

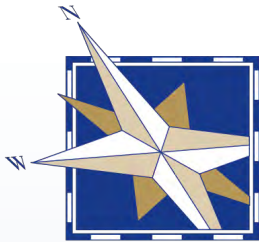
Volume 40 • Issue 11

The Sentinel

November 2023



Sponsored By
Kingston Residence of Marion & CenterWell Home Health



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

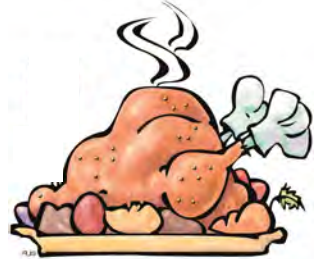
INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Brain Games	10
Movie/Upcoming Events	11
Life at the Center	12
Trips on the Horizon	14
Ads	15
Directory	Back

We Need Volunteers!

If you can volunteer a couple hours per week we will gratefully find a way to get you involved!

Thanksgiving DINNER



Thursday, November 16 - Noon



We will be serving our annual Thanksgiving Dinner at the Senior Center on **Thursday, November 16 at noon**. Dinner will be catered by *Eighty Eight Catering* (formerly *Special Occasions*) with the help of volunteer members and friends of the Center. The traditional Thanksgiving dinner will feature turkey, mashed potatoes & gravy, stuffing, homestyle green beans, cranberry sauce, dinner roll & butter, pumpkin pie, and a beverage.

Entertainment will be provided by **Just Jazz Live Duo**, an extremely popular group specializing in the Sinatra vibe, as well as covering multiple genres including R&B, Motown & Classic Pop/Rock.

Tickets are **\$15 Members/\$18 Non-Members**, which includes dinner and entertainment. Tickets can be purchased at the Center through **Thursday, November 9**, while they last. Buy yours today!

**Please note all other activities will be cancelled on this date.*

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible. This institution is an equal opportunity provider.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Belton** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Handel's Messiah

The Marion Civic Chorus invites you to their 81st presentation of Handel's Messiah on **Sunday, November 26** at **7 pm**. The presentation will be hosted at **Epworth United Methodist Church** in downtown Marion.

FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month from 9 am to 11 am (while supplies last)** at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Center Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Life at the Center

MEET BARB ARMS

By Tim Frericks

Our volunteer of the month, Barb Arms is unselfish. Her unassuming manner is obvious as she downplays her many charitable acts that reveal her very generous character. Barb seems almost embarrassed to talk about herself. In reality, her spirit of volunteerism is part of the fabric of her life along with her two children, Les and Brad.

Barb was born in Poland, Ohio (7 miles south of Youngstown) in 1954. She graduated from Poland Seminary High School in 1972. Shortly after high school she and her family moved to Marion. Years later Barb earned an Associates Degree in Accounting from Marion Technical College. With marriage and children she began a 43 year career in accounting with various companies ending her career with a job as transportation coordinator at Marion Senior Center from where she retired 3 years ago.

Barb has been bitten by the travel bug probably because as a kid her family traveled across America several times in their travel trailer. As an adult Barb has gone to Norway with her own kids to explore the land of their paternal grandma. She has traveled with her sister-in-law to Hawaii, Michigan and Florida and she took a Senior Center trip to Biltmore, North Carolina. Her favorite short trip is to Conneaut Lake, Pennsylvania. And, she also has gone to El Paso, Texas to visit her daughter.



Currently unmarried, volunteering continues to occupy much of Barb's time. In addition to her duties at the Senior Center where she volunteers in the kitchen and in the transportation office, she is a quilter of note making quilts for the Sandusky Veterans Home for almost 20 years. She also volunteers at the Marion Palace Theatre. She is also secretary for the Board of Trustees at First Presbyterian Church and serves as a Hand Bell Ringer. Additionally, Barb is active in P.E.O. a philanthropic educational organization that provides scholarships for women entering college or going back to college. Most obvious to all, donating her time in the service of others truly comes second nature to Barb.

SOCKS FOR SENIORS



Help us warm the hearts (and toes) of
Marion-area seniors this holiday.

From now through **December 31** the Marion Senior Center will be collecting new socks for seniors in our local nursing homes. Please bring your socks (*newly purchased only*) to the Center, and place them in the donation box located by the fireplace near the front entrance. You'll also be entered into a drawing for a Gift Card.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our popular fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 22.

Leaders: Emilee Evans & Lisa Richardson



Our Fitness Drumming classes keep you moving! Members can enjoy a fun, energized, aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.

Classes, Activities & Programs

'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** hosts a monthly art class on the **3rd Tuesday** each month at **1pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is "Christmas Ornament & Card".



Note: Participants must sign up by **Friday, November 17 at noon**.

LOOSE ENDS

When a knitter, crocheter or quilter dies mid-project, or is no longer able to do handwork due to disease or injury, they will likely leave behind unfinished items they were making for friends and family. These tangible, hand-made expressions of love could get lost, donated away, or thrown out.



Finishing Projects Loved Ones Left Behind.

The "Loose Ends" organization connects unfinished projects to volunteer finishers who complete and return the garments, blankets and accessories, to their intended recipients.

Need a Project Finished?

Visit "Loose Ends" online to find out if your project qualifies to be completed by a Loose Ends finisher. If it does, simply fill out the online form and they will match you with a volunteer who has the skills and time to get the job done.

Have Some Time to Give?

As a knitter, crocheter or quilter, you understand that a handmade gift is priceless. The materials and hours that go into making something for a loved one are a gesture of love. Your efforts will reconnect a bereaved individual with a garment or accessory that was begun for them by a loved one who's died mid-project. For more info: **LOOSEENDSPROJECT.ORG**

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Euchre

Euchre is played out front on **Thursdays** at **11:30 am**.

Everyone is welcome! *Leader:* Shirley Marshall

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyllis Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Kaki Anderson.

Men's Coffee Hour

Josh Rich of *CenterWell Home Health* and **Brandt Kleinschmidt** of *Humana* co-host a Men's Coffee Hour on the **third Tuesday** of each month from **9 - 10 am**. Any Senior Center men interested in fellowship — and 'solving all the world's problems' over a fresh hot cup of coffee — are welcome to join in the fun.

Please Note: Men's Coffee Hour is hosted offsite at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

New! “What Am I?” Trivia

Susan Snyder of Gentiva Hospice will be hosting a new “What am I?” Trivia activity on the **3rd Monday** of each month at **10:15 am** out front. Everyone will try to guess ‘who or what I am’ as Susan provides clues that describe a person, place or thing. There is no cost for this activity and refreshments will be provided!

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members are welcome and encouraged to meet weekday mornings for open play. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

Chair Yoga

Instructor **Lori Dennis** is hosting another session of classes on **Wednesday** mornings from **10:15 - 11am** in the **Multi-Purpose Room**. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. **Note: Chair Yoga class may possibly resume during the month of November, however, information was not available at press time. Call Lisa for details at 740-387-6100.**

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **3rd Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **2nd Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

White Elephant Bingo

Kylie Vetter from *Devoted Health* will be hosting ‘White Elephant Bingo’ on the **4th Tuesday** of each month at **10 am**. Everyone will bring in a new item, a “white elephant gift” as their entry fee. (Kylie will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won’t know what they are picking.

New! Trivia with DeWolfe Place & Capital City Hospice

Tammy Thorpe from *DeWolfe Place* will be hosting ‘Trivia with DeWolfe Place & Capital City Hospice’ on the **3rd Thursday** each month at **9am**. Donuts and coffee or juice will be provided. There is no cost for this activity.

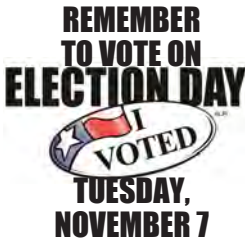
Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Recipe ‘Prepare & Share’

Recipe ‘Prepare & Share’ meets on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month’s theme will be “Tailgate Food”. So, bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

November 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
 <p>REMEMBER TO VOTE ON ELECTION DAY</p> <p>TUESDAY, NOVEMBER 7</p>	<p><i>Veterans Day Lunch & Celebration!</i></p>  <p>THANK YOU VETERANS!</p> <p>Friday, Nov. 10 - Noon</p>	<p>Open Pool Room 1 Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot</p>	<p>Open Pool Room 2 Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble</p>
<p>Open Pool Room 6 Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p>Open Pool Room 7 Open Fitness Room</p> <p>10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub</p>	<p>Open Pool Room 8 Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 2:00-Quarter Bingo</p>	<p>Open Pool Room 9 Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 11:30-Choir 12:00-Scrabble 12:30-Popcorn & Movie 'Champions'</p>
<p>Open Pool Room 13 Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p>Open Pool Room 14 Open Fitness Room</p> <p>10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Recipe 'Prepare & Share' 1:00-Rummikub</p>	<p>Open Pool Room 15 Open Fitness Room</p> <p>9:15-Fitness Drumming 10:30-'Tech Time' with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Kingston Bingo</p>	<p>12:00-Thanksgiving Dinner</p> <p><i>*Note: All regularly scheduled activities are cancelled today</i></p>
<p>Open Pool Room 20 Open Fitness Room</p> <p>9:15-Fitness Drumming 10:15-New! "What Am I?" Trivia 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinochle</p>	<p>Open Pool Room 21 Open Fitness Room</p> <p>9:00-Men's Coffee Hour (Offsite at Tim Horton's) 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 1:00-ETA with Kristin</p>	<p>Open Pool Room 22 Open Fitness Room</p> <p>9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot</p>	<p>23</p> 
<p>27</p> <p>Senior Center is Closed Today for Food Box Day & Deep Cleaning</p>	<p>Open Pool Room 28 Open Fitness Room</p> <p>10:00-White Elephant Bingo 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub</p>	<p>Open Pool Room 29 Open Fitness Room</p> <p>8:00-LaComedia Trip Departs 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 1:00-Jam Session*</p>	<p>Open Pool Room 30 Open Fitness Room</p> <p>9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time</p>

Birthdays & Anniversaries

FRIDAY

3

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:30-Tai Chi

10

Open Pool Room
Open Fitness Room

9:15-Fitness
Drumming



**12:00-Veterans Day
Celebration!**

12:30-Tai Chi

17

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:30-Tai Chi

24

**Senior Center is
Closed Today**

Thanksgiving Dinner



Thursday, Nov. 16 - Noon

November Birthdays

Shirley Tolley	Nov 03	Cheryl Lemley	Nov 14	Robin Banks	Nov 24
Linda Adkins	Nov 04	Carroll Neidhart	Nov 14	Kyong Starkey	Nov 25
Georgene Carroll	Nov 04	Virginia Murray	Nov 16	Cinda Callahan	Nov 26
Brenda Devine	Nov 05	B.L. Hammond	Nov 16	Mila Jones	Nov 27
Jay Murphy	Nov 06	DelRita Beene	Nov 18	Debra Berry	Nov 27
Jack Rankin	Nov 08	Carol Lauer	Nov 18	Ruth Lutz	Nov 28
Gina Rodriguez	Nov 09	Kenneth Ellwood	Nov 19	Debbie Carr	Nov 28
Doris Sneed-Rapp	Nov 10	John Moodie	Nov 20	Alice Bower	Nov 29
Robert DeVore	Nov 11	Cathy Skinner	Nov 20	Gary Murray	Nov 29
Margaret Snyder	Nov 11	Ted Elsey	Nov 20	Jim Detwiler	Nov 29
Shane Wallace	Nov 11	Donna Branham	Nov 22	Kimberly Freeman	Nov 29
Betty Kittinger	Nov 13	Sandy Hall	Nov 22	Clara Bolander	Nov 30
Penny Schurch	Nov 13	Sue Miley	Nov 24	Fred Saull	Nov 30

November Anniversaries

Ken & Shirley Anderson	11/2/1958
Myron & Betty Brown	11/23/1966
Richard & Cindy Buck	11/24/1984
Jim & Brenda Devine	11/8/1975
Kenneth & Carolyn Ellwood	11/8/1969
John & Carolyn Heimlich	11/3/1996
Frank & Linda Jorgensen	11/24/2007
Dennis & Elizabeth Monnette	11/2/1976
Harry & Elaine Uber	11/20/1964
Jerry & Marietta Wood	11/23/1962

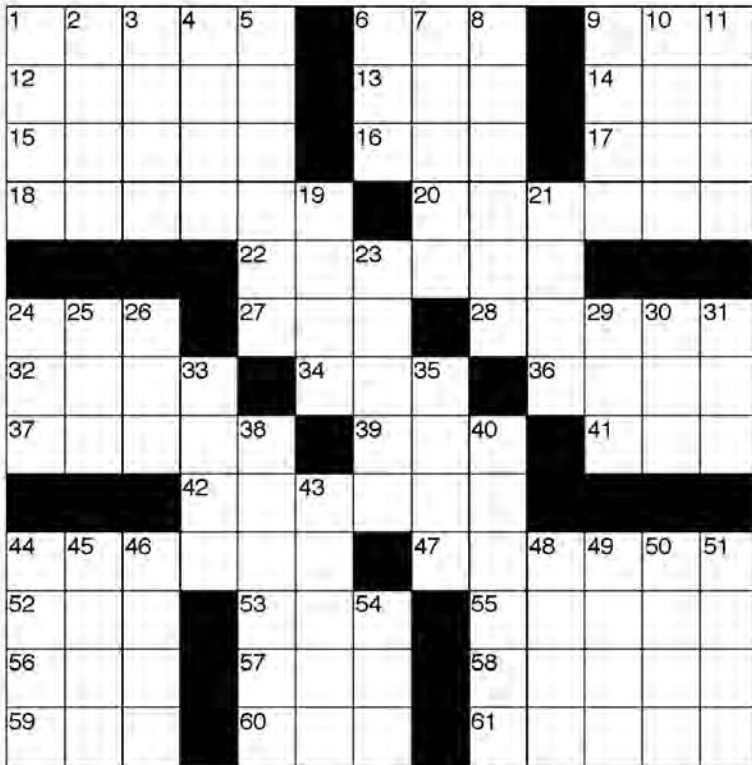
New Members

We welcome the following New Members that have recently joined:

Mary Reilly	Carole Agler
Tom Veit	Kenny Rider
Cheryl DeMatteo	Tim Liles
Raymond & Robin Banks	Phyllis Murphy
Paul & Christi Banks	Ted Parish
Tom & Terry Robbins	Lydia Frey
Tracey Watson	Terry Tackett

CROSSWORD PUZZLE

Answers on Page 13



©2021 Satori Publishing

A63

ACROSS

- 1 First wife of Jason
6 Here (Fr.)
9 Hebrew letter
12 Goodbye (Sp.)
13 Cash on delivery (abbr.)
14 Wine cup
15 Convex molding
16 Simian
17 S.A. sloths
18 Vomiting
20 Fifteenth-century helmet
22 Fr. detective force
24 Outer (pref.)
27 Cyprinoid fish
28 Dropsy
32 Meat
34 Apart (pref.)
36 Irish exclamation
37 Stinging ant
39 Bow
41 Compass direction

- 42 Verdi opera
44 Nearsighted
47 Gait
52 Amateur
53 Videocassette recorder (abbr.)
55 Vacuum tube
56 Than (Ger.)
57 Age
58 Avid
59 Encountered
60 Spread to dry
61 Irish poet

DOWN

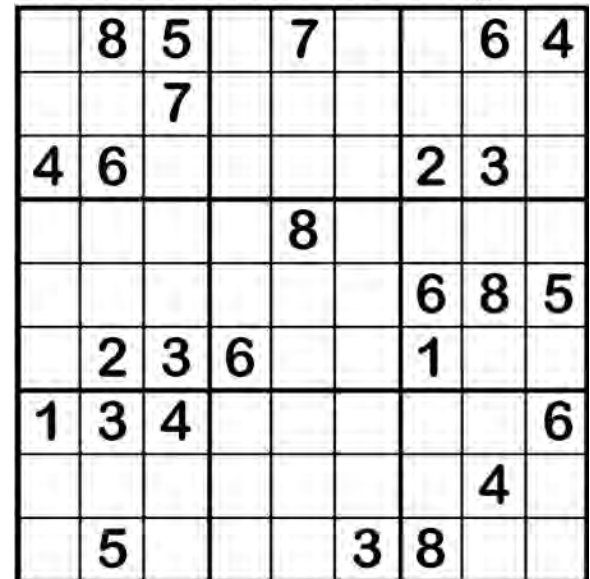
- 1 Associate
2 Idumaea
3 Grave
4 Adjective-forming (suf.)
5 Birthplace of St. Francis
6 Amazon tributary
7 Thicket
8 Form thoughts
9 Afrikaans
10 Female friend (Fr.)
11 Huge
19 Floating masses of weeds
21 Maiden loved by Zeus
23 Queen (Sp.)
24 Wapiti
25 Sheep disease
26 Poetic contraction

- 29 Gelderland city
30 But (Sp.)
31 "Fables in Slang" author
33 Turnip (Scot.)
35 Hymn
38 Flowering shrub
40 Tiara
43 Mother-of-pearl
44 Madam
45 Rockies peak
46 Baking chamber
48 River into the Yellow Sea
49 Business symbol
50 Polish border river
51 Father (Fr.)
54 Energy unit

Answers on Page 13

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



©2021 Satori Publishing

DIFFICULTY: ★☆☆☆☆

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "G" = "D"

"YBKL BP R ZUCSO WVUWUPBZBUE,
REG ZOL KBVPZ OCEGLV G NLRVP
RVL ZOL ORVGLPZ."
- HBYPUE IBTEL V

©2020 Satori Publishing

E081

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "O" = "M"

"YDIQZX PMMZ BJJT QA ZJ
AYDOM, PWH PMQZX DAYDOMR
JK QH, QA."
- PMZFDOQZ KTDZCGQZ

©2020 Satori Publishing

E082



Veterans Day Celebration

Friday, November 10 at Noon

Please join us in honoring our local Veterans for their patriotism and sacrifice during our **Veterans Day Celebration** hosted on **Friday, November 10 at Noon**.



All veterans will receive a complimentary lunch along with a special memento of the occasion. Lunch will feature beef & noodles, mashed potatoes and apple pie.

Our keynote speaker is LTC David J. Larcomb (retired), U.S. Army (see bio below).



A special presentation individually recognizing and honoring each veteran in attendance will conclude the event.

Non-veterans are encouraged and welcomed to join us. No tickets will be sold in advance. **However, please RSVP by calling Lisa at 740-387-6100 or in-person at the Center by Monday, November 6.** Any non-veteran guests attending will pay **\$4 per person**

LTC David J. Larcomb (retired) served in the U.S. Army for 28 years flying over 7,000 hours in a total of eleven different fixed-wing and helicopter aircraft throughout his military career. He served two tours of duty in Vietnam in 1965-66 and again in 1969-70. During his time in Vietnam, LTC Larcomb was promoted from Executive Officer to Commander of 170th Aviation Company, B Troop 2/17 and 6th U.S. Army Flight Detachment Commander and flew over 1,500 hours of combat time mostly within the A Shau Valley.

LTC Larcomb received numerous decorations and awards including the Legion of Merit, 4 Distinguished Flying Crosses, 2 Bronze Stars, 47 Air Medals and a Joint Service Commendation. LTC Larcomb was inducted into the Ohio Military Hall of Fame in 2006 in recognition of his substantial service and heroism as particularly noted in his Distinguished Flying Cross citation from January 18, 1970.

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **Veterans Day Celebration** - Friday, November 10
- **Thanksgiving Dinner** - Thursday, November 16
- **Christmas Dinner** - Thursday, December 21

Choir Practice

Director **Ednita Vaflo** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. *Seniors in Song* will be performing at our Christmas Dinner on Thursday, December 21.

Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, we welcome you to join the choir.



◀◀ Popcorn & Movie ▶▶

Thursday, November 9 - 12:30 pm

'Champions'

Comedy Starring Woody Harrelson

A former minor-league basketball coach (Woody Harrelson) is ordered by the court to manage a team of players with intellectual disabilities. He soon realizes that despite his doubts, together, this team can go further than they ever imagined.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double or single occupancy.*

LaComedia Dinner Theatre: 'Miracle on 34th Street'

November 29, 2023

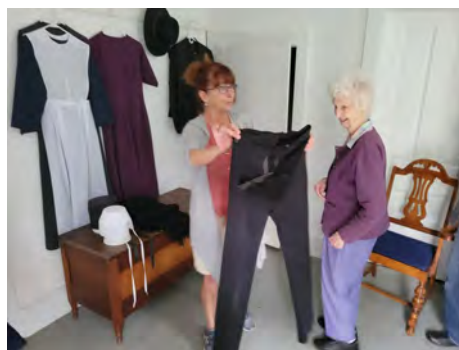
Sit back and relax as we travel to the LaComedia Dinner Theatre in Springboro, OH for their production of 'Miracle on 34th Street'. The touching story of a young girl and her mother first denying and then discovering that Macy's Santa is the real Santa Claus. We will enjoy a great dinner and a wonderful show! Cost of trip is \$124. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Overnight Trip Oglebay/Wheeling Downs December 6 & 7, 2023

We will begin our trip through Ohio to Wheeling, West Virginia for our visit to Wheeling. We will visit Oglebay Park for the Festival of Lights, the Mansion Tour, the Glass Museum and the Good Zoo. We'll enjoy a dinner show before getting a good night's rest. We will spend some time at Wheeling Downs Casino before returning home. Cost of trip is \$309 double; \$369 single.* **Final day to sign up is Monday, November 6. Reserve your spot NOW with a non-refundable \$20 deposit.**

Trip Advisory Council 2024 Trip Planning to Begin Soon

The Trip Advisory Council will meet this month to discuss Center-sponsored trips for next year. Details are currently being gathered and tentative dates are being explored for a follow-up meeting in late November to finalize options. Once finalized, the information will be included in our **2024 Trip Brochure** and mailed to all members in early January!



Beautiful day for our Amish Country Trip on October 5. Tours of an Amish home, buggy rides, shopping in Walnut Creek, Coblentz chocolates, and a delicious meal from Der Dutchman to complete the trip.



CROSSWORD PUZZLE ANSWERS (Pg. 10)

M	E	D	E	A		I	C	I		T	A	V		
A	D	I	O	S		C	O	D		A	M	A		
T	O	R	U	S		A	P	E		A	I	S		
E	M	E	S	I	S		S	A	L	L	E	T		
					S	U	R	E	T	E				
E	C	T			I	D	E		E	D	E	M	A	
L	O	I	N		D	I	S		A	D	A	D		
K	E	L	E	P		N	O	D		E	S	E		
					E	R	N	A	N	I				
M	Y	O	P	I	A			G	A	L	L	O	P	
A	A	A			V	C	R			D	I	O	D	E
A	L	S			E	R	A			E	A	G	E	R
M	E	T			T	E	D			M	O	O	R	E

SUDOKU ANSWERS (Pg. 10)

3	8	5	2	7	1	9	6	4
2	9	7	4	3	6	5	1	8
4	6	1	5	9	8	2	3	7
5	1	6	9	8	7	4	2	3
7	4	9	3	1	2	6	8	5
8	2	3	6	5	4	1	7	9
1	3	4	8	2	9	7	5	6
9	7	8	1	6	5	3	4	2
6	5	2	7	4	3	8	9	1

ENIGMA Cryptogram Answers (pg. 10)

E081: "Life is a tough proposition, and the first hundred years are the hardest." - Wilson Mizner

E082: "Having been poor is no shame, but being ashamed of it, is." - Benjamin Franklin

Life at the Center



We had 100 fans on hand for our 'Buckeye Tailgate Party' last month! Great food. Great Friends. Plus plenty of enthusiastic "O-H... I-O!"

**Photos courtesy of Virginia Earl*

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Steve Larcomb

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.