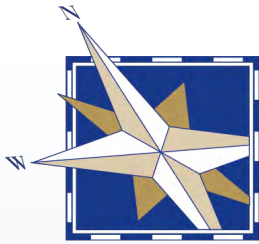


The Sentinel

July 2022



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100

Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

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Senior Center Services	2 & 3
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Directory	Back

**Trips Resume this month
with Dime-a-Dog Night
on Tuesday, July 12
(Details on page 14)**

Let Freedom Ring!

Independence Day is a celebration of “freedom.”

A day filled with barbecues, fireworks, and red, white, and blue.

A day to celebrate the gift we all are blessed with of living in a country with freedoms and privileges like no other.

The past couple years have provided all of us with a new perspective on the freedoms we’ve enjoyed throughout our lifetime. Freedoms that often-times are taken for granted.

Personally, the past couple years have given me a newfound appreciation for the many things we are able to do as citizens of this great nation. Like the ability to travel freely throughout the country.



To that end, we are thrilled to announce the Center is once again permitted to sponsor and offer trips to our members. We begin in July with a trip to a **Columbus Clippers ‘Dime-a-Dog’ Night** baseball game (*see page 14*). We are planning more day trips for August and beyond, so stay tuned!

As we head into summer, many classes and activities are utilizing our beautiful new **Activity Pavilion**. Typically there is a gentle breeze and welcome shade in that area for members that enjoy the outdoors without having to be in direct sunlight. **Tai Chi** and **Line Dancing** have hosted their classes in the Activity Pavilion last month (*see page 3 & 12*).

Summer is also a great time for festive celebrations. Our next social event will be a **Tropical Luau** on Monday, July 18 at noon (*see page 11*).

As we celebrate our nation’s birth and the liberty we gained in winning independence this month, I encourage you to reflect upon what freedom means. And how fortunate we all are to be living in the USA.

Have a safe and happy Independence Day!

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Farmers Market

Caledonia Farmers Market will be hosted at Caledonia Public Square on **Saturdays from 10am - 1pm from June through September**. Food vouchers for individuals 60+

- Locally grown produce & fruit
- Locally produced baked goods
- Locally produced meat & honey
- Local artists/crafters

For more information:
caledoniafarmersmarket2021@gmail.com

FREE PRODUCE MARKETS

Marion City Schools is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion**

County Fairgrounds Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Upcoming distribution dates are listed below:



FREE PRODUCE MARKET DATES

- Wednesday, July 27
- Wednesday, August 24



Transportation
740-387-5444



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives



*Tai Chi took advantage of some beautiful weather last month to host their class outdoors in the new Activity Pavilion. Instructors **Steve And Marlene Renick** host the class every **Friday at 12:30 pm**. New class members are always welcome!*

Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Volunteer of the Month

MEET DON BENTLEY

by Tim Frericks

If you take a dictionary and look up the word “VERSATILE” don’t be surprised to find a picture our volunteer of the month, Don Bentley. His engaging personality and unassuming manner belie the wide range of activities his many interests have enabled him to successfully undertake.

He volunteers with the food box program at the Center helping to distribute food items. He also volunteers in Marion as commissioner of the “over 65” Softball League which involves recruiting players and maintaining the ball fields.

Born in Marion in 1951 Don attended first grade at Mark Street School and completed elementary at Fair Park School. He attended junior high at Taft and graduated from Harding in 1969.

He then began a 13-1/2 year employment at Tecumseh in Marion in which he installed compressors in refrigeration equipment. He next moved on to the Glenwood Range Company in Delaware, Ohio as “assemblyman” making stoves some of which were sold to Whirlpool and other name brand companies. Leaving Glenwood after three and a half years for greener pastures he moved to Great Bend, Kansas where he began working for the Fuller Brush Company as a chemical compounder. While in Kansas Don qualified to participate in National Bowling Tournaments with interesting venues in cities such as Albuquerque, NM, Las Vegas and Reno and Knoxville, Tennessee.

Desiring to get closer to home Don soon moved and began an 11-year stint at Purex in Marion as a chemical compounder. Don has been retired now for over ten years.



Quite the sportsman versatile Don participates in bowling, golf and softball. He is proud of his 189 bowling average and his near perfect 299 game and also has many successes on the Kings Mill golf course. He is not only a pitcher for his softball team, but he also plays the outfield and can presumably be a pitcher or infielder if needed.

Don is married to Cindy and the father of two children, Kris and Andrew. He has six grandchildren and one great grandchild. He resides in Marion and attends the All Souls Church in Green Camp, Ohio.

As a longtime Cincinnati Reds fan Don speaks fondly of attending a “Meet the Reds” program in the late 1980s which led to his throwing out the first pitch of a game in Riverfront stadium. “VERSATILE” is the best word to describe Don with his work background, love of sports and active life.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Stay Active!

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



Pace Setters Walking Club

The Center's walking club path is located around the perimeter of the Marion County MRDD property (located adjacent to the Center), and is available any time from dawn until dusk.

The program officially began on Monday, April 4, but there is still time to join in the fun!

Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Intro to Fitness

This class is a great way to get started! The group meets on **Tuesday** mornings at **9 am** and are led by class members utilizing DVDs and online videos on our huge 86" Smart TV for their exercises. Everyone is welcome! There is no cost to members to participate in this class.



With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule activities outdoors when weather permits. We look forward to Tai Chi along with other activities being held outdoors during the warmer weather days ahead.

TAKE A WALK!

Classes, Activities & Programs

Fitness Drumming

Our new drumming program for seniors is hosted in the **Multipurpose Room** on **Wednesday mornings at 9 am**. **Fitness Drumming** is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. This popular workout mixes a variety of standard cardio exercises with a fun and exciting drumming routine, designed to keep you active and exercising together to the beat of music. It's easy, great for people of all ages and sizes, and costs nothing for members to get started. No musical experience is necessary. Class size is limited to 18.



We Need Volunteers!

With more members and guests visiting the Center for events and activities these days, we could use a little assistance.

That's why we need YOU!

New programs continue to be successful around the Center due to the dedication and commitment from our volunteers. We specifically need help with the following tasks:

- Welcoming & assisting members sign in
- Answering the phone
- Providing Tours of the Center to prospective new members

If you can volunteer a couple hours per week we will gratefully find a way to get you involved! Please call **Steve or Lisa** at **(740) 387-6100** today.



www.facebook.com/MarionSeniorCenter

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays at Noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday at 9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays at noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Wednesday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Dominoes

Dominoes is played out front on **Monday at 11am**.

Everyone is welcome! *Leader:* Cookie Cocherl

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new Activity Pavilion. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk, the more you earn!

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **Due to space considerations, the Fitness Center is limited to 3 members working out at any one time.** Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Tuesday** mornings at **9 am** in the **Multipurpose Room**, currently led by class members utilizing exercise DVDs and videos featuring workouts to improve your strength, core conditioning and balance.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

New! LRC

Florence Wright hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. Chair Yoga is very beneficial for both mental and physical well being. Benefits include relieving stress while improving posture, flexibility, and balance. **Note:** *Chair Yoga will be taking a break during the month of July through late summer.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns **Stitch and Skein**, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. **Note:** *All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

July 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	 <p>Tuesday, July 5 – 10 am</p>	<p>Jam Session Lunch Is Back!</p>  <p>Wed., July 27 at Noon</p>	<p>Tropical Luau</p>  <p>Monday July 18 Noon</p> <p><i>Mark Your Calendars!</i></p>
 <p>4</p>	<p>5</p> <p>Pool Room Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Senior Day at Marion County Fair 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p>	<p>6</p> <p>Pool Room Fitness Room</p> <p>9:00-New! Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time</p>	<p>7</p> <p>Pool Room Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 1:00-New! LRC</p>
<p>11</p> <p>Pool Room Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinocle</p>	<p>12</p> <p>Pool Room Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p>	<p>13</p> <p>Pool Room Fitness Room</p> <p>9:00-New! Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time</p>	<p>14</p> <p>Pool Room Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 12:30-Popcorn & Movie <i>'Top Gun'</i></p>
<p>18</p> <p>Pool Room Fitness Room</p> <p>10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinocle</p>  <p>12:00-Tropical Luau Social Event</p>	<p>19</p> <p>Pool Room Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p>	<p>20</p> <p>Pool Room Fitness Room</p> <p>9:00-New! Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo</p>	<p>21</p> <p>Pool Room Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time 1:00-New! LRC</p>
<p>25</p> <p>Senior Center is Closed Today for Food Box Day & Deep Cleaning</p>	<p>26</p> <p>Pool Room Fitness Room</p> <p>9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub</p>	<p>27</p> <p>9:00-Board Meeting Pool Room Fitness Room</p> <p>9:00-New! Fitness Drumming 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time</p> <p>1:00-Jam Session*</p>	<p>28</p> <p>Pool Room Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 12:30-Open Craft Time</p>

Birthdays & Anniversaries

FRIDAY

Pool Room **1**
Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi

Pool Room **8**
Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi

Pool Room **15**
Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi

Pool Room **22**
Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi

Pool Room **29**
Fitness Room

11:00-Congregate Dining/Lunch
12:30-Tai Chi

July Birthdays

Carol Kelly	Jul 01	Cathy Haycox	Jul 08	Stanley Foos	Jul 17
June Mackling	Jul 01	Judy Walker	Jul 09	Mary Jo Baxter	Jul 18
Toni Hurd	Jul 01	Beulah Owens	Jul 10	Janie Moore	Jul 18
Clara Sisson	Jul 01	Bob Miley	Jul 11	Nancy Snyder	Jul 18
Norma Plourde	Jul 02	Mary Moodie	Jul 11	Sandra Borders	Jul 20
Amy Garwood	Jul 03	John Snyder	Jul 11	Dona Ulrich	Jul 21
Judy Bean	Jul 06	Nora Cook	Jul 11	Robin Pedersen	Jul 21
Linda Corbin	Jul 06	Judy Rawlins	Jul 11	Nancy Crowell	Jul 23
Tom Jacobs	Jul 06	Maxwell Nwosu	Jul 11	Barbara Fairchild	Jul 25
Phyllis Spires	Jul 08	Linda Leffler	Jul 14	Betty Hughes	Jul 26
Darlene Alexander	Jul 08	Rosemary Utley	Jul 15	Frank Jorgensen	Jul 26
Alyce Ottman	Jul 08	Margie Saull	Jul 17	Linda Aufdencamp	Jul 30
Joyce Gattshall	Jul 08	Dawn Reeser	Jul 17	Connie Brown	Jul 30

July Anniversaries

Clifford & Harriet Evans	7/13/2019	3 years
Fred & Terri Malone	7/15/2005	17 years
Dale & Judy McGinnis	7/11/1964	58 years

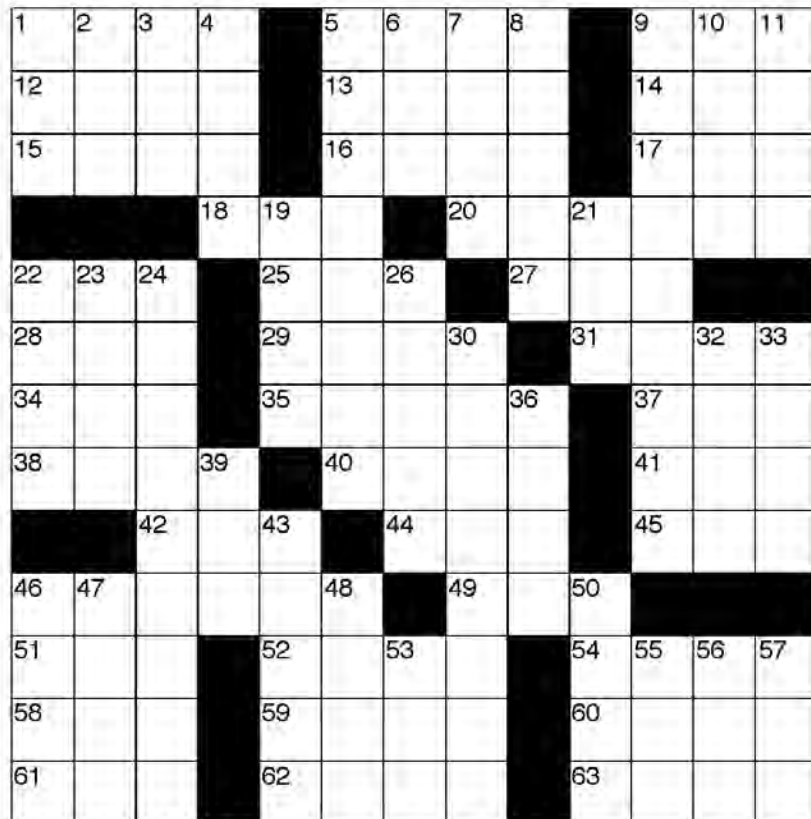
New Members

We welcome the following New Members that have recently joined:

Marjory Denzer	Larry Hileman
Jill Birt	Delores Gartrell
Jacqueline Winchell	

CROSSWORD PUZZLE

Answers on Page 13



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A44

ACROSS

- 1 Mortar ingredient
- 5 Levy
- 9 Scratch
- 12 Fetish
- 13 Irish chief's residence
- 14 Presidential nickname
- 15 Org. or Petroleum Exporting Countries (abbr.)
- 16 Sioux tribe
- 17 Celsius (abbr.)
- 18 Sup
- 20 Apt
- 22 Checkmate (abbr.)
- 25 Sheep's cry
- 27 Youngster
- 28 One of the Three Stooges
- 29 Troubles
- 31 Clothing
- 34 Double (abbr.)

- 35 "Fra Diavolo" composer
- 37 Nat'l Endowment for the Arts (abbr.)
- 38 Stringy
- 40 Yemen capital
- 41 Anglo-Saxon god of peace
- 42 Poetic contraction
- 44 Nat'l Security Agency (abbr.)
- 45 According to (2 words)
- 46 Son of Shakespeare
- 49 Mountain on Crete
- 51 Jap. apricot
- 52 Carbon (pref.)
- 54 Bless
- 58 Liquor
- 59 Victim of Cain
- 60 Galilee town
- 61 Hymn
- 62 Whimper
- 63 "Dies ____"

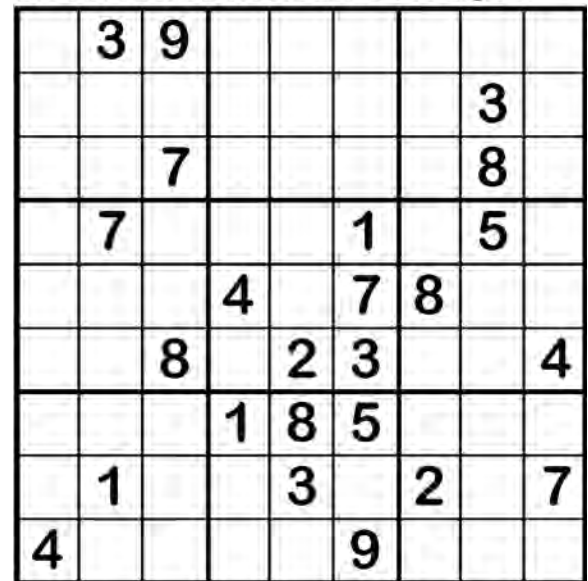
DOWN

- 1 River rapids
- 2 Archbishop (abbr.)
- 3 Never (Ger.)
- 4 Carplike fish
- 5 Sidewinder
- 6 Corrode
- 7 Short takeoff and landing (abbr.)
- 8 Eastern ruler
- 9 Alexander's kingdom
- 10 Brother of Seth
- 11 Trust
- 19 Son of Samuel
- 21 Outfit
- 22 Commander (abbr.)
- 23 Tramp
- 24 Muse of tragedy
- 26 Brit. saint
- 30 Wise
- 32 General (abbr.)
- 33 Scand. legend
- 36 Thunderfish
- 39 Desire
- 43 Summary
- 46 Science fiction award
- 47 Among
- 48 Forbidden
- 50 Spore sacs
- 53 Electric reluctance unit
- 55 Rhine tributary
- 56 Feminine (suf.)
- 57 No (Scot.)

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★☆☆☆☆

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "P" = "R"

"SKK XVF DERYMD ET FSHXV
SHF KZPF BRDZJ."
- EDJSH VSBFBHDXFZY ZZ

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E051

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "L" = "R"

"PT PH ABBV TB MNC ZOV
SBFPHW BNM CMZPO ZAZPOHT
TWZT BR BTWGMH."
- KPUWGF VG KBOTZPAOG

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E052



Tropical Luau

Monday, July 18 at noon.

Join us for this month's social event '**Tropical Luau**' on **Monday, July 18 at noon**. The celebration will begin with a delicious lunch featuring pulled pork, baked beans, and fruit skewers, with pineapple whip for dessert.

Then enjoy a concert featuring steel drummer **Erynn Krebs**. Let the relaxing sounds of the steel drum bring you to an island state of mind. Unwind and recharge with mellow calypsos, reggaes, pop tunes, and more!



There will be a drawing for several nice door prizes, too.

Cost is **\$10** per person. The event is open to members and guests, with tickets being pre-sold and available here at the Center until end of day on **Thursday, July 14**.

Special thanks to **Kandi Mayo of Primrose Retirement Communities** for sponsoring this event.

A background image of a red and white striped circus tent with colorful bunting flags hanging above it.

Senior Day at Marion Co. Fair

Center staff will be participating in the '**Senior Day**' at the **Marion County Fair**! The event will be held in the Coliseum on **Tuesday, July 5** from **10am - 2:30pm**. There will be free food, entertainment, Bingo, door prizes, and lots of giveaways.

Special thanks to **OhioHealth** and **Kingston Residence of Marion** for once again sponsoring this event.

The logo for Kingston Residence of Marion, featuring a crown above the text "KINGSTON RESIDENCE of MARION".

◀◀ Popcorn & Movie ▶▶

Thursday, July 14 - 12:30 pm
'Top Gun'

As students at the United States Navy's elite fighter weapons school compete to be best in the class, one daring young pilot learns a few things from a civilian instructor that are not taught in the classroom.



Life at the Center



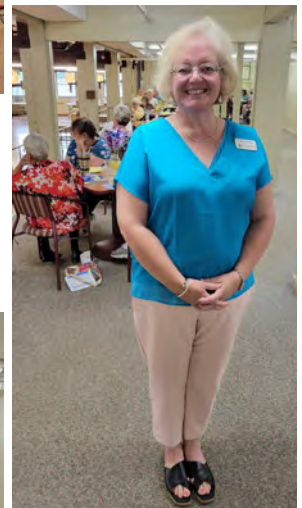
www.facebook.com/MarionSeniorCenter



Beginner Line Dance class members took advantage of some beautiful summer weather, hosting their class outdoors in our Activity Pavilion last month.



*We had a nice crowd on hand for our 'Sounds of Summer' social event. **John Garnes & Ben Zucker** entertained us by performing many of their favorite songs from over the years. Special thanks to **Carla Poston** of **ProCore Health Brokers** for sponsoring this*



CROSSWORD PUZZLE ANSWERS (Pg. 6)

S	A	N	D		C	E	S	S		M	A	R
O	B	I	A		R	A	T	H		A	B	E
O	P	E	C		O	T	O	E		C	E	L
			E	A	T		L	I	K	E	L	Y
C	H	M		B	A	A		K	I	D		
M	O	E		I	L	L	S		T	O	G	S
D	B	L		A	U	B	E	R		N	E	A
R	O	P	Y		S	A	N	A		I	N	G
		O	E	R		N	S	A		A	L	A
H	A	M	N	E	T		I	D	A			
U	M	E		C	A	R	B		S	A	I	N
G	I	N		A	B	E	L		C	A	N	A
O	D	E		P	U	L	E		I	R	A	E

Answer to Sudoku

1	3	9	5	4	8	7	2	6
5	8	6	7	9	2	4	3	1
2	4	7	3	1	6	9	8	5
9	7	4	8	6	1	3	5	2
3	2	1	4	5	7	8	6	9
6	5	8	9	2	3	1	7	4
7	9	2	1	8	5	6	4	3
8	1	5	6	3	4	2	9	7
4	6	3	2	7	9	5	1	8

ENIGMA Cryptogram Answers

E051: "All the sounds of earth are like music." - Oscar Hammerstein II

E052: "It is good to rub and polish our brain against that of others." - Michel de Montaigne

Travel Together

Clippers Dime-a-Dog Night

Tuesday, July 12

You've been asking when Center trips will resume, and we're thrilled to announce the answer is: this month! Beginning with one of our most popular excursions: **Columbus Clippers 'Dime-a-Dog' night.**

The first of three trips to beautiful Huntington Park in Columbus will be on **Tuesday, July 12** to watch the Clippers play the Indianapolis Indians. Ten cent hot dogs will be available throughout the game. We'll depart the Center at **4 pm**. The game is scheduled for **7:05 pm**.

The three dates for our Dime-a-Dog trips this season are:

- **Tuesday, July 13** - Clippers vs. Indianapolis Indians
- **Tuesday, August 16** - Clippers vs. Toledo Mudhens
- **Tuesday, September 13** - Clippers vs. Omaha Storm Chasers

Cost is **\$25 Members/\$35 Non-members**, which includes transportation and a ticket to the game. These trips are limited to 22 participants, so sign up early!



Baseball is Back! Sign up now for one of our most popular trips: 'Dime-a-Dog Night'.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Bookkeeper: Jackie King

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.