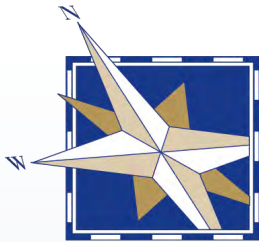


Volume 39 • Issue 12

The Sentinel

December 2022



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

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Senior Center Services	2 & 3
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Reminder:

**Membership Dues are
Due on January 1, 2023**

Brought to you by:
Ohio Health Home Care & Marion County Council on Aging



Christmas DINNER

Thursday, December 22 - Noon



We will be serving our annual Christmas Dinner at the Senior Center on **Thursday, December 22 at noon**. Dinner will be catered by *Special Occasions* with the help of volunteer members and friends of the Center. Dinner will feature Glazed Ham, Mashed Potatoes and Gravy, Corn Casserole, Dinner Roll, Chocolate Cake and a Beverage.

After dinner you will be treated to a time-honored performance of traditional Christmas carols by our Center's choir, *Seniors in Song*. This extremely talented choir is under the direction of **Ednita Vafloor** and accompanied by **Terri Malone**. (Many nice door prizes, too!)

Tickets are **\$15 Members/\$18 Non-members**, which includes dinner and entertainment. **Only 100 tickets will be sold**, so purchase yours now. Tickets can be purchased at the Center through **Friday, December 9**, while they last.

**Please note all other activities will be cancelled on this date.*

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

K of C Christmas Dinner

The Marion K of C cordially invites all area seniors to join them for their annual Christmas Dinner. The meal is **FREE** to all area seniors and will be served **Sunday, December 4 at 6 pm** (doors open at 5:30 pm) in the Marion K of C Hall located at 1232 E. Center Street (adjacent to Garfield Park). **Home-delivered meals are also available same day from 10:45 am - 11:30 am.** Please see Sheryl Simmons at the Center to sign up by Thursday, December 1 at noon.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Membership Dues

Just a friendly reminder that your 2023 Senior Center membership dues are due prior to **January 1, 2023**. We are happy to announce dues will not increase this year. Annual membership is still **\$30** per person.

FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



TECH TIME WITH ANGELA THOMAS

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on **Wednesday, December 21 from 10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

New! Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Volunteer of the Month

Meet Krystyna Clarke

By Tim Frericks

SURVIVOR! Our volunteer of the month, Krystyna Clarke, is the ultimate survivor. She has survived Adolph Hitler's invasion of her homeland, the shadow of the holocaust, being orphaned at age 2, then kidnapped by her father and later, a ruptured appendix. In addition to these traumatic events are myriad experiences ranging from being a farmhand to learning to sew, knit, bake bread and gingerbread cookies.

Her extraordinary story begins on December 14, 1933 in Lubianka, Poland where Krystyna Dorota Wiechowicz was born. Krystyna was 2 years old when her mother died and then lived with her maternal grandparents. Her father disliked them and took her to live with her paternal grandparents after kidnapping her. They placed her in a one room school learning the Polish language. Hitler and Germany invaded Poland in 1939 and 5 year old Krystyna had her school taken over by the Germans who installed the German language. At the age of 10 her father enrolled her in a Catholic school for girls. The nuns there were very strict demanding housework and chores.

While there she suddenly developed a high fever and was rushed to the hospital where German doctors performed a miracle surgery which few survive removing her ruptured appendix. In 1945 the Germans and Russians were fighting each other for control of Poland and the Russians bombed the hospital where she was recovering. Thankfully, she managed to survive. Later, in 1948 the US passed the Displaced Persons Act which allowed 7 million European refugees to relocate to the United States. Through the Red Cross she was able to come to America on January 13, 1951 on a large ship arriving at Ellis Island.

She was taken to an Immigration Center in the Bronx for training in English. Soon after she was on a plane and flown to Wichita, Kansas, where she met her



sponsor, Rev. Sam Widiger, a Lutheran chaplain who knew German. He drove her to Winfield, Kansas where he managed a Lutheran children's orphanage. She was able to stay in a home in Garden City, Kansas, and started junior high school in 1951. In 1953 she attended high school at St. John's Academy in Winfield, Kansas. Then in 1955 she entered Newton Memorial Hospital School of Nursing in Winfield. She received her RN license on September 18, 1958 at age 24. Soon after she took a job at the Snyder Clinic in Winfield and thereafter found a job that she really loved as the school nurse at St. John's Academy.

Krystyna became a United States citizen on May 14, 1957 in District Court in Wichita, Kansas. She married Joseph Clarke of Winfield on February 4, 1961 and they have 3 children: Lisa now in Illinois, Kim now in Georgia and Jodi now in Indiana. In 2009 Jodi's husband was employed in Marion and the Clarkes moved to Marion to be close to their new granddaughter. The Clarke's now reside on Gooding Road in Marion County.

It is so refreshing to know that after the turbulence of Krystyna's early life she can now share the relative calm of her life with us at the Senior Center. Looking back she is truly a survivor!

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday and Wednesday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18. *Leader: Barb Arms (M) and Belinda Guinther (W)*



Alzheimer's Educational Series

Marion County Council on Aging and the **Alzheimer's Association Central Ohio Chapter** are hosting a six-part educational series for seniors at the **Marion County Council on Aging** offices located at 125 Executive Drive, Marion, OH. The next two programs in the series are:

- **Understanding Alzheimer's & Dementia**
Monday, December 5 (1:00 - 1:30 pm)
- **10 Warning Signs of Alzheimer's**
Wednesday, January 4 (1:00 - 1:30 pm)

Participants may choose to attend some or all programs. To register call **800-272-3900**.

Classes, Activities & Programs

'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is a **"Rolled Paper Wreath"**.
Note: Participants must sign up by Friday, Dec. 16 at noon.



Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Wednesdays** from **11 am – 12 pm** in the **Craft Room**. All supplies will be provided. There is no cost for this class.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!
Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**. Everyone is welcome to play! *Leader:* Sonny Hunt

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**. Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.
Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.
Leader: Shirley Tolley.

Dominoes

Dominoes is currently taking a winter break. *Leader:* Cookie Cocherl

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, please join us for our practice this month.

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' is back and will be meeting on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "Cookie Exchange". So bring 9 bags of your favorite cookies (6 cookies per bag) along with copies of your recipe. This group meets out front by the kitchen. *Leader:* Kathy Hampel

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

LRC

Florence Wright hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun! Mind Games is taking a break this month but Carla encourages you to join her for 'Box Lunch Bingo' on Monday mornings at **11 am** (*see article on page 3*).

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday morning at 11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. **Note:** *Chair Yoga will return later this month. Call Lisa for updates.*


Hooks & Needles

Instructor **Candice DeWitt** hosts this fun class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too! **Note:** *Candice will be taking a break until January 1, 2023, however the class will still continue to meet.*

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

December 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 1:00-LRC
5 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:00-American Red Cross 'Be Preparedness Class' 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	6 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	7 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time	8 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 12:30-Popcorn & Movie 'Elvis'
12 Senior Center is Closed Today for Food Box Day & Deep Cleaning	13 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 12:00-Recipe 'Prepare & Share' 1:00-Rummikub	14 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 2:00-<i>New!</i> Quarter Bingo	15 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 1:00-LRC
19 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	20 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub 1:00-Exploring the Arts with Kristin	21 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:30-Tech Time with Angela 11:00-Board Meeting (offsite) 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo	22 12:00-Christmas Dinner <i>*Note: All other activities are cancelled today.</i>
26 	27 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	28 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*	29 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 1:00-LRC

Birthdays & Anniversaries

FRIDAY

Open Pool Room **2**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **9**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **16**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **23**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **30**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

December Birthdays

Louella Ash	Dec 01	Dorothy Cluff	Dec 07	Jerry Webber	Dec 17
Marjorie Schorr	Dec 02	Becky Williamson	Dec 09	Connie Thomas	Dec 19
Lynn Foust	Dec 03	Connie Shelton	Dec 11	Lacy Blankenship	Dec 19
Madelyn Litzenberg	Dec 03	Krystyna Clarke	Dec 14	Charles Arndt	Dec 20
Cathy Bard	Dec 03	Regina Hillenbrand	Dec 14	William Spires	Dec 20
Thomas Ballinger	Dec 04	Jerry Laucher	Dec 14	Chris Lingo	Dec 22
Elaine Renn	Dec 05	Steve Longberry	Dec 14	Harry Uber	Dec 22
Bessie Brammer	Dec 06	Alana Wamack	Dec 15	Alice Cupp	Dec 24
Susan Campbell	Dec 06	Barbara Reece	Dec 15	Judy Boger	Dec 24
Willie Troutman	Dec 06	Dennis Witsberger	Dec 15	Dorothy Lewis	Dec 24
Jackie Morse	Dec 06	Vicki McCombs	Dec 15	Anna Lamb	Dec 25
Beverly Cross	Dec 06	Carl Robinson	Dec 15	Barbara	
Mary Howell	Dec 07	Soog Park	Dec 16	Ramsey-Erlewine	Dec 26
Calvin Miller	Dec 07	Joel Bolander	Dec 16	Jon Yarger	Dec 30
Lori Strobel	Dec 07	Virginia Pasco	Dec 16		

December Anniversaries

Michael & Judy Bowe	12/5/2003	19 years
Larry & Janet Elliott	12/8/1972	50 years
Mike & Kathy Hampel	12/3/2021	1 year
Ronald & Sharon Sparks	12/4/1958	64 years
Bill & Becky Williamson	12/18/1971	51 years

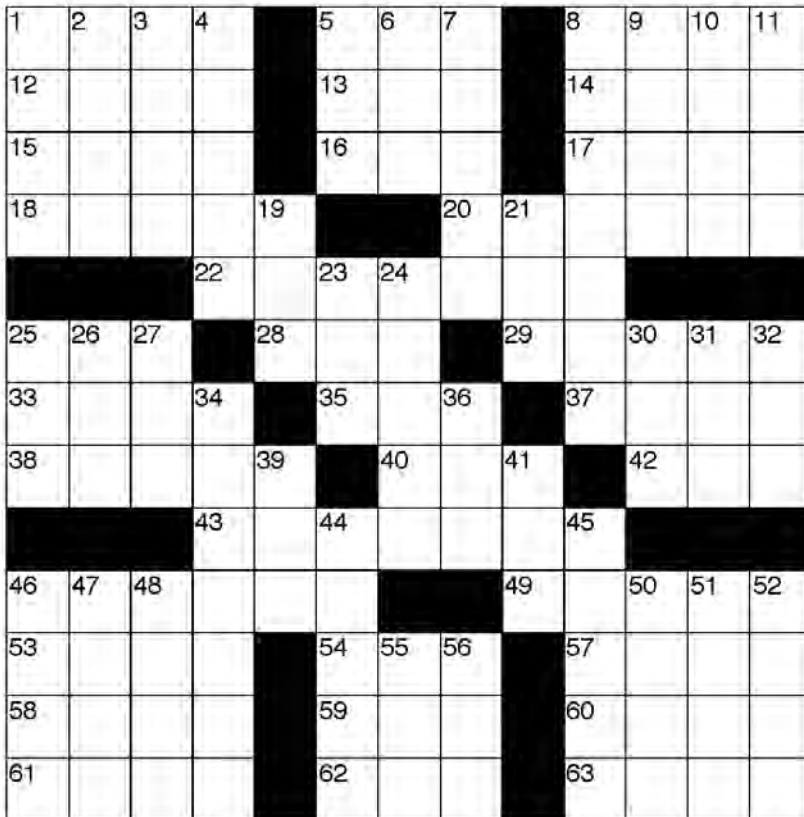
New Members

We welcome the following New Members that have recently joined:

Donna Foreman	Tom Price
Audrey Collins	Jay Woodruff
Cindy & Richard Buck	Julia Zeisler
Robert McVay	

CROSSWORD PUZZLE

Answers on Page 13



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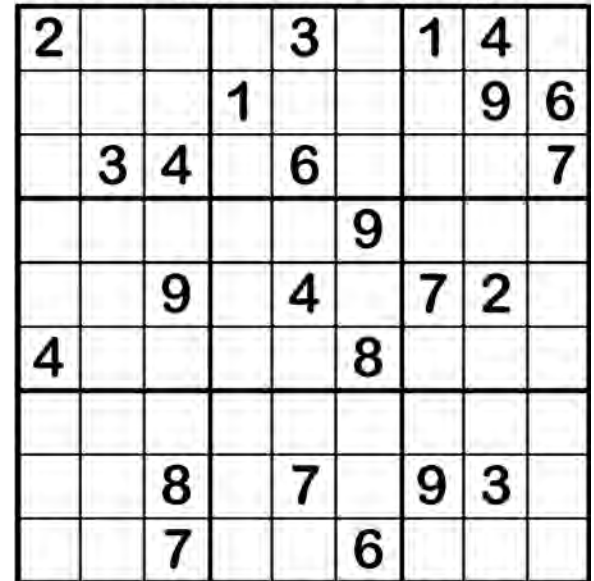
A50

- | ACROSS | | DOWN |
|---|------------------------------------|---|
| 1 First principles | 37 Textile fiber | 1 Sea lettuce |
| 5 Office of Economic Development (abbr.) | 38 Rom. ancestral spirits | 2 Simpleton |
| 8 Study | 40 Mountain on Crete | 3 Woman's work basket |
| 12 Borrowed money | 42 Television channel | 4 Whiff |
| 13 Having (suf.) | 43 Sickness (Fr.) | 5 Away |
| 14 Great Lake | 46 Each | 6 Europe (abbr.) |
| 15 Asian desert | 49 Gardening tool | 7 Cirrus |
| 16 Backward | 53 Alaska Hawaii Std. Time (abbr.) | 8 Quill feathers |
| 17 Ancient weight | 54 Hebrew letter | 9 Viking |
| 18 To the rear | 57 Coagulated substance | 10 Senior (Fr.) |
| 20 United Nations Intl. Children's Emergency Fund (abbr.) | 58 Death rattle | 11 Unable to hear |
| 22 Andiron | 59 Prepare leather | 19 Aunt (Sp.) |
| 25 Atomic Energy Commission (abbr.) | 60 Formerly | 21 Disease (pref.) |
| 28 Own (Scot.) | 61 Elbe tributary | 23 Inlet |
| 29 Once (Lat.) | 62 Slip | 24 Abstract being |
| 33 Jack-in-the-pulpit | 63 Shak. contraction | 25 Mulberry of India |
| 35 Luzon people | | 26 Equal Rights Amendment (abbr.) |
| | | 27 Vehicle |
| | | 30 Son of, in Gaelic names |
| | | 31 Subside |
| | | 32 Exudate plant |
| | | 34 Agriculture goddess |
| | | 36 Subjoin |
| | | 39 Skin vesicle |
| | | 41 S.A. sloths |
| | | 44 Phil. island |
| | | 45 Experimental Prototype Community of Tomorrow (abbr.) |
| | | 46 Rhine tributary |
| | | 47 Destroying (pref.) |
| | | 48 Ait |
| | | 50 Indian buffalo |
| | | 51 Leader (Ital.) |
| | | 52 Eng. statesman |
| | | 55 Rower |
| | | 56 Department of Natural Resources |

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★☆☆

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "D" = "E"

"ZR ZS QOR RYD EWTJD, QOI
RYD JOQUZRZOQ, MGR RYD LZQU
TWOQD RYTR JTQ LTC D TQXQD
YTEEX OI LZSDITMWD."
- IOBDI W'DSRITQBD

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E061

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "T" = "O"

"HIZGSHE SH OSJT SW ZI NT
JTAUTC. SZ SW IHOF ZI NT
MHCTUWZIIC."
- BAUST VMUST

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E062

Honor Flight at Home. In Marion!

Honor Flight Columbus is excited to announce our fourth Honor Flight at Home in Marion to supplement our long-standing mission of honoring our senior veterans by providing them with a no-cost trip to Washington, D.C. to visit their memorials. Our Honor Flight at Home program is designed to recognize and honor, in Marion, any veteran that served active duty from 1941 to 1975, who has not previously gone on an Honor Flight, and **cannot** travel to Washington.



This free program will be held:

Saturday, June 10, 2023
Tri-Rivers Vocational School
Rt. 95, East of Marion (across from Meijer)

Check-in starts at 1 pm. Program is scheduled to run from 2 - 3 pm.

Deadline for submitting an application is May 20, 2023. Send application to:

Honor Flight at Home
Veteran Application
Attn: Margie Saull, Event Coordinator
2406 Owens Road West
Prospect, OH 43342-9783



Considering the rainy weather conditions, we had a nice turnout for our annual Veterans Day Celebration last month.

KINGSTON RESIDENCE of MARION

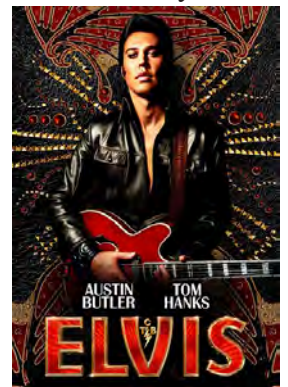
<< Popcorn & Movie >>

Thursday, Dec. 8 - 12:30 pm

'Elvis'

Due to "technical difficulties" our movie scheduled for last month is being shown this month instead.

From his rise to fame to his unprecedented superstardom, rock 'n' roll icon Elvis Presley (Austin Butler) maintains a complicated relationship with his enigmatic manager, Colonel Tom Parker (Tom Hanks), over the course of 20 years. Central to Presley's journey and happiness is one of the most influential people in his life -- Priscilla (Olivia DeJonge).



Are you prepared for an EMERGENCY?



Red Cross will host a free 1-hour **"Be Preparedness Class"** on **Monday, December 5 at 10am** at the Center. Getting prepared may sound difficult or time consuming but – with a little help from the Red Cross – its as easy as 1-2-3!

- 1. Get a Kit** - Learn the essential supplies to put in your family's survival kit.
- 2. Make a Plan** - Plan effectively for you and your family in case of an emergency.
- 3. Be Informed** - Understand which disasters are likely to occur in your area and what you must know to stay safe.

Life at the Center



35 members and guests thoroughly enjoyed our recent trip to LaComedia Dinner Theater to enjoy a fabulous lunch buffet and see the popular holiday production, 'White Christmas'.



Our first 'Box Lunch Bingo' was a lot of fun! Join us Mondays at 11 am for a delicious deli-style meal and then a chance to win some very nice prizes.



CROSSWORD PUZZLE ANSWERS (Pg. 10)

A	B	C	S		O	E	C		R	E	A	D
L	O	A	N		F	U	L		E	R	I	E
G	O	B	I		F	R	O		M	I	N	A
A	B	A	F	T					U	N	I	C
					F	I	R	E	D	O	G	
A	E	C			A	I	N		S	E	M	E
A	R	A	D		A	T	A		S	A	B	A
L	A	R	E	S		I	D	A		C	B	C
					M	A	L	A	D	I	E	
A	P	I	E	C	E				S	P	A	D
A	H	S	T		Y	O	D		C	R	U	D
R	A	L	E		T	A	N		O	N	C	E
E	G	E	R		E	R	R		T	A	E	N

SUDOKU ANSWERS (Pg. 10)

2	9	6	8	3	7	1	4	5
7	8	5	1	2	4	3	9	6
1	3	4	9	6	5	2	8	7
8	6	2	7	5	9	4	1	3
5	1	9	6	4	3	7	2	8
4	7	3	2	1	8	5	6	9
9	5	1	3	8	2	6	7	4
6	4	8	5	7	1	9	3	2
3	2	7	4	9	6	8	5	1

ENIGMA Cryptogram Answers (pg. 10)

E061: “It is not the place, nor the condition, but the mind alone that can make anyone happy or miserable.” - Roger L’Estrange

E062: “Nothing in life is to be feared. It is only to be understood.” - Marie Curie

Tis the Season

SOCKS FOR SENIORS



**Help us warm the hearts (and toes) of
Marion-area seniors this holiday.**

From now through **December 31** the Marion Senior Center will be collecting new socks for seniors in our local nursing homes. Please bring your socks (*newly purchased only*) to the Center, and place them in the donation box located by the fireplace near the front entrance. You'll also be entered into a drawing for a Gift Card.

Our Goal is to Collect & Distribute 1000 Pairs of Socks this Year!
Thank you in Advance for Your Generosity.



Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.