



#### 2375 HARDING HWY. EAST MARION, OHIO 43302

Office: 740-387-6100 Transportation: 740-387-5444

CENTER HOURS Monday-Friday: 8 AM-4 PM

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The Center will Re-Open on Tuesday, July 6

# **Welcome Back!**

I'm happy to announce the Marion Senior Center will Re-Open this month on **Tuesday**, **July 6**, **2021**. Thank you in advance for your cooperation and patience as we welcome you back into the Center.

The Center staff has spent the past month developing a Re-Opening Plan with City of Marion administration that will enable us to open safely in three phases. Details of the three phases and new protocols are outlined throughout this issue of the newsletter. You should have also received a brochure explaining the re-opening that was mailed to every member recently.

For the health, safety, and well-being of all participants some new requirements have been put in place, which include the following:

- Everyone will follow proper hand hygiene and respiratory etiquette.
- Everyone is required to wear a mask at all times.
- Everyone will ensure social distancing is maintained and/or abide by assigned seating.
- The Center will not provide communal food or drinks at this time.
- There will be screening upon entering the building.
- There will be limited hours due to new cleaning protocols.

Before welcoming back members and participants, our staff received training on all the changes and new protocols. Our main objective is keeping everyone safe so that we may remain open to provide the much-anticipated socialization you've been patiently awaiting.

If you have any questions or concerns, feel free to contact me at (740) 387-6100. We are here for you with your safety and well-being in mind. Thank you again for your patience, support, and understanding. We look forward to seeing you soon.

Be Kind & Stay Well, Steve Badertscher, Director

P.S. It's also important to note that membership dues should be paid on your first return visit to the Center, or a check made payable to Marion Senior Center in the amount of \$15 can be sent by mail to: Marion Senior Center, 2375 Harding Highway E., Marion, OH 43302

## Senior Center Services

### Tech Time with TJ

**T.J. Badertscher** from *Center Street Community Health Center* will be here on the **last Wednesday each month** beginning at **10:30 am** to offer free assistance to anyone wanting to learn how to better use their Smartphones, tablets, iPads and other digital devices. Please call (740) 387-6100 to schedule a half hour appointment. **Postponed.** 

### Food Box Program

If you or someone you know are in need of food assistance, please contact **Cindy Jennings** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)** The Center distributes each month in partnership with *Mid-Ohio Foodbank*. To qualify you must be age 60+, live in Marion county and be income eligible.

### Chio District 5 | Serving North Central Ohio

#### HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.



**Tasty Meals for Seniors** Available every Thursday from **11am - Noon** at the Marion Senior Center parking lot 'Drive-Thru'.

### FREE PRODUCE MARKETS

Marion City Schools is collaborating with Mid-Ohio Food Collective to offer Free Produce to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed from 9 am to 11 am (while supplies last) at The Marion



**County Fairgrounds** Main Entrance parking lot located at 220 East Fairground Street. This distribution is **drive-thru only.** Next distribution date is to be announced.

### MEALS-ON-WHEELS

Transportation

740-387-5444

Our Meals-on-Wheels provider LifeCare Alliance has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call 614-278-3130.



### **Senior Transportation**

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.

# Improving Seniors Lives

### **2021 Membership Dues**

In consideration of there only being six months remaining in 2021, annual membership dues will be reduced to **\$15** this year.

Current members must pay their dues by **September 1, 2021** to remain a member in good standing (which also ensures you will continue receiving your monthly *Sentinel* newsletter).



Membership dues may be paid in person upon your first visit to the Center (prior to September) or sent to us by check through the mail.

Make checks payable to: Marion Senior Center

### **Limited Hours in July**

Our main objective is keeping everyone safe as we cautiously re-open the Center in phases. That's why we will only be open for limited hours to members during the month of July (Phase I and Phase II).

This is mainly due to the additional cleaning and sanitizing necessary to help ensure your safety. Staff will be cleaning and sanitizing the Center thoroughly every day, both in the mornings and afternoons.

All activities in Phase I and Phase II will be hosted between the hours of **10 am to 2 pm**. Staff will be focused on monitoring these activities and in some cases, cleaning between sessions during these hours.

This also means that staff will <u>NOT</u> be available to answer phone calls or to take appointments while members are here. <u>ALL</u> calls to schedule appointments or to sign up for activities/programs must be made between **8 - 10 am** <u>or</u> between **2 - 4 pm**.

# Health & Fitness

### Let's Take it Outside!

One of the best - and safest - places to host activities is outdoors... weather permitting, of course! That's why we're including several activities that can be hosted outdoors in Phase I of our Re-opening plan.

These activities include the following:

#### **Pickleball**

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts made specifically for pickleball. The two courts are located on the west side of the building



(adjacent to our raised-bed gardens) and are available to members anytime. Pickleball is available anytime, however members usually gather to play together on weekday mornings beginning at **8 am**. We have extra paddles and pickleballs available for those just getting started (see Lisa).



#### **Pace Setters Walking Club**

Since it requires no monitoring or special cleaning, the Center's walking club is available anytime from dusk to dawn. However, the clipboard to record your daily distance will be available next to the outside door of Lisa's office from 10 am to 2 pm. Call Lisa at 740-387-6100 any weekday between



**8 am - 10 am** or **2 pm - 4 pm to register** to participate. Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.

#### Tai Chi

Tai Chi is a low-impact, slowmotion exercise, which reduces stress while increasing flexibility and balance. Whish is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our



experienced instructors Steve and Marlene Renick are extremely patient and very encouraging. They host classes on **Friday** at **12;30 pm** and welcome both beginners and those with Tai Chi experience.

#### **Intro to Fitness**

This class is a great way to get started! The group meets on **Thursday** mornings at **10 am** and are led by Certified Personal Trainer Cindy Jennings. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance. Class size is limited so



you must call **Cindy** at **740-387-6100** any weekday between **8 am - 10 am** or **2 pm - 4 pm to register** for this class.



With construction of our spacious new outdoor Activity Pavilion completed, we plan to schedule several of the upcoming activities outdoors when weather permits. We look forward to Tai Chi and Intro to Fitness classes being held outdoors, along with other activities during the warmer weather months ahead.



*Note: Always consult your healthcare provider when contemplating new ideas to promote better health.* 

# Health & Fitness

### **Safety First**

Since safety is our top priority, the Fitness Center will be putting new protocols and procedures in place going forward. Members will notice a new hand sanitizing station and a unit containing individual spray bottles and towels, as well as a used towel receptacle.

A sign is prominently displayed above this unit with the following instructions:

- Pick up your own disinfectant spray bottle and clean microfiber towel and keep them with you at all times.
- Clean all equipment after use.
- Social Distance a minimum of 6 feet between others while working out.
- Wash your hands after working out; follow good personal hygiene habits.
- Place towel in container marked "used" as you exit.
- Place used bottles <u>beside</u> the spray bottle caddy - NOT back in the caddy. They will be sanitized before the next group of people are allowed to enter.
- Please be considerate of the 45minute time limit.



Social Distancing decals have been placed on the floor in the Multi-purpose Room as a reminder to social distance a minimum of 6 feet between others while working out.



A) New Procedures; B) Clean Disinfectant Spray Bottles;
C) Touchless Hand Sanitizer Station; D) Clean Microfiber Towels; E) Receptacle for Used Towels



**MAKING APPOINTMENTS:** All calls to Cindy for appointments must be made between **8 - 10 am** or between **2 - 4 pm**.

Members should place used bottles <u>beside</u> the spray bottle caddy - NOT back in the caddy after use. The used bottles will be sanitized before the next group of people are allowed to enter.

# Classes, Activities & Programs

#### **New Check-in Procedure**

Employees, volunteers, members, and guests must enter through the FRONT DOOR ONLY. West and East doors will remain locked and serve as emergency exits only.

We will utilize the *MySeniorCenter* kiosk for our Covid -19 Health Screening process. Checking in using the *MySeniorCenter* kiosk will also serve as a daily log in for members and staff with names and contact information made available to appropriate health authorities for contact tracing if necessary.

Hand sanitizer must be used before and after using the touchscreen on the kiosk.

**Employees, volunteers, members, and guests must complete daily symptom assessments** by confirming they can answer **NO** to the following questions:

- Fever of 101.4 degrees or higher?
- Cough (excluding chronic cough)? Shortness of breath?
- Nausea, Diarrhea, Vomiting, Headache, Muscle Ache?
- You or anyone in house exposed to Covid-19 virus?
- Anyone in house tested positive for Covid-19 virus?

Members and guests must then ACCEPT this COVID Waiver before entering the facility and participating in activities.

If there is a waiting line for screening guests must maintain physical distancing by remaining 6 feet from others waiting to check in.

If a member, guest, volunteer or staff member is deferred they must wait 72 hours for re-entry.

Masks are to be worn by employees, volunteers, members, and guests while in facility.

Hand sanitizer must be used when entering facility and regular hand washing every 2 hours (which will be monitored by staff).



Marion Senior Center Board President Steve Renick is shown here checking in on the **MySeniorCenter** kiosk. The first screen that will appear to members as you check in will be a daily symptom assessment that must be completed by all members, guests, volunteers and staff before entering the facility and participating in activities.

Guests will be provided with a "risk sheet for the spread of covid and potential health impact".

Guests must agree to minimize physical contact and always maintain physical distancing.

Guests must agree to follow health and safety guidelines.

**JULY 2021** 

\*These procedures adhere to the ODH Third Amended Director's Order on the Opening of Senior Centers (see page 12)

## Classes, Activities & Programs



#### Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday** at **12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

#### Line Dancing

This Line Dancing class meets on Thursday mornings at 10:00 am. Interim instructor Nancy Shiefer (filling in for instructor Royce Farson while she's on the mend) always welcomes new class members.

#### Pace Setters Walking Club

The Center's walking club will resume this month on **July 6**. Members walk laps on the paved track located behind **Marca/MCBDD**. You can enter the walking path area through a gate located near our new Activity Pavilion. Register for this free program with Activity Coordinator Lisa Richardson, then track your laps and earn great prizes. The more you walk the more you earn!

#### **Fitness Center**

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. The Fitness Center currently requires a reservation. A 45 minute time slot can be reserved at 10am, 11am, noon, or 1pm by calling Cindy Jennings at (740) 387-6100. Please consult your physician before beginning any exercise activities.

#### **Intro to Fitness**

This class is a great way to get started on your journey to better health and wellness! The group meets **Wednesday** mornings at **9:30 am** in the **Fitness Center**, led by Certified Personal Trainer **Cindy Jennings**. Cindy will motivate you as she teaches you exercises to improve your strength, core conditioning and balance.

#### Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from 8 am -10 am. No pre-registration is required.

### PHASE 2 July 19 thru July 31

All of the Activities offered in Phase I are available, plus the following:

#### **Kingston Bingo**

**Carma Taylor** of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

#### **Photography Class**

Instructor **Royce Farson** will teach you how to use your camera. Her class has a new assignment each month and meets from **2-3 pm** on the **first Wednesday each month** to share their photos. (August 4)

#### We also plan to offer these Activities (by appointment) when we confirm with each instructor or sponsor:

#### **Monday Mind Games**

*Mind Games* will be hosted on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

#### **Breakfast for the Brain**

Jump start your day - and your brain - at **10 am** on **Thursday mornings**, as fun trivia questions are answered and discussed.

#### Trivia

*"Trivia"* games are hosted on the **second Wednesday** of each month at 10 am.

#### **Beginners YOGA**

We are seeking an instructor for a Beginners YOGA class. (A day and time are to be determined.) YOGA is very beneficial for both mental and physical well being. Relieving stress, improving posture, flexibility, and balance are benefits of yoga. If anyone has a referral for a potential YOGA instructor, please pass that information on to Activity Coordinator Lisa Richardson.

Please note that all activities and classes listed were based on information available at press time. All dates, times, and offerings listed may be subject to change.

**MARION SENIOR CENTER • THE SENTINEL** 

# July 2021 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1
S S S S S S S S S S S S S S S S S S S	Onen 10 am - 2 nm	Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 9:00-Golf League at Green Acres 10:00-Intro to Fitness	Open Pickleball Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing
Open Pickleball <b>12</b> Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i>	Open Pickleball <b>13</b> Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i>	Open Pickleball <b>14</b> Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 9:00-Golf League at Green Acres 10:00-Intro to Fitness	Open Pickleball <b>15</b> Open Pace Setters Walking Club Fitness Room <i>(by Appointment)</i> 10:00-Line Dancing
Open Pickleball <b>19</b> Open Pace Setters Walking Club Pool Room <i>(by Appointment)</i> Fitness Room <i>(by Appointment)</i> 10;00-Mind Games	Open Pickleball20Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)10:00-Bible Study11:00-Books, Balance & BS	Open Pickleball21Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)9:00-Golf League at Green Acres10:00-Intro to Fitness12:30-Kingston Bingo1:00-Sewing Class	Open Pickleball22Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)10:00-Line Dancing10:00-Breakfast for the Brain
26 Senior Center is Closed Today for Food Box Day & Deep Cleaning	Open Pickleball27Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)10:00-Bible Study11:00-Books, Balance & BS	Open Pickleball28Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)9:00-Board Meeting9:00-Golf League at Green Acres10:00-Intro to Fitness1:00-Sewing Class	Open Pickleball29Open Pace Setters Walking ClubPool Room (by Appointment)Fitness Room (by Appointment)10:00-Line Dancing10:00-Breakfast for the Brain

JULY 2021

#### **MARION SENIOR CENTER • THE SENTINEL**

## Birthdays & Anniversaries

#### **FRIDAY**

2

9 **Open Pickleball Open Pace Setters Walking Club** Fitness Room (by Appointment)

12:30-Tai Chi

16 **Open Pickleball Open Pace Setters Walking Club** Fitness Room (by Appointment)

12:30-Tai Chi

23 **Open Pickleball Open Pace Setters Walking Club** Pool Room *(by Appointment)* Fitness Room (by Appointment)

12:30-Tai Chi

30 **Open Pickleball Open Pace Setters Walking Club** Pool Room (by Appointment) Fitness Room (by Appointment)

12:30-Tai Chi

		July DI
Carol Kelly	Jul 01	Wallace Becke
June Mackling	Jul 01	Annelle Bushat
Toni Hurd	Jul 01	Beulah Owens
Karen Leyser	Jul 02	Nannette White
Norma Plourde	Jul 02	Bob Miley
Patricia Kelly	Jul 02	Nora Cook
Gary Callahan	Jul 04	Paul White
Sharon Huffman	Jul 04	Jack Graham
Debra Clayton	Jul 05	Linda Leffler
Judy Bean	Jul 06	Nancy Schiefer
Sharalee Lore	Jul 06	Rosemary Utle
Linda Corbin	Jul 06	Skip Miller
Dave Clayton	Jul 07	Margie Saull
Ann McAllister	Jul 07	Mike Young
Phyllis Spires	Jul 08	Dawn Reeser
Darlene Alexander	Jul 08	Janie Moore
Alyce Ottman	Jul 08	Marie Russell
Joyce Gattshall	Jul 08	Mary Wickersh
Susan Keirns	Jul 08	Steve Roseberr
Judy Walker	Jul 09	Roy Ferguson

#### **July Birthdays**

Wallace Beckel	Jul 10	Loretta Bargaheiser	Jul 20
Annelle Bushatz	Jul 10	Kenneth Payne	Jul 21
Beulah Owens	Jul 10	Dona Ulrich	Jul 21
Nannette White	Jul 10	Norma Ward	Jul 21
Bob Miley	Jul 11	Robin Pedersen	Jul 21
Nora Cook	Jul 11	Becky Turner	Jul 21
Paul White	Jul 12	Linda Laucher	Jul 22
Jack Graham	Jul 14	Martha Price	Jul 22
Linda Leffler	Jul 14	Mary Shults	Jul 23
Nancy Schiefer	Jul 15	Barbara Fairchild	Jul 25
Rosemary Utley	Jul 15	Gregory Klee	Jul 25
Skip Miller	Jul 15	Betty Hughes	Jul 26
Margie Saull	Jul 17	Frank Jorgensen	Jul 26
Mike Young	Jul 17	Betty Caprino	Jul 27
Dawn Reeser	Jul 17	Donna Ferguson	Jul 27
Janie Moore	Jul 18	June Bender	Jul 29
Marie Russell	Jul 18	Linda Aufdencamp	Jul 30
Mary Wickersham	Jul 18	Connie Brown	Jul 30
Steve Roseberry	Jul 18		
Roy Ferguson	Jul 19		

#### **July Anniversaries**

Dale & Judy McGinnis	July 11, 1964	57 years
Ira & Linda Stacy	July 25, 1964	57 years
Larry & Rosemary Scheff	July 30, 1966	55 years
William & Marcia Weir	July 26, 1970	51 years
Dave & Debra Clayton	July 30, 1977	44 years
Jim & Nancy Bowman	July 20, 1979	42 years
Tim & Mary Shoewalter	July 17, 1984	37 years
Bob & Marti Simmons	July 05, 1969	22 years
Fred & Terri Malone	July 15, 2005	16 years
Kenneth & Ermita Allen	July 02, 2019	2 years
Philip & Kathy Schaber	July 25, 2019	2 years

## Volunteer of the Month



## **Grab and Go Senior Meals**

LifeCare Alliance is bringing nutritious and delicious meals to Marion County for a safe drive thru lunch!

### Every Thursday 11am - Noon

## Marion Senior Center Parking Lot 2375 Harding Highway E., Marion

Stay in Your Car, Lunch Will Be Passed to You

All participants 60 years and over will get two meals to-go!

- Everyone 60 years and over eligible for the meals
- No RSVP required.
- No income guidelines all are welcome!
- Masks required for service

- No cost, but donations welcome
- One time paperwork will need completed if you have not received services with LifeCare. Paperwork can be completed onsite, same day.
- If you get Meals-on-Wheels you can still get this lunch!

For more information, contact: Margaret Rembert • 614-437-2850 • mrembert@lifecarealliance.org

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**JULY 2021** 

## Food for Thought



FOR MORE INFO CALL (740) 389-2311 OR EMAIL BGOYER@KINGSTONHEALTHCARE.COM



WE WILL BE FOLLOWING ALL CDC GUIDELINES AND PRACTICING SOCIAL DISTANCING

\*\*SUBJECT TO WEATHER AND COVID-19 CONDITIONS\*\*



464 James Way | Marion, OH 43302

#### **MARION SENIOR CENTER • THE SENTINEL**

## Health Director's Order

#### Why are the Re-Opening Rules so Strict?

Many areas of our community have been opened up for some time, especially since Governor DeWine announced that effective June 2, nearly all of Ohio's COVID-19 regulations would be lifted, including the state's requirement of face coverings inside public buildings. However, he also said that requirements pertaining to assisted care facilities will remain in place. This was in response to protecting our most vulnerable population... senior citizens.

Senior Centers also have specific health order from the Ohio Department of Health still in place that addresses the "Opening of Senior Centers". These are the guidelines we must follow to be permitted to open, so any decisions we made in establishing new protocols and procedures had to meet this criteria. Although the type is a little small due to space limitations, we thought it was important to provide you with the rationale as to why our new procedures may seem a little more stringent than other places you visit. Here is the Third Amended Director's Order on the Opening of Senior Centers printed in its entirety:

## Department

Jon Husted, Lt.Governor

#### of Health

Mike DeWine, Governor

#### THIRD AMENDED DIRECTOR'S ORDER

Stephanie McCloud, Director

#### Re: Third Amended Director's Order on the Opening of Senior Centers

I, Stephanie McCloud, Director of the Ohio Department of Health (ODH), pursuant to the authority granted to me in R.C. 3701.13, to prevent the spread of contagious or infectious diseases, hereby ORDER the following to prevent the spread of COVID-19 in the State of Ohio:

- 1. Since the release of the last Order, millions of vaccinations have been administered nationwide to older adults, including the participants and staff of senior centers. These vaccines have been shown to help prevent COVID-19 infection. In support of Ohio's continued commitment to providing opportunities for social interaction to improve overall health and well-being, this Order shall replace all prior Orders regarding participation at senior centers (hereafter centers). Accordingly, it shall permit access to personnel who are necessary for the operations of the centers.
- 2. Personnel who are necessary for the operations of the centers include, but may not be limited to staff, volunteers providing core services, contracted and emergency healthcare providers, contractors conducting critical on-site maintenance, and governmental representatives and regulators and their contractors. For purposes of this Order only, 'employees" shall include volunteers and may also be referred to herein as "staff."
- 3. All individuals and personnel must be screened for COVID-19 each time they enter the center. Screening guidance is available from the U.S. Centers for Disease Control and Prevention (CDC) as well as from ODH. This Order does not apply to exigent circumstances, to emergency medical services, first responders, and similarly situated individuals.
- 4. Centers shall have as few points of entry as possible. ODH recommends that centers, where possible, have a designated entry point. This does not apply to emergency ingress or egress of centers.
- 5. Centers shall maintain a log of staff and participants that includes, at a minimum, name and contact information. The log shall be retained in accordance with state record retention requirements and made available upon request to the appropriate local or state health authorities.

#### 6. Center Planning:

- A. Centers shall carefully consider all implications for participant physical and mental well-being when determining how to facilitate center operations.
- B. Centers shall evaluate all the following as a part of developing a comprehensive plan to facilitate, implement, and oversee center operations:
  - Case status in surrounding community; Case status in the center(s):
  - Staffing levels; .
  - Access to adequate testing for participants and staff;
  - Personal protective equipment supplies; and
  - Local hospital capacity.

C. Centers shall be in substantial compliance with testing requirements in accordance with the following

- Staff and participants are encouraged to become fully vaccinated, if feasible. Fully vaccinated refers to a person who is ≥2 weeks following receipt of the second dose in a two-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine, per the U.S. Centers for Disease Control and Prevention (CDC) Public Health Recommendations for Vaccinated Persons.
- · While not required, centers are encouraged to routinely test unvaccinated staff and participants, if feasible. Centers may also encourage unvaccinated staff and participants to be tested on their own prior to coming to the center. Unvaccinated refers to a person who does not fit the definition of fully vaccinated, including people whose vaccination status is not known for the purposes of this Order.
- Centers shall have a strategy in place for testing staff and participants, regardless of vaccination status, with known or suspected COVID-19 exposure or signs or symptoms of COVID-19.
- D. Centers shall develop operations policies consistent with the requirements of this Order. Policies shall be made available upon request to participants, visitors, and any representative of the Ohio Department of Aging (ODA) and ODH.
- E. Centers shall remind and educate participants and visitors about the risks of the spread of COVID-19 and the appropriate safety measures to take to protect themselves according to the CDC Considerations for Community-Based Organizations.
- 7. General Participation Requirements: In addition to all of the other requirements herein, centers shall adhere to all relevant CDC <u>Considerations for Community-Based</u> Organizations, including but not limited to: facilitating social distancing, handwashing, and isolating staff and participants who have COVID-19 symptoms while at the center.
  - A. Participants and staff are required to wear masks at all times, except when actively eating. Masks should cover nose and mouth, fit snugly and have multiple layers. Additionally, individuals who have difficulty wearing a mask, including people with some disabilities and people with dementia, may participate so long as they are fully vaccinated.
  - B. Centers shall cohort individuals or create participant pods to minimize the risk of disease spread and adverse health outcomes. Cohort refers to gathering participants as a group that will eat and participate in activities and services together.
- 8. Congregate Activities and Transportation: In addition to all of the other requirements herein, centers shall adhere to all relevant CDC Considerations for Community-Based Organizations, including but not limited to: food service, meetings, gatherings and performances, and prioritizing outdoor activities over indoor activities.
  - A. Centers shall take appointments and sign-up participants for activities ahead of time, unless appointments are not feasible due to emergent or unique circumstances
  - B. Centers may offer field trips and excursions for a limited number of attendees in line with the intended destination and limit activities involving external groups or organizations as much as possible. Large attendee excursions shall not be offered.
  - C. Centers are encouraged to maintain, and in some cases enhance, virtual options to conduct group activities (e.g., music, games, socialization). Examples include FaceTime, Skype, and Zoom.
  - D. Transportation of participants is permitted. Transportation providers shall adhere to the Ohio Department of Transportation Guidance found at COVID-19 Guidance for Ohio Public Transit and Human Service Transportation Agencies

Accordingly, this Order shall replace all prior Orders regarding Ohio's Adult Day Care Services and Senior Centers. This Order shall be effective immediately and remain in full force and effect unless the Director of the Ohio Department of Health rescinds or modifies this Order at a sooner time and date.

D Stephanie McCloud, Director of Health

May 4, 2021 Date

### We're utilizing the Latest Technology To Help Keep Our Members Safe!

The Center purchased several new Electrostatic Sprayers designed to save time and labor, spray less liquid, and cover more surfaces when sanitizing and disinfecting our facility and vans.

These Electrostatic Sprayers' patented technology provides an electrical charge to solutions, allowing them to wrap conductive surfaces with an effective and even coverage. Double-charged particles envelope all conductive surfaces – shadowed, vertical, and underneath.



## On a Positive Note

### **Contingent Van Driver**

Looking for a Part-time job?

Are you looking to make a difference in the lives of others?



Want to do something meaningful and rewarding that makes a big impact in our community?

Would you enjoy spending time with seniors while helping them to remain independent by taking them to and from doctor's offices, grocery stores, pharmacies, financial institutions and other essential appointments?

If so, becoming a Contingent Van Driver for our Senior Transportation program might be a great fit for you. You can find a complete Contingent Van Driver job description and a downloadable application at: **marionohio.us/employment** 

### We Need Volunteers!

Re-Opening the Senior Center safely will require much more time from the staff than ever before due to the new protocols and hands-on individual assistance to monitor and implement them.

#### That's why we need YOU!

New programs continue to be successful around the Center due to the dedication and commitment from our volunteers. We specifically need help with the following tasks:

- Welcoming & assisting members sign in
- Answering the phone between 10 am 2 pm
- Providing Tours of the Center to prospective new members

If you can volunteer a couple hours per week we will gratefully find a way to get you involved! Please call **Steve or Lisa** at **(740) 387-6100** today.

#### Marion Senior Center

2375 Harding Hwy. E. Marion, Ohio 43302

8:00 a.m. to 4:00 p.m. Monday through Friday Office: 740-387-6100 Transportation: 740-387-5444 NON-PROFIT U.S. Postage PAID Marion, OH Permit #23

## Directory

**Director:** Steve Badertscher

Activity Coordinator: Lisa Richardson

**Social Service Coordinator: Cindy Jennings** 

**Transportation Coordinator:** Barb Arms

Bookkeeper: Jackie King

**Maintenance Supervisor:** 

Visit the Marion Senior Center website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com or follow us on Facebook



#### Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every Monday through Friday between the hours of 8:00 am & 3:30 pm, excluding holidays. To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680. \*Handicap-accessible transportation is now available!

#### **Need a Personal Shopper?**

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, please contact Social Services Coordinator Cindy Jennings at (740) 387-6100.

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.