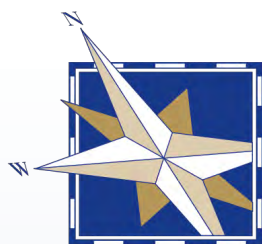


Volume 38 • Issue 9

The Sentinel

September 2021



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

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**Please Pay Your \$15
Membership Dues Now to
Continue Receiving Future
Issues of The Sentinel**

We Must Press On...

One of my mom's favorite sayings (of which there were many) was:

"We must press on..."

Even though it was rooted in a biblical reference to the Apostle Paul being laser-focused on the race, the goal, and the finish line of his journey of faith, it also helped encourage us kids to move forward during trying circumstances while standing firm to our convictions.

To me those words seem very fitting to where we are as a community, as a nation, and as a senior center at this particular moment in time.

We seem to be faced with more 'trying circumstances' with each passing day, as new information is announced regarding the ongoing Covid pandemic. Trust that the Center staff is learning all we can to stay abreast of the situation, continually adjusting our protocols and procedures with the safety of our members always as our top priority.

We must press on...

That's why you'll read about our new protocols for Cards & Games (page 11), as well as procedures and protocols for the Fitness Center (page 5), and that delicious, nutritious lunches are available at our Congregate Dining Center, which re-opened in August (page 12).

We truly enjoyed hearing all the laughter and lively conversations as members resumed their activities this past month. And the energy it brought to the building was invigorating! Not only did it lift the spirits of those members playing cards and games, it was good for the psyche of our staff, too! So, if your small group would like to resume your activity and be listed in the calendar next month, you can learn how easy that process is (page 6).

We must press on...

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.



HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.



'Beat the Heat' Fan Program

To help keep our seniors safe and comfortable during the heatwaves of summer, we partner with **LifeCare Alliance** to distribute a free fan to area seniors age 60+. Please call **Cindy Jennings** at **740-387-6100** to request a fan. Limit one fan per address.

FREE PRODUCE MARKETS

Marion City Schools is collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from **9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**. Next distribution date is to be announced.



MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Transportation
740-387-5444



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

2021 Membership Dues

Annual membership dues have been reduced to **\$15** this year.

Current members must pay their dues by **September 1, 2021** to remain a member in good standing (which also ensures you will continue receiving your monthly *Sentinel* newsletter).

Membership dues may be paid in person upon your first visit to the Center (prior to September) or sent to us by check through the mail.

Make checks payable to: **Marion Senior Center**



Limited Hours in September

Our main objective is keeping everyone safe as we cautiously re-open the Center in phases. That's why we will continue to be open for limited hours to members during the month of September.

This is mainly due to the additional cleaning and sanitizing necessary to help ensure your safety. Staff will be cleaning and sanitizing the Center thoroughly every day, both in the mornings and afternoons.

All activities will continue to be hosted between the hours of **10 am to 2 pm** in September. Staff will be focused on monitoring these activities and in some cases, cleaning between sessions during these hours.

This also means that staff will NOT be available to answer phone calls or to take appointments while members are here. ALL calls to schedule appointments or to sign up for activities/programs must be made between **8 - 10 am** or between **2 - 4 pm**.

Let's Take it Outside!

One of the best - and safest - places to host activities is outdoors... weather permitting, of course! That's why we're including several activities that can be hosted outdoors in Phase I of our Re-opening plan.

These activities include the following:

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts made specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens) and are available to members anytime. Pickleball is available anytime, however members usually gather to play together on weekday mornings beginning at **8 am**. We have extra paddles and pickleballs available for those just getting started (see Lisa).



Pace Setters Walking Club

Since it requires no monitoring or special cleaning, the Center's walking club is available anytime from dusk to dawn. However, the clipboard to record your daily distance will be available next to the outside door of Lisa's office from 10 am to 2 pm. Call **Lisa at 740-387-6100** any weekday between **8 am - 10 am or 2 pm - 4 pm to register** to participate. Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors Steve and Marlene Renick are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Intro to Fitness

This class is a great way to get started! The group meets on **Thursday mornings at 10 am** and are led by Certified Personal Trainer Cindy Jennings. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance. Class size is limited so you must call **Cindy at 740-387-6100** any weekday between **8 am - 10 am or 2 pm - 4 pm to register** for this class.



With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule several of the upcoming activities outdoors when weather permits. We look forward to Tai Chi and Intro to Fitness classes being held outdoors, along with other activities during the warmer weather months ahead.

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Safety First

Since safety is our top priority, the Fitness Center will be putting new protocols and procedures in place going forward. Members will notice a new hand sanitizing station and a unit containing individual spray bottles and towels, as well as a used towel receptacle.

A sign is prominently displayed above this unit with the following instructions:

- ◆ Pick up your own disinfectant spray bottle and clean microfiber towel and keep them with you at all times.
- ◆ Clean all equipment after use.
- ◆ Social Distance a minimum of 6 feet between others while working out.
- ◆ Wash your hands after working out; follow good personal hygiene habits.
- ◆ Place towel in container marked "used" as you exit.
- ◆ Place used bottles beside the spray bottle caddy - NOT back in the caddy. They will be sanitized before the next group of people are allowed to enter.
- ◆ Please be considerate of the 45-minute time limit.



Social Distancing decals have been placed on the floor in the Multi-purpose Room as a reminder to social distance a minimum of 6 feet between others while working out.



A) New Procedures; B) Clean Disinfectant Spray Bottles; C) Touchless Hand Sanitizer Station; D) Clean Microfiber Towels; E) Receptacle for Used Towels



MAKING APPOINTMENTS:

All calls to Cindy for appointments must be made between 8 - 10 am or between 2 - 4 pm.

Members should place used bottles beside the spray bottle caddy - NOT back in the caddy after use. The used bottles will be sanitized before the next group of people are allowed to enter.

Classes, Activities & Programs

Don't See Your Group Listed?

Several small groups have resumed their weekly scheduled activities this past month. If your group would like to do the same you just need to reach out to Activity Coordinator Lisa Richardson to make that happen. Keep in mind we are still open limited hours (10 am - 2 pm) in consideration of the enhanced cleaning and sanitizing that is required each day to help keep our members, guests, and staff safe.

If you want to resume your activity and have it listed again on the newsletter calendar, the steps are as follows:

- Each activity/group should elect one individual you would like to represent you.
- Have that individual contact or call Activity Coordinator **Lisa Richardson** at (740) 387-6100 (between 8 - 10 am or between 2 - 4 pm) to let her know that your activity is ready to resume meeting each week.
- You will be assigned a day/time to meet. Every effort will be made to make it align as close as possible to the same dates/times your activity has met in the past.
- Activity/group leaders will be responsible to let Lisa know how many participants to expect each week. This can be easily accomplished verbally at the end of your activity before you leave each week (*ex.*, "Lisa, all eight of us are planning to be here again next week.")
- This communication will allow us to properly plan how much space and time will be needed to accommodate all groups each day. (We don't want to turn anyone away because we were expecting a small group of four and then have 18 people surprisingly show up.)
- Finally, we want to thank everyone for your continued patience and understanding ...you've all been extremely cooperative as we navigate these unprecedented times together.



Bridge

If you like to play Bridge join us out front on **Tuesday mornings** at 10 am. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on Tuesday mornings at 11 am.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on Wednesday mornings at 11:30 am.

Leader: Shirley Tolley.



Popcorn Festival 'Senior Stop'

After a one-year absence due to the pandemic, the Marion Popcorn Festival will be celebrating their 40th Annual festival this year. The festival will be held in downtown Marion September 9 - 11.

Marion Senior Center and **Kingston Residence of Marion** are teaming up to co-sponsor the Popcorn Festival "Senior Stop" on Thursday, September 9 and Friday, September 10.

The "Senior Stop" will once again be hosted in the **RHAM** building conference room located at 205 West Center Street (near City Hall). However, this year we will not be hosting large group activities, but instead will have complimentary bottled water and snacks available, as well as helpful information and giveaways provided by our partners **Marion County Council on Aging (Senior Levy)**, **Area Agency on Aging - District 5**, and **LifeCare Alliance**.

So, please stop in and say 'hello' anytime between 11 am - 3pm on Thursday, September 9 or Friday, September 10.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. Interim instructor **Nancy Shiefer** (filling in for instructor **Royce Farson** while she's on the mend) always welcomes new class members.

Pace Setters Walking Club

Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new Activity Pavilion. Register for this free program with Activity Coordinator **Lisa Richardson**, then track your laps and earn great prizes. The more you walk, the more you earn!

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **The Fitness Center currently requires a reservation. A 45 minute time slot can be reserved at 10am, 11am, noon, or 1pm by calling Cindy Jennings at (740) 387-6100.** Please consult your physician before beginning any exercise activities.

Intro to Fitness

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **10 am** in the **Multipurpose Room**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Photography Class

Instructor **Royce Farson** will teach you how to use your camera. Her class has a new assignment each month and meets from **1 pm** on the **first Wednesday** each month to share their photos.

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

Breakfast for the Brain

Diane Drollinger from **Community Care** will help jump start your day - and your brain - at **10 am** on **Thursday mornings**, as fun trivia questions are asked, answered, and discussed. **Note: Breakfast for the Brain** will only meet on **September 9 and 23**.

DeWolfe Trivia

Nicole Rich from **DeWolfe Place** will host "*Trivia*" games on the **second Wednesday of each month** at **10 am**.

Beginners YOGA

We are seeking an instructor for a Beginners YOGA class. (A day and time are to be determined.) YOGA is very beneficial for both mental and physical well being. Relieving stress, improving posture, flexibility, and balance are benefits of yoga. **If anyone has a referral for a potential YOGA instructor**, please pass that information on to Activity Coordinator **Lisa Richardson**.

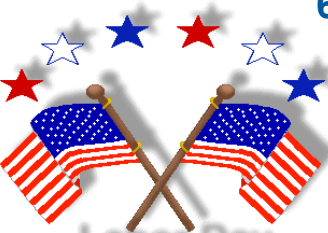
Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns **Stitch and Skein**, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

September 2021 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 1:00-Photography Class	2 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing
 6 Labor Day	7 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- <i>New!</i> Hooks & Needles	8 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 10:00-DeWolfe Trivia 11:30-Mahjong	9 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 10:00-Breakfast for the Brain *Popcorn Festival ‘Senior Stop’ <i>(RHAM building downtown)</i>
13 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Mind Games 12:00- Euchre	14 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- <i>New!</i> Hooks & Needles	15 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 12:30-Kingston Bingo	16 Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 12:30-Popcorn & Movie ‘A Beautiful Day in the Neighborhood’
20 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Mind Games 12:00- Euchre	21 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:30- <i>New!</i> Food for Thought* <i>*RSVP Required</i> 12:00- <i>New!</i> Hooks & Needles	22 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 1:00-Sewing Class	23 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing 10:00-Breakfast for the Brain
27 Senior Center is Closed Today for Food Box Day & Deep Cleaning	28 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Bible Study 10:00-Bridge 11:00-Rummikub 11:00-Books, Balance & BS 12:00- <i>New!</i> Hooks & Needles	29 9:00-Board Meeting Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Intro to Fitness 11:30-Mahjong 1:00-Sewing Class	30 Open Pickleball Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing

Birthdays & Anniversaries

FRIDAY

Open Pickleball **3**
Open Pace Setters Walking Club
Fitness Room (by Appointment)

12:30-Tai Chi

Open Pickleball **10**
Open Pace Setters Walking Club
Fitness Room (by Appointment)

12:30-Tai Chi

***Popcorn Festival**
'Senior Stop'
(RHAM building downtown)

Open Pickleball **17**
Open Pace Setters Walking Club
Fitness Room (by Appointment)

12:30-Tai Chi

Open Pickleball **24**
Open Pace Setters Walking Club
Pool Room (by Appointment)
Fitness Room (by Appointment)

12:30-Tai Chi

September Birthdays

Karl Landon	Sep 01	Colleen Hempstead	Sep 12	Belinda Guinther	Sep 20
Imogene Postell	Sep 01	Priscilla Jo Kreis-Isaacs	Sep 13	Darlynn Blessing	Sep 21
Rhodella Metz	Sep 02	Lois Lucas	Sep 14	Donna Franklin	Sep 22
Cindy Mahon	Sep 04	Gloria Baker	Sep 15	Jeff Smith	Sep 22
Marty Beaver	Sep 05	Lou Hartley	Sep 15	Bobb Davies	Sep 23
Joan Cones	Sep 05	Alice Lucille Norton	Sep 15	Bonnie Burggraf	Sep 23
Rita Sayre	Sep 07	Karen Ward	Sep 15	Brenda Sykes	Sep 24
Judith Miller	Sep 07	Diane Fetter	Sep 15	Robert King	Sep 25
Deborah Cramer	Sep 07	Flora Kyle	Sep 16	Elizabeth Orthmeyer	Sep 26
Gwendolyn Wilson	Sep 08	Pauline King	Sep 16	Kenneth Linstedt	Sep 27
Patti Crane	Sep 09	Jackie King	Sep 18	Donald Bentley	Sep 27
Carol Loeffler	Sep 10	Barbara Truka	Sep 18	Jean Merritt	Sep 28
Kathy Sherman	Sep 10	Mollie Birnbaum	Sep 19	Art Clouse	Sep 28
Arlene Hopkins	Sep 10	Janis Miley	Sep 20	Jana Schelb	Sep 30
Debbie Harris	Sep 12	Linda Hollanshead	Sep 20	Janet Elliott	Sep 30

September Anniversaries

Randy & Jean Seaburn	9/06/1997	24 years
Nick & Diane Wisda	9/09/1972	49 years
Allen & Jean Merritt	9/12/2008	13 years
Donald & DelRita Beeney	9/14/2002	19 years
Jim & Marty Beaver	9/14/1974	47 years
Roger & Linda Dietrich	9/16/1972	49 years
Tom & Rosemary Utley	9/20/1981	40 years
Roy Donna Ferguson	9/21/2013	8 years
Bob & Becky Turner	9/23/2019	2 years
Robert & Claudia DeVore	9/25/1993	28 years
Robert & Karolyn Frasure	9/26/1964	57 years
Duane & Debb Henderson	9/28/1991	30 years

Volunteer of the Month

Celebrating a Few Retirements

We've had several staff members retire recently and hosted small gatherings to celebrate and wish them well. We've been so fortunate to have had their joyful, caring spirit and expertise to rely on and truly appreciate everything they have done for the seniors in our community over the years. Recent retirees include:

Bill White (aka, "The Candyman"), Transportation Driver for the Center since May 11, 2011.

Jay Yarger, Maintenance Custodian for the Center since September 6, 2017.

Ken Norris, Transportation Driver for the Center since April 2, 2018.

Barb Arms, Transportation Coordinator for the Center since May 8, 2018.

We thank them all for their years of dedicated service! We're really going to miss each and every one of them and hope they enjoy every minute of their retirement.

May the next phase of your lives bring you everything that you seek and more!

Pictured clockwise from top right: Barb Arms, Jay Yarger, Bill White, and Ken Norris



Food for Thought

For Your Safety: New Cards & Games Protocols

We are excited that Cards & Games were able to resume last month. However, there are some new protocols in place to help ensure the safety of our members and guests. Please review the following protocols to familiarize yourself with them. If you have any questions, please see Lisa, Cindy, or Steve.

- The leader of each individual group will get cards or games from Activity Coordinator **Lisa Richardson** just prior to their scheduled activity.
- Playing cards will be provided to each group. After the activity is completed for that day all cards used by that group will be kept in sealed containers and will not be used again for seven days.
- After the activity is completed for that day the games will be returned to Lisa and sanitized after each use.
- Hands of all participants must be sanitized before and after play.
- If a player gets up and leaves the table for any reason, their hands must be sanitized upon their return.
- Masks must be worn if not fully vaccinated.
- Players must not sit closely and must maintain some reasonable social distance. For example, only four players seated around a regular 4-foot table.
- Players must call the Center at **(740) 387-6100** (between the hours of 8 am - 10 am or 2 pm - 4 pm) and RSVP to play. **Note:** Group leaders can RSVP for their entire group by providing Lisa with the total number of players along with their individual names. The reason for this is that the number of players may be limited in certain rooms due to capacity restrictions. And since we are trying to schedule activities from an 8-hour day into a shortened 4-hour day, by registering we can avoid members and/or guests just showing up and then not having room for them to participate.
- Again, we want to thank everyone for your continued patience and understanding ...you've all been extremely cooperative as we navigate these unprecedented times together.

'Food for Thought'

If you're interested in expanding your knowledge or broadening your experiences, please join us at **12:30 pm on Tuesday, September 21** in the *Multi Purpose Room* for an informative presentation:

"How Family, Friendships & Being Social Plays a Role in Our Mental Health"

As we age, we sometimes tend to shed family and friends. It is important to have people around to support and engage us. Taking care of each other helps us to remain alive and healthy, both mentally and physically.

The *Marion County Council on Aging*, in partnership with the *Marion Senior Center* will host **Ashley Swartz** from the *Marion Area Counseling Center* on **Tuesday, September 21** from **12:30 to 1:30 pm**. Ashley will discuss loneliness, signs of depression and give us ideas and coping strategies to deal with these emotions during this difficult time.

RSVP is required by September 17.



◀◀ Popcorn & Movie ▶▶ Thursday, Sept. 16 - 12:30 pm

A Beautiful Day in the Neighborhood

Two-time Oscar®-winner **Tom Hanks** portrays Mister Rogers in *A Beautiful Day in the Neighborhood*, a timely story of kindness triumphing over cynicism, based on the true story of a real-life friendship between Fred Rogers and journalist Tom Junod.



Senior Moments



Find us on
Facebook

We are continually posting announcements, updates and photos of the “happenings” (like those shown here) at the Senior Center to communicate with our members in a timely fashion! Simply type the following URL:

www.facebook.com/MarionSeniorCenter

into your browser and hit the enter button on your keyboard, and you’ll find updates, announcements and photo galleries of the Senior Center’s activities, programs and events. (Please “LIKE” our page, too!)



A



E



B



D

Shown here are some activities that resumed in August:

- A: Bridge
- B: Bridge
- C: Rummikub
- D: Open Pool
- E: Books, Balance & BS ...sporting their new shirts!



C

Congregate Dining Center Re-Opens!

In partnership with *LifeCare Alliance*, the Center re-opened the Congregate Dining Center last month. Lunch is available at the Senior Center every **Tuesday through Friday from 11:30 am - 1 pm**. You can join us for lunch as often as you'd like. So, please stop by and join us for good food and fellowship every Tuesday through Friday... or one day a week... or one day a month! It's completely up to you.

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.



Dining Center Coordinator Toni Hurd can place your orders for each day, or an entire week at a time. Please call her at (740) 360-7863 to discuss this month's menu options or to RSVP.

On a Positive Note

Contingent Van Driver

Looking for a Part-time job?

Are you looking to make a difference in the lives of others?

Want to do something meaningful and rewarding that makes a big impact in our community?

Would you enjoy spending time with seniors while helping them to remain independent by taking them to and from doctor's offices, grocery stores, pharmacies, financial institutions and other essential appointments?

If so, becoming a Contingent Van Driver for our Senior Transportation program might be a great fit for you. You can find a complete Contingent Van Driver job description and a downloadable application at: marionohio.us/employment



We Need Volunteers!

Re-Opening the Senior Center safely will require much more time from the staff than ever before due to the new protocols and hands-on individual assistance to monitor and implement them.

That's why we need YOU!

New programs continue to be successful around the Center due to the dedication and commitment from our volunteers. We specifically need help with the following tasks:

- Welcoming & assisting members sign in
- Answering the phone between 10 am - 2 pm
- Providing Tours of the Center to prospective new members

If you can volunteer a couple hours per week we will gratefully find a way to get you involved! Please call **Steve or Lisa** at **(740) 387-6100** today.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Cindy Jennings

Transportation Coordinator:
Emilee Evans

Bookkeeper: Jackie King

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.