

Volume 40 • Issue 5

The Sentinel

May 2023



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

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2023 Membership Dues

Your 2023 Dues are Due Now.
Please pay in May if you want to
continue receiving The Sentinel.

Brought to you by Snyder Funeral Homes, Kingston Residence of Marion,
and a Community Enrichment Grant from Marion County Council on Aging.

Senior Citizens Day Celebration



Monday, May 15 at Noon

Join us for our annual *Senior Citizens Day Celebration*, hosted on **Monday, May 15** at Center. Throughout this event we recognize and celebrate the value and many contributions of area seniors to home, family and society.

Lunch is being catered by *Eats & Events by Emily*, and will be served at **noon**. The menu will feature Chicken breast served on bed of rice, California blend veggies, mac and cheese, coleslaw, rolls with butter, a brownie, and a beverage.

After dinner, we will present this year's **Pearl R. Roberts Award** during a special ceremony, where we'll recognize several senior volunteers for their commitment, selfless giving, and community service.

This year's entertainment will feature the very talented and popular musical duo of Dave Delauder and Steve Cooper.

Tickets are \$15 Members/\$18 Non-members, and can be purchased at the *Senior Center* now through **Monday, May 8**.

Special thanks to major corporate sponsors **Snyder Funeral Homes, Kingston, and Marion County Council on Aging**, along with many organizations, businesses and "friends of the Center" for supporting this celebration honoring the senior members of our community!

Snyder Funeral Homes will be giving away a free "Celebration of Life" Service Package*, where the funeral home will provide all of it's services at no charge to their family. *Package is valued up to \$4,595. Excludes merchandise and non-funeral home expenses. Non-Transferable.

Please note: All other regularly scheduled activities will be cancelled on this day.

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Membership Dues

Just a friendly reminder that your 2023 Senior Center membership dues are due now. We are happy to announce dues will not increase this year. Annual membership is still **\$30** per person.

TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Belton** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month** from **9 am to 11 am** (while supplies last) at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Adventure Club Sign Up Day - May 19

We will host a “Sign Up Day” for any members interested in participating in this summer’s Adventure Club registration on **Friday, May 19**. Registration will begin when the Center opens at **8 am** out front near the fireplace. *(Note: doors to the Center will not be unlocked until 8 am.)*

The first 22 members to register and pay will make the roster for this summer’s Adventure Club. Any names taken after the first 22 registered members will be added to the “standby” list, if desired (at no cost). Members must pay the full registration cost of \$60 to register. Members must physically be at the Center to register (no phone calls or mail-ins will be accepted).

If you personally can not attend the sign up day, you can appoint a representative to register your name for you. However, only one name may be registered by each individual in attendance (ex., spouses must both be in attendance to register; friends can only register their own name or that of a friend, not both.)

About Adventure Club

The Senior Center will provide transportation to and from a different walking trail, park or nature preserve in Central Ohio every other Thursday throughout the summer months. The trips are designed for those interested in nature and exploring the great outdoors. Each venue is typically located within about an hour of Marion. On our return trip to the Center we will stop at a local ice cream or sandwich shop where members will have the opportunity to purchase something to eat (on their own) if they so desire. The **\$60 registration fee** pays for transportation for all six trips. Any lunch costs will be additional on your own.

Trip dates will be on the following Thursdays: **June 8, June 22, July 6, July 20, August 3, August 17**. All trips depart at **8:15 am** and typically return between **1:30 - 2 pm**.

Note: The 2023 schedule of destinations is currently being developed and will be announced at a later date.



Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won’t miss out on the fun:

- **Sr. Citizens Day Celebration** - Monday, May 15
- **Tropical Luau** - Thursday, June 15
- **Bluegrass & Burgers** - Wednesday, July 19

New! Men’s Coffee Hour

Beginning this month, **Josh Rich** (*CenterWell Home Health*) and **Brandt Kleinschmidt** (*Humana*) will co-host a **Men’s Coffee Hour** on the **third Tuesday** of each month. Any Senior Center men interested in fellowship (and ‘solving all the world’s problems’ over a fresh hot cup of coffee) are welcome to join in the fun. The first Men’s Coffee Hour will be hosted at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion on **Thursday, May 16** from **9 - 10 am**.



Now that spring is here we will enjoy warmer weather in the days ahead. Instructors wishing to host their activities outdoors in the Activity Pavilion are welcome to do so!

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball Boot Camp - May 9

Want to learn how to play pickleball, America's fastest growing sport? We're excited to announce instructor **Dave Ream** will be hosting a one day 'Pickleball Bootcamp' on **Tuesday, May 9 at 9:30 am**. The Bootcamp will be hosted at our outdoor pickleball courts and is free to members. We have paddles and pickleballs available for use by members. No experience is necessary. **Please see Lisa to register.**



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday and Wednesday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18. *Leaders:* Emilee Evans & Lisa Richardson



Marion Area Pool League

Over the past 8 months several of our Senior Center members participated in an 8-ball pool league sponsored by Thomas Vending in Marion. The league consisted of 28 weekly matches followed by an all day tournament. Members who participated on our team called "Senior 1" included Randy Taylor, Ron Fleming, Jeff Smith, Stan Foes, Bill Spires and Danny Baer. Overall the team finished a very respectable fourth out of 8 teams in both league play and the tournament. Many of the younger players we faced now have a healthy respect for how well a bunch of "old geezers" can play.

Article submitted by 'Senior 1' team member Jeff Smith

Classes, Activities & Programs



'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is a "**Penny Vase**. **Note:** Participants must sign up by Friday, May 12 at noon.

Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Wednesdays** from **11 am – 12 pm** in the **Craft Room**. All supplies will be provided. There is no cost for this class.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. **Note:** All musicians performing that day receive a complimentary lunch. Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

Bible Study

John Schroeder leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, please join us for our practice this month.

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' meets on the **2nd Tuesday** at **Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "Cinco de Mayo". So, bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 2 new pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

New! White Elephant Bingo

Kylie Vetter from *AETNA* will be hosting 'White Elephant Bingo' on the **fourth Tuesday** of each month at **10 am**. Everyone will bring in a new item, a "white elephant gift" as their entry fee. (Kylie will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won't know what they are picking.

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun! Mind Games is taking a break this month but Carla encourages you to join her for 'Box Lunch Bingo' on Monday mornings at **11 am** (see *article on page 3*).

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. *Note: Chair Yoga returns this month.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun class on the **second Tuesday each month at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too! *Note: The Craft Room will also be available every Tuesday at Noon for anyone interested in knitting or crocheting on their own.*

May 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	2 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	3 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time	4 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time
8 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	9 Open Pool Room Open Fitness Room 9:30-Pickleball Boot Camp 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 12:00-Recipe 'Prepare & Share' 1:00-Rummikub	10 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 2:00-<i>New!</i> Quarter Bingo	11 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 12:30-Popcorn & Movie 'A Man Called Otto'
15 12:00-Senior Citizens Day Celebration *Note: All regularly scheduled activities are cancelled today	16 Open Pool Room Open Fitness Room 9:00- <i>New!</i> Men's Coffee Hour (offsite at Tim Horton's) 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub 1:00-Exploring the Arts with Kristin	17 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo	18 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time
22 Senior Center is Closed Today for Food Box Day & Deep Cleaning	23 Open Pool Room Open Fitness Room 10:00- <i>New!</i> White Elephant Bingo 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	24 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time	25 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time
29 Closed In Observance of Memorial DAY	30 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 12:00-'Peace of Mind' Seminar 1:00-Rummikub	31 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*	 Pickleball Boot Camp <i>Tuesday, May 9 - 9:30 am</i>

Birthdays & Anniversaries

FRIDAY

5

Open Pool Room
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

12

Open Pool Room
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

19

Open Pool Room
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

26

Open Pool Room
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

*Pearl Roberts Award
Presentation*



**Senior Citizens
Day Celebration!**

Monday, May 15 - Noon

May Birthdays

Connie Galbraith	May 01	Dorothy Janchar	May 12	Dan Daum	May 22
Kay White	May 01	David Gwinner	May 12	Connie Grose	May 22
Debra Page	May 01	Karen Hall	May 13	Diane Wisda	May 24
Debbie Hoover	May 01	Marietta Wood	May 13	Judy Bowe	May 24
Dale McGinnis	May 02	Jane Persinger	May 13	Sheldon McKinness	May 24
Meredithe Predmore	May 04	Elizabeth Kimmey	May 14	Joseph Catera	May 24
David Snyder	May 04	Shaun Straw	May 15	Phyllis Patrick	May 26
Bev Furniss	May 05	Leonard Janchar	May 16	William Weir	May 26
Phyllis Lasiter	May 05	Judy Miller	May 17	Pebble Wyant	May 26
Clair Zimmerman	May 06	Marcia Boger	May 17	Cathy Anastasio	May 26
Shirley Parker	May 08	Rosemary Catera	May 17	Jack Baer	May 26
Don Vocca	May 08	Bill Gossett	May 18	Ronald Walker	May 27
Lucille Kennedy	May 09	Carol Haines	May 18	Sandy Winland	May 29
Constance McCurdy	May 09	Tammy Niles	May 19	Mary Davis	May 29
Edith Craycraft	May 10	Sue Schuler	May 20	Betty Woodruff	May 30
John Heimlich	May 11	Carol Lewis	May 22		

May Anniversaries

Harvey & Barbara Erlewine	5/26/1995	28 years
Dale & Doris Rapp	5/6/2011	12 years
William & Sandra Spires	5/30/1964	59 years
Gabe & Ednita Vaflor	5/28/1963	60 years
Jay & Betty Woodruff	5/25/2002	21 years
Daniel & JoAnn Zimmerman	5/27/1995	28 years

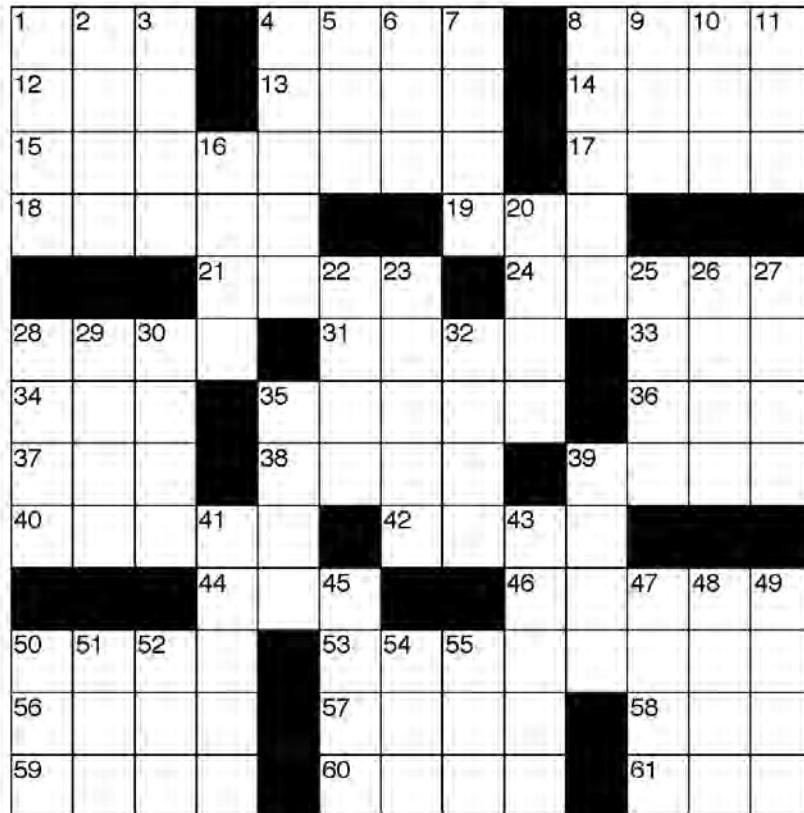
New Members

We welcome the following New Members that have recently joined:

David Snyder	Bea Mowry
Pam & Jay Murphy	Kim Freeman
Jack Baer	Liz Hart
Betty & Dennis Monnette	Gina Rodriguez
Rosemary & Joseph Catera	Ruth Patton
Cathy Skinner	Jan & Ted Elsey
Elizabeth & Edward Kimmey	Luana & John Mathew
Rosalynne Rush	Deb & Rick Berry

CROSSWORD PUZZLE

Answers on Page 13



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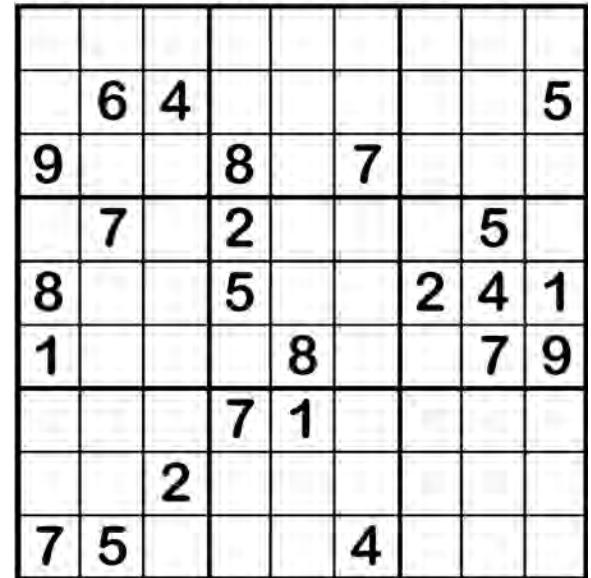
A57

- | ACROSS | | DOWN |
|----------------------------------|---------------------------------------|-----------------------------|
| 1 Antiballistic Missile (abbr.) | 38 Burden | 1 Harp (Ital.) |
| 4 Son of Ruth | 39 Middle (pref.) | 2 Entice |
| 8 Heddles of a loom | 40 Eradicate | 3 Talking bird |
| 12 Shaft | 42 P.I. tree | 4 Refuse |
| 13 Dismiss | 44 Gelderland city | 5 Life (pref.) |
| 14 US dam | 46 Viper | 6 Slip |
| 15 Tier | 50 E. Indian fiber plant | 7 Title of property |
| 17 Winglike | 53 Can | 8 Shore |
| 18 Chateaubriand heroine | 56 Open | 9 Mulberry of India |
| 19 Delirium tremens (abbr.) | 57 Initial (abbr.) | 10 Exclamation |
| 21 Variation (pref.) | 58 Bronze (Lat.) | 11 Sea (Fr.) |
| 24 Blaubok | 59 Languish | 16 Axillary |
| 28 Time period | 60 Rattan | 20 Tree |
| 31 Ecclesiastic box | 61 Bacon, lettuce, and tomato (abbr.) | 22 New sugarcane shoot |
| 33 Abridged (abbr.) | | 23 Mountain nymph |
| 34 Atl. Coast Conference (abbr.) | | 25 Berne's river |
| 35 Dismal | | 26 Down with (Fr., 2 words) |
| 36 Beam | | 27 Freezing (pref.) |
| 37 Before | | 28 Bookbinding style |
| | | 29 Pale brown |
| | | 30 Maple genus |
| | | 32 Arabian judge |
| | | 35 Ran |
| | | 39 Created |
| | | 41 Kind |
| | | 43 Sip |
| | | 45 Heroic |
| | | 47 Dull yellowish brown |
| | | 48 Daredevil |
| | | 49 Peace of mind |
| | | 50 Weaken |
| | | 51 Silkworm disease |
| | | 52 Bobbsey twins |
| | | 54 Genetic letters |
| | | 55 A (Ger.) |

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★☆☆

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "Y" = "R"

"DYGGWKM XF V JVZIVEG
WGVA - NXCT XC ZKMGF
YGFJKRFXSXAXCXGF VRW
ZKREGPUGRZGF."

- VUCTKY URIRKNR

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E069

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "Z" = "S"

"QNFUWBDVDZZ WZ O UWQL NQ
YWUY BOKCD, JDL WL SNZLZ
VNLYWVU."

- HDLLJ ZEWLY

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E070

Movies & More

'Peace of Mind' Seminar & Lunch

Learn how planning for your final wishes may shield your loved ones from unnecessary emotional and financial burden. Join Advance Planning Specialist **Erin Coss** from **Snyder Funeral Homes** for a **Veterans Memorial Benefits Seminar** hosted in the **Multipurpose Room** on **Tuesday, May 30** at **Noon**. Honor your service while protecting your loved ones from unnecessary financial and emotional pain. Learn more about pre-arrangements, veterans benefits, cremation, burials and more while enjoying a **FREE** meal. Spouses and loved ones are welcome. **RSVP by calling Snyder's at 740-387-9136** to attend this seminar and lunch.



'Welcome Back!' Party

There was lots of fun and laughter (and full bellies) as Marion Senior Citizens Association, Inc. (aka, your Senior Center Board) welcomed members back to the Center with a celebration last month. Judging by the nearly 100 members in attendance who all enjoyed a free lunch, the party was a huge success! We wish to thank the Board for their generosity in hosting this fun event, and all of the members who were able to join us in the 'Welcome Back!' Party. *(See photos below)*



See more 'Welcome Back!' Party photos posted on our Facebook page

Kingston Residence of Marion

BOOMER & SENIOR

EXPO

Friday, May 26 11am - 2 pm

Senior Center staff members will be participating in Kingston's annual Boomer & Senior Expo. This annual outdoor event is hosted at Kingston Residence of Marion, located at 464 James Way, Marion, OH. The event features:

- 50 Local Vendors that serve Seniors
- Door Prizes
- Ice Cream Social
- Free Take Home Lunch
- Tons of Give-aways

For more information call 740-389-2311



<< Popcorn & Movie >>

Thursday, May 11 - 12:30 pm

'A Man Called Otto'

Otto (*Tom Hanks*) is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick-witted Marisol, leading to a friendship that will turn his world around.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double or single occupancy.*

LaComedia Dinner Theatre: 'Escape to Margaritaville' *May 25, 2023*

We will travel to Springboro, OH to the LaComedia Dinner Theatre for dinner and a live show! 'Escape to Margaritaville' is about a place where people come to get away from it all – and stay to find something they never expected. And where a part-time bartender, part-time singer, and full-time charmer thinks he's got life all figured out until a beautiful career-minded tourist from Ohio steals his heart and makes him question everything. This fun musical encourages audiences to sit back, relax and remember "It's Five O'Clock Somewhere." Featuring Jimmy Buffett classics such as: "Cheeseburger In Paradise," "Fins," "Volcano," "One Particular Harbor" and many more! Cost of trip is \$124. **Reserve your spot now with a non-refundable \$20 deposit. Full payment is due now. This trip is sold out. Thank you Members!**

Overnight Trip A Wild Getaway *June 19 & 20, 2023*

We will travel to Newport, Kentucky to visit the Newport Aquarium complex. There are many places to grab lunch on your own at the levee beside the aquarium. Next we will enjoy a guided tour of Cincinnati. We will then check into our hotel with time to freshen up before our dinner cruise aboard a Queen City Riverboat. After breakfast at our hotel the next morning, we will visit the Cincinnati Zoo, rated one of the best zoos in the nation. After time at the zoo we will visit Jungle Jim's International Market before returning home. Cost of trip is \$408 double; \$478 single*. **Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on May 12.**

Jaws with Paws *June 28, 2023*

We will travel to Fremont, OH where we will see many beautiful horses while touring Oakhaven Belgian Horse farm. The trainers will explain how they raise and show these majestic animals. We will enjoy lunch (included) touring Lynnwood Kennels for the Jaws and Paws presentation. Brian Woods, a retired police officer who has been training K9 dogs for over 20 years will share his stories of getting involved with officers and their dogs. They will provide a demonstration for your enjoyment. Afterwards, enjoy wine tasting at Chateau Winery & Vineyards. Cost of trip is \$120. **Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on May 9.**

(More Trips listed on page 14)

National Air Force Museum *July 12, 2023*

We will travel to Dayton, OH to visit the National Air Force Museum. The world's largest military aviation museum and a world-renowned center for air and space power technology and culture preservation. The museum is home to countless one-of-a-kind objects. Our large collection includes more than 350 aerospace vehicles and missiles, thousands of artifacts, and spans 20 indoor acres with additional outdoor Air and Memorial Parks. After our visit we will return home. Cost of trip is \$75. **Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on June 12.**

Overnight Trip Creation Museum & The Ark *July 17 & 18, 2023*

We will travel to Kentucky and visit the Ark Encounter and enjoy a buffet lunch (included). The Ark Encounter features a full-size replica of Noah's Ark, built according to the dimensions given to us in the Bible. Meet Noah, his family, and the animals on the Ark. Following our time at the Ark we will check in our hotel where you can freshen up before dinner (on your own). We will visit the Creation Museum the next day, with time to explore this huge 75,000 square-foot facility that allows you to experience history as God has revealed it in the Bible. Nearly 150 exhibits featuring fearsome animatronic dinosaurs, talking heroes of the faith, and professional displays that honor God's Word. After our visit we will visit Jungle Jim's International Market before departing for home. Cost of trip is \$295 double; \$371 single*. **Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on June 2.**

Frankenmuth Overnight *August 15 & 16, 2023*

We will travel to Frankenmuth, Michigan, a town known for its distinctive Bavarian-style architecture and home to Bronner's CHRISTmas Wonderland, the world's largest Christmas store. Christmas Lane at Bronner's is illuminated 365 days a year with over 50,000 strings of lights and Christmas cookies can be found year round as well in Christmas Town USA. Dinner at the Bavarian Inn will take you to the heart of Bavaria with delicious ethnic dishes as well as Great American food. Lots of free time to stroll through the shops and enjoy the world-famous Glockenspiel. Trip includes one breakfast and one dinner. Cost of trip per person is \$255 double; \$337 single*. **Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on June 30. *Lodging on Overnight Trips per person cost is based on double or single occupancy.**

CROSSWORD PUZZLE ANSWERS (Pg. 10)

A	B	M		O	B	E	D		C	A	A	M
R	A	Y		F	I	R	E		O	A	H	E
P	I	N	A	F	O	R	E		A	L	A	R
A	T	A	L	A			D	T	S			
			A	L	L	O		E	T	A	A	C
Y	E	A	R		A	R	C	A		A	B	R
A	C	C		B	L	E	A	K		R	A	Y
P	R	E		L	O	A	D		M	E	S	O
P	U	R	G	E		D	I	T	A			
			E	D	E			A	D	D	E	R
S	U	N	N		P	R	E	S	E	R	V	E
A	J	A	R		I	N	I	T		A	E	S
P	I	N	E		C	A	N	E		B	L	T

SUDOKU ANSWERS (Pg. 10)

5	8	7	6	4	2	1	9	3
2	6	4	1	9	3	7	8	5
9	1	3	8	5	7	6	2	4
4	7	9	2	3	1	8	5	6
8	3	6	5	7	9	2	4	1
1	2	5	4	8	6	3	7	9
6	9	8	7	1	5	4	3	2
3	4	2	9	6	8	5	1	7
7	5	1	3	2	4	9	6	8

ENIGMA Cryptogram Answers (pg. 10)

E069: "Freedom is a package deal - with it comes responsibilities and consequences." - Author Unknown

E070: "Forgiveness is a gift of high value, yet it costs nothing." - Betty Smith

Trips on the Horizon

Lake Erie Island Hopping

August 30, 2023

We will travel to Sandusky, OH to board our cruise ship for our Lake Erie island hopping experience. We will first travel to Kelleys Island to enjoy exploring this island community. We will then depart and enjoy a buffet lunch onboard the ship as we travel next to Put-In-Bay. With ample time to enjoy the island, we travel back home to the mainland for our return home. Cost of trip is \$176.

Reserve your spot NOW with a non-refundable \$20 deposit. Full payment will be due on July 10.

LaComedia Dinner Theatre: 'Miracle on 34th Street'

November 8, 2023

Sit back and relax as we travel to the LaComedia Dinner Theatre in Springboro, OH for their production of 'Miracle on 34th Street'. The touching story of a young girl and her mother first denying and then discovering that Macy's Santa is the real Santa Claus. We will enjoy a great dinner and a wonderful show! Cost of trip is 124.

Reserve your spot NOW with a refundable \$20 deposit. Full payment will be due on September 24.

Clippers Dime-A-Dog Nights

June 6, July 25, August 22

We will leave the Center at 4 pm and travel to Huntington Park for three Columbus Clipper 'Dime-A-Dog Night' baseball games again this summer. Ballpark hot dogs are only ten cents during these promotional events! Games will be played on the following **Tuesday Evenings**:

- **June 6** - vs. Louisville Bats
- **July 25** - vs. Omaha Storm Trackers
- **August 22** - vs. Jacksonville Jumbo Shrimp

Trips are limited to 22 passengers. Cost is \$25 Members/\$35 Non-members. **Sign up NOW with a non-refundable full payment of \$25 Members/\$35 Non-members.**

Important Note: Due to changes in transportation companies policies in post-Covid years, deadlines for signups are required much sooner than in the past. So we can't emphasize enough to our trip enthusiasts: please don't delay in signing up for trips you are really interested in with a deposit ASAP! This will help us avoid cancelling trips due to lacking the necessary number of signups by trip deadlines.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.