern
- 42 Brown vesuvianite
- 44 East
- 47 Principal commodity
- 52 According to (2 words)
- 53 Belonging to (suf.)
- 55 Eng. poet
- 56 Compass direction
- 57 Rhine tributary
- 58 Wife of Balder
- 59 No (Scot.)
- 60 Fiddler crab genus
- 61 Handwriting on the wall

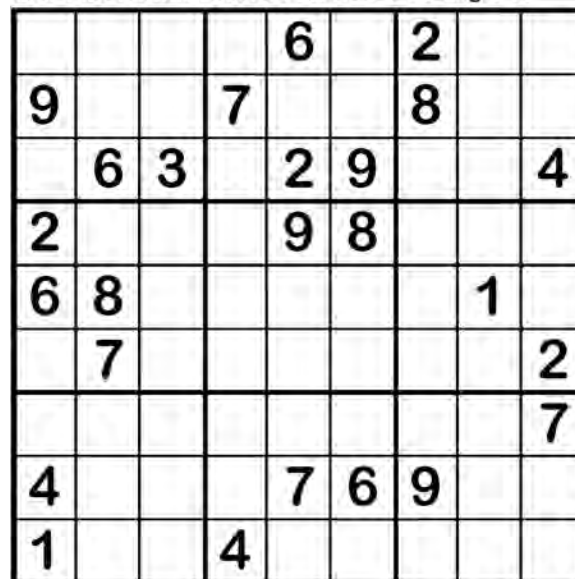
DOWN

- 1 Fruit
- 2 No (Ger.)
- 3 Crest
- 4 Jewish month
- 5 Rom. author
- 6 Pronoun contraction
- 7 Animal sound
- 8 Ruminant's stomach
- 9 Haw. feast
- 10 Initial (abbr.)
- 11 Anglo-Saxon slave
- 19 French art group
- 21 Russ. despot
- 23 Pole in Gaelic games
- 24 Public vehicle
- 25 Family relative
- 26 Thus (Lat.)
- 29 Civil Aeronautics Board (abbr.)
- 30 Oriental potentate
- 31 Women's Army Corps (abbr.)
- 33 Scientific name (suf.)
- 35 Unfledged hawk
- 38 Lamb (Fr.)
- 40 Range
- 43 Blaubok
- 44 Home landscape
- 45 Isle of Napoleon
- 46 Wind indicator
- 48 Wings
- 49 Carnation
- 50 Solitary
- 51 And other: abbr. (2 words) (Lat.)
- 54 "Blue Eagle"

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★★★★

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "Y" = "S"

"HMU FY ADLYSPMN UQTU JM TNM
THH SLYTLM. SU JSHH MKBHTSL
FY UD MTAQ DUQMN; SU JSHH
FLNSPPHM ITLX NSPPHY..."
- ITNW UJTSL

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E071

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "U" = "Y"

"YCI CKR FPC PLX OCKWDRIRQ
PHX CFK JHKQ, HG HX GPR ARXG
CY YIHRKQX; CGPRIFHXR, GPR
TIRLGRXG RKRJU." - NIHXPKL

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E072



Marion County Fair 'SENIOR DAY'

Join us for **Senior Day** at the **Marion County Fair** on **Monday, July 3** from **10 am - 2:30 pm**. The event returns to being hosted inside the Fairgrounds Coliseum this year!

Free Entry at Fair Gate until 2 pm with a non-perishable food item!

10:00 - Welcome
10:15 - Entertainment
12:00 - Lunch
(*\$4 first 300 served*)
1:00 - Game Time
2:30 - Door Prizes

Sponsored by Kingston Residence of Marion & OhioHealth, with help from Marion County Council on Aging

Dementia Support Group

Marion County Council on Aging will be hosting a **Dementia Support Group** at their offices located at 125 Executive Drive, Suite 102, Marion. The group will meet the **second Tuesday** at **1 pm** on the following months/dates:

- **Tuesday, June 13**
- **Tuesday, July 11**
- **Tuesday, August 8**

Refreshments will be provided.

For more info call Marion County Council on Aging at **740-387-0401**.



Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Tropical Luau** - Thursday, June 15
- **Bluegrass & Burgers** - Wednesday, July 19
- **Ice Cream Social** - Wednesday, August 9

New! Men's Coffee Hour

Josh Rich (*CenterWell Home Health*) and **Brandt Kleinschmidt** (*Humana*) are co-hosting a **Men's Coffee Hour** on the **third Tuesday** of each month. Any Senior Center men interested in fellowship (and 'solving all the world's problems' over a fresh hot cup of coffee) are welcome to join in the fun. The next Men's Coffee Hour will be hosted at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion on **Tuesday, June 20** from **9 - 10 am**.



◀◀ Popcorn & Movie ▶▶

Thursday, June 8 - 12:30 pm

'80 For Brady'

80 for Brady is inspired by the true story of four best friends living life to the fullest when they take a wild trip to the Super Bowl to see their hero Tom Brady play. Starring Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field, with Super Bowl Champion Tom Brady.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double or single occupancy.*

Overnight Trip **A Wild Getaway** *June 19 & 20, 2023*

We will travel to Newport, Kentucky to visit the Newport Aquarium complex. There are many places to grab lunch on your own at the levee beside the aquarium. Next we will enjoy a guided tour of Cincinnati. We will then check into our hotel with time to freshen up before our dinner cruise aboard a Queen City Riverboat. After breakfast at our hotel the next morning, we will visit the Cincinnati Zoo, rated one of the best zoos in the nation. After time at the zoo we will visit Jungle Jim's International Market before returning home. Cost of trip is \$408 double; \$478 single*. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Jaws with Paws *June 28, 2023*

We will travel to Fremont, OH where we will see many beautiful horses while touring Oakhaven Belgian Horse farm. The trainers will explain how they raise and show these majestic animals. We will enjoy lunch (included) touring Lynnwood Kennels for the Jaws and Paws presentation. Brian Woods, a retired police officer who has been training K9 dogs for over 20 years will share his stories of getting involved with officers and their dogs. They will provide a demonstration for your enjoyment. Afterwards, enjoy wine tasting at Chateau Winery & Vineyards. Cost of trip is \$120. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Glass Rooster *Tuesday August 29, 2023*

We will depart the Center at 10:30 am and travel to Glass Rooster Cannery located on a 120-acre sustainable farm near Sunbury, OH. We will enjoy a farm-to-table lunch including broasted chicken, a garden side, roasted potatoes and their signature bread with a dessert. Following lunch, there will be a short break, at which time you are welcome to take a walk or shop in their country store. Next we will take part in a hands-on soap making class. Each guest will take home two bars of soap custom made by them. On our return trip home we will visit the historic Owens Quarry Opera House, restored from the 1870s. Experience life as it were in the 1800's with several architectural restorations – a covered bridge, a blacksmith barn, a small Indian settlement, and more. The cost for this event is \$99 per person, all inclusive. Trip limited to 22 participants. **Reserve your spot NOW with a non-refundable \$20 deposit.**

(More Trips listed on page 14)

National Air Force Museum *July 12, 2023*

We will travel to Dayton, OH to visit the National Air Force Museum. The world's largest military aviation museum and a world-renowned center for air and space power technology and culture preservation. The museum is home to countless one-of-a-kind objects. Our large collection includes more than 350 aerospace vehicles and missiles, thousands of artifacts, and spans 20 indoor acres with additional outdoor Air and Memorial Parks. After our visit we will return home. Cost of trip is \$75. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Overnight Trip **Creation Museum & The Ark** *July 17 & 18, 2023*

We will travel to Kentucky and visit the Ark Encounter and enjoy a buffet lunch (included). The Ark Encounter features a full-size replica of Noah's Ark, built according to the dimensions given to us in the Bible. Meet Noah, his family, and the animals on the Ark. Following our time at the Ark we will check in our hotel where you can freshen up before dinner (on your own). We will visit the Creation Museum the next day, with time to explore this huge 75,000 square-foot facility that allows you to experience history as God has revealed it in the Bible. Nearly 150 exhibits featuring fearsome animatronic dinosaurs, talking heroes of the faith, and professional displays that honor God's Word. After our visit we will visit Jungle Jim's International Market before departing for home. Cost of trip is \$295 double; \$371 single*. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Frankenmuth Overnight *August 15 & 16, 2023*

We will travel to Frankenmuth, Michigan, a town known for its distinctive Bavarian-style architecture and home to Bronner's CHRISTmas Wonderland, the world's largest Christmas store. Christmas Lane at Bronner's is illuminated 365 days a year with over 50,000 strings of lights and Christmas cookies can be found year round as well in Christmas Town USA. Dinner at the Bavarian Inn will take you to the heart of Bavaria with delicious ethnic dishes as well as Great American food. Lots of free time to stroll through the shops and enjoy the world-famous Glockenspiel. Trip includes one breakfast and one dinner. Cost of trip per person is \$255 double; \$337 single*. **Reserve your spot NOW with a non-refundable \$20 deposit.**

**Lodging on Overnight Trips per person cost is based on double or single occupancy.*

CROSSWORD PUZZLE ANSWERS (Pg. 10)

U	N	C	A	S		H	B	O		L	I	E
G	E	O	D	E		E	L	M		U	N	S
L	I	M	A	N		D	E	A		A	I	N
I	N	B	R	E	D		A	S	T	U	T	E
						C	A	C	T	U	S	
C	B	S				A	D	A		M	A	C
A	R	I	A			A	B	E		R	A	G
B	O	C	C	A		E	Y	E		B	A	C
						E	G	E	R	A	N	
L	E	V	A	N	T		S	T	A	P	L	E
A	L	A				E	A	N		E	L	I
W	B	N				A	A	R		N	A	N
N	A	E				U	C	A		T	E	K

ENIGMA Cryptogram Answers (pg. 10)

E071: “Let us consider that we are all insane. It ill explain us to each other; it will unriddle many riddles...” - Mark Twain

E072: “For one who has conquered his own mind, it is the best of friends; otherwise, the greatest enemy.” - Krishna

SUDOKU ANSWERS (Pg. 10)

7	4	1	8	6	3	2	9	5
9	5	2	7	1	4	8	3	6
8	6	3	5	2	9	1	7	4
2	1	5	6	9	8	7	4	3
6	8	4	2	3	7	5	1	9
3	7	9	1	4	5	6	8	2
5	3	6	9	8	1	4	2	7
4	2	8	3	7	6	9	5	1
1	9	7	4	5	2	3	6	8

Trips on the Horizon

Lake Erie Island Hopping

August 30, 2023

We will travel to Sandusky, OH to board our cruise ship for our Lake Erie island hopping experience. We will first travel to Kelleys Island to enjoy exploring this island community. We will then depart and enjoy a buffet lunch onboard the ship as we travel next to Put-In-Bay. With ample time to enjoy the island, we travel back home to the mainland for our return home. Cost of trip is \$176.

Reserve your spot NOW with a non-refundable \$20 deposit.

LaComedia Dinner Theatre: 'Miracle on 34th Street'

November 8, 2023

Sit back and relax as we travel to the LaComedia Dinner Theatre in Springboro, OH for their production of 'Miracle on 34th Street'. The touching story of a young girl and her mother first denying and then discovering that Macy's Santa is the real Santa Claus. We will enjoy a great dinner and a wonderful show! Cost of trip is 124.

Reserve your spot NOW with a non-refundable \$20 deposit.

Clippers Dime-A-Dog Nights

June 6, July 25, August 22

We will leave the Center at **4 pm** and travel to Huntington Park for three Columbus Clipper 'Dime-A-Dog Night' baseball games again this summer. Ballpark hot dogs are only ten cents during these promotional events! Games will be played on the following **Tuesday Evenings**:

- **June 6** - vs. Louisville Bats **(Sold Out)**
- **July 25** - vs. Omaha Storm Trackers
- **August 22** - vs. Jacksonville Jumbo Shrimp

Trips are limited to 22 participants. Cost is \$25 Members/\$35 Non-members. **Sign up NOW with a non-refundable full payment of \$25 Members/\$35 Non-members.**

Important Note: Please don't delay in signing up for trips you are really interested in with a deposit ASAP! This will help us avoid cancelling trips due to lacking the necessary number of signups by trip deadlines.

Departure Times: Unless otherwise noted, all trips will depart the Senior Center at 8am.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.