

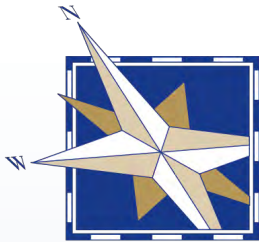
Volume 40 • Issue 10

The Sentinel

October 2023



Sponsored By Kingston Residence of Marion & Humana



2375 HARDING HWY. EAST
MARION, OHIO 43302

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS

Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Brain Games	10
Movie/Upcoming Events	11
Life at the Center	12
Trips on the Horizon	14
Ads	15
Directory	Back

We Need Volunteers!

If you can volunteer a couple hours per week we will gratefully find a way to get you involved!

Buckeye Tailgate Party!



Friday, October 20 at noon.

Calling all BUCKEYE FANS! You are invited to the Senior Center's 'Buckeye Tailgate Party' on **Friday, October 20 at Noon**. Even though this event will be hosted indoors, we'll have all the great food and activities you'd expect from a traditional tailgate party!

Our "tailgate munchies" include an all-beef hot dog fresh off the grill, baked beans, chips, Buckeye brownie, and a beverage.



Festivities will include tailgate favorites... So you'll have a chance to demonstrate your skill (or luck) and win prizes. Plus, there will be lots of fabulous Ohio State Buckeyes door prizes... we will even have a 50/50 drawing for cold hard cash!

Plus, an opportunity to meet OSU's biggest fan, BUCK I GUY... and have your photo taken with him, as well. John Chubb, aka BUCK I GUY, has been a lifelong fan since his first game in 1977. Since then, BUCK I GUY has been to many games, cheering and bringing fans together as they root for their favorite scarlet and gray team, The Ohio State Buckeyes.



So, be sure to get your scarlet and grey on for the day (...it's sure to get you pumped to watch the OSU vs. Penn State game at home the next day)! Tickets can be purchased now through Monday, October 16. Cost is **\$10 Members/\$12 Non-members**. GO BUCKS!

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the **third Wednesday** each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Come Get the Scoop on Medicare

Join **Carla Poston** from **ProCore Health Brokers** on **Monday, September 16** at **12:15 pm** as she discusses the upcoming changes to Medicare in 2024. Of course, you can't Get the Scoop on Medicare without a scoop of ice cream!



FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month** from **9 am to 11 am** (while supplies last) at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our transportation coordinator and van drivers who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Maddy** or **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Center Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Life at the Center

Welcome, Steve Larcomb!

Steve Larcomb joined the Marion Senior Center staff at the end of August as the new Development Assistant. He is a retired educator. Seeking to continue serving others, he embarked on this newest chapter in his life.

He is a Desert Storm veteran serving in the U.S. Air Force and Ohio Air National Guard. He worked his way from the enlisted ranks during his college years to officer status post college graduation. He has over 3,300 flight hours as a C-130 Hercules Aircraft Commander and Co-pilot with concurrent stints in Command and Control over nearly 13 years of service. He has visited all 50 U.S. states, 7 Canadian provinces and 42 other countries between family travel and his military service..

Steve has a Master's degree in Education and a Bachelor's degree in Journalism from The Ohio State University. He served public school students and their communities for 26 years including 20 years as Superintendent in several districts before retiring in June. He is a graduate of Elgin High School and has been part of the Marion community for nearly six decades.

Steve married Sandi (Harris) Larcomb 34 years ago. Whether at home or traveling, they have been on one grand adventure after another ever since. They have six children and five grandchildren with a sixth grandchild expected early this month. Steve says with a big smile,



Meet Steve Larcomb, newest member of our Center team.

"They have been amongst the biggest blessings of my life while simultaneously turning my hair gray." He has a farm in western Marion County. He enjoys baling hay and raising sheep along with a few chickens.

Grateful to have been warmly welcomed to the Marion Senior Center, Steve is excited to continue the legacy of serving our members. He's been impressed with the many events happening throughout every month. Please feel free to stop by the office anytime and introduce yourself to our newest teammate!



Special thanks to board members Janie Moore, Barb Klee, and Rhodella Metz for preparing the delicious chili and apple crisp from scratch for our 'Chili Autumn' event.



'Exploring the Arts' participants created some beautiful string bowls as their September project.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Come play America's fastest growing sport... pickleball! Our outdoor pickleball courts are state-of-the-art and free to members. We also have paddles and pickleballs available for members to use. No experience is necessary. Groups usually gather on weekday mornings to play.



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including a treadmill, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our popular fitness drumming program for seniors is hosted in the Multipurpose Room on Monday, Wednesday, and Friday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 22.

Leaders: Emilee Evans & Lisa Richardson



Our Fitness Drumming classes keep you moving! Members can enjoy a fun, energized, aerobic workout three days a week. Plus, members are welcome to participate seated in a chair, if they would prefer.

Classes, Activities & Programs

'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** hosts a monthly art class on the **3rd Tuesday** each month at **1pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is "Heart Coffee Cups".

Note:
Participants must sign up by **Friday, October 13** at **noon**.



LOOSE ENDS

When a knitter, crocheter or quilter dies mid-project, or is no longer able to do handwork due to disease or injury, they will likely leave behind unfinished items they were making for friends and family. These tangible, hand-made expressions of love could get lost, donated away, or thrown out.



Finishing Projects Loved Ones Left Behind.

The "Loose Ends" organization connects unfinished projects to volunteer finishers who complete and return the garments, blankets and accessories, to their intended recipients.

Need a Project Finished?

Visit "Loose Ends" online to find out if your project qualifies to be completed by a Loose Ends finisher. If it does, simply fill out the online form and they will match you with a volunteer who has the skills and time to get the job done.

Have Some Time to Give?

As a knitter, crocheter or quilter, you understand that a handmade gift is priceless. The materials and hours that go into making something for a loved one are a gesture of love. Your efforts will reconnect a bereaved individual with a garment or accessory that was begun for them by a loved one who's died mid-project. For more info: **LOOSEENDSPROJECT.ORG**

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Euchre

Euchre is played out front on **Thursdays** at **11:30 am**.

Everyone is welcome! *Leader:* Shirley Marshall

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyllis Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Kaki Anderson.

Men's Coffee Hour

Josh Rich of *CenterWell Home Health* and **Brandt Kleinschmidt** of *Humana* co-host a Men's Coffee Hour on the **third Tuesday** of each month from **9 - 10 am**. Any Senior Center men interested in fellowship — and 'solving all the world's problems' over a fresh hot cup of coffee — are welcome to join in the fun.

Please Note: Men's Coffee Hour is hosted offsite at **Tim Hortons** located at 1325 Mt. Vernon Avenue in Marion.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

New! “What Am I?” Trivia

Susan Snyder of Gentiva Hospice will be hosting a new “What am I?” Trivia activity on the **3rd Monday** of each month at **10:15 am** out front. Everyone will try to guess ‘who or what I am’ as Susan provides clues that describe a person, place or thing. There is no cost for this activity and refreshments will be provided!

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members are welcome and encouraged to meet weekday mornings for open play. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

Chair Yoga

Instructor **Lori Dennis** is hosting another session of classes on **Wednesday** mornings from **10:15 - 11am** in the **Multi-Purpose Room**. There is no cost for this session which will be hosted throughout the month of September. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. **Note: Chair Yoga class will be taking a break during the month of October.**

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **3rd Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **2nd Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

New! White Elephant Bingo

Kylie Vetter from *Devoted Health* will be hosting ‘White Elephant Bingo’ on the **4th Tuesday** of each month at **10 am**. Everyone will bring in a new item, a “white elephant gift” as their entry fee. (Kylie will also have extra prizes in case). All prizes will be wrapped in tissue paper so when they Bingo, they won’t know what they are picking.

New! Trivia with DeWolfe Place & Capital City Hospice

Tammy Thorpe from *DeWolfe Place* will be hosting ‘Trivia with DeWolfe Place & Capital City Hospice’ on the **3rd Thursday** each month at **9am**. Donuts and coffee or juice will be provided. There is no cost for this activity.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Recipe ‘Prepare & Share’

Recipe ‘Prepare & Share’ meets on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month’s theme will be “Halloween Treats”. So, bring your favorite prepared dish along with copies of your recipes. This group meets out front by the kitchen. *Leader:* Kathy Hampel

October 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	3 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub	4 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot	5 Open Pool Room Open Fitness Room 7:30-Amish Country Trip Departs 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 12:00-Scrabble
Senior Center is Closed Today in Observance of 9  COLUMBUS DAY	10 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Recipe 'Prepare & Share' 1:00-Rummikub	11 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 2:00-Quarter Bingo	12 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 11:30-Euchre 11:30-Choir 12:00-Scrabble 12:30-Popcorn & Movie <i>'The Lost City'</i>
16 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:15-New! "What Am I?" Trivia 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinocle 12:15-Get the Scoop on Medicare	17 Open Pool Room Open Fitness Room 9:00-Men's Coffee Hour (Offsite at Tim Horton's) 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 1:00-ETA with Kristin	18 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:30-'Tech Time' with Angela 11:00-Congregate Dining/Lunch & Fashion Show! 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Kingston Bingo	19 Open Pool Room Open Fitness Room 9:00-Hand & Foot 9:00-New! Trivia with DeWolfe Place & Capital City Hospice 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 11:30-Euchre 12:00-Scrabble
23 Senior Center is Closed Today for Food Box Day & Deep Cleaning	24 Open Pool Room Open Fitness Room 10:00-New! White Elephant Bingo 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub	25 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 1:00-Jam Session*	26 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 11:30-Euchre 12:00-Scrabble 12:30-Open Craft Time
30 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	31 Open Pool Room Open Fitness Room 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub	Food, Fun & Fashion!  FASHION SHOW Please RSVP to Congregate Dining Center Coordinator Toni Hurd at (740) 360-7863 Wednesday, Oct. 18 - 11am	Meet 'Buck-I -Guy'! Buckeye Tailgate Bash!  Friday, Oct. 20 - Noon

Birthdays & Anniversaries

FRIDAY

6

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:30-Tai Chi

13

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:30-Tai Chi

20

**12:00-Buckeye
Tailgate Bash!**

*Note: All regularly scheduled
activities are cancelled today

27

Open Pool Room
Open Fitness Room

9:15-Fitness Drumming
11:00-Congregate Dining/Lunch
12:30-Tai Chi

Veterans Day Celebration!



Friday, Nov. 10 - Noon

October Birthdays

Jeanette White	Oct 01	Shirley Anderson	Oct 13	Patricia Baldinger	Oct 22
Rosemary Curren	Oct 04	Kathy Schertzer	Oct 13	Beatrice Okray	Oct 22
Mary Ellen Dune	Oct 04	Jeanette Fisher	Oct 14	Lewis Smith	Oct 22
Lynn Slemmons	Oct 04	Pat Gattshall	Oct 15	Yolly De Los Reyes	Oct 25
Lee Dixon	Oct 04	Bill Schurch	Oct 15	Gary VanBuskirk	Oct 25
Carole Firstenberger	Oct 04	Thomas Utley	Oct 16	Marcia Weir	Oct 26
Jan Blevins	Oct 06	Mary Geissler	Oct 18	Edward Kimmey	Oct 26
Emilee Evans	Oct 09	Shirley Marshall	Oct 18	Bethany Carpenter	Oct 27
Rudy Schneider	Oct 10	JoAnn Zimmerman	Oct 18	Virginia Yarger	Oct 28
Jerry Wood	Oct 10	Peggy Rowland	Oct 19	Luana Mathew	Oct 28
Becky Yannitell	Oct 10	Dianna Fry	Oct 20	Theresa Kauble	Oct 28
Debbie Gwinner	Oct 10	Richard Gorenflo	Oct 20	Mary Trimmer	Oct 29
Mike Hampel	Oct 11	Janis Hanshaw	Oct 20	Sandy Amrine	Oct 29
Mary Gross	Oct 12	Marlene Renick	Oct 21	Ron Fleming	Oct 30
Marie Bentley-Redmon	Oct 12	Randy Taylor	Oct 21		

October Anniversaries

Larry & Pam Gandee	10/1/1967	56 years
Ned & Susan Geckle	10/19/1968	55 years
David & Debbie Gwinner	10/23/1975	48 years
Louis & Betty Hughes	10/5/1946	77 years
Steve & Sue Schuler	10/18/1980	43 years
Lynn & Connie Thomas	10/19/1979	44 years
Gerald & Pebble Wyant	10/11/1975	48 years

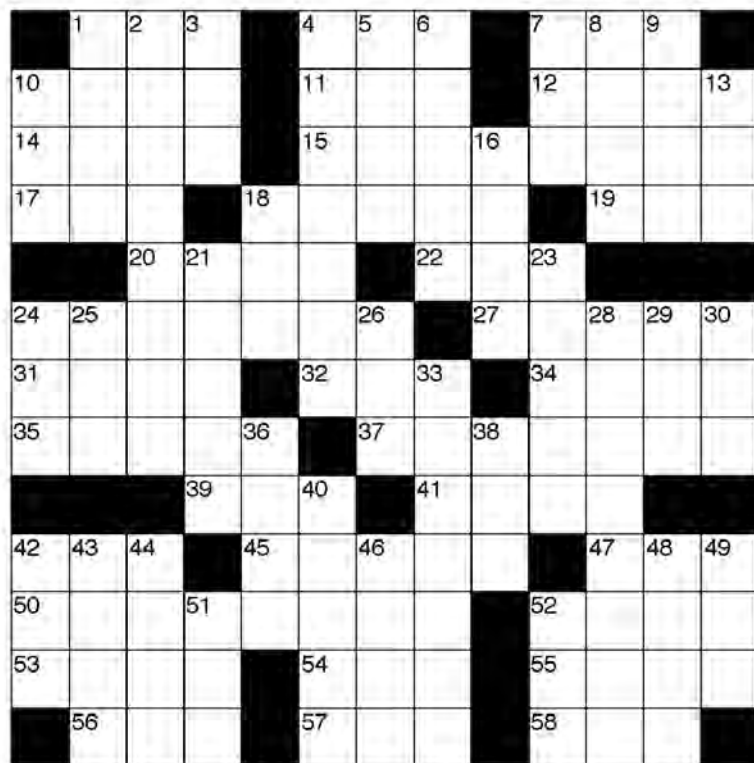
New Members

We welcome the following New Members that have recently joined:

Ethel Wheeler	Donna DeWitt
Jan Johnson	Tom Pierce
Marke Lyon	Janet McCrery
Denise Lyon	Canace Longacre
Denise Iams	Judy Endsley
Gary Iams	Linda Ransbottom
Sandra Larcomb	Scott Ransbottom
Regina McQuillen	

CROSSWORD PUZZLE

Answers on Page 13



©2021 Satori Publishing

A62

ACROSS

- 1 Compass direction
- 4 Caviar
- 7 To be announced (abbr.)
- 10 Other (Sp.)
- 11 Yale student
- 12 Heat
- 14 Charged lepton
- 15 Apt
- 17 Aid to Dependent Children (abbr.)
- 18 Flexible wood
- 19 Noun-forming (suf.)
- 20 Ironwood
- 22 Nose (pref.)
- 24 Fort
- 27 19th century rifle bullet
- 31 Blue (Fr.)
- 32 Stool pigeon
- 34 Estrade
- 35 Showy flower

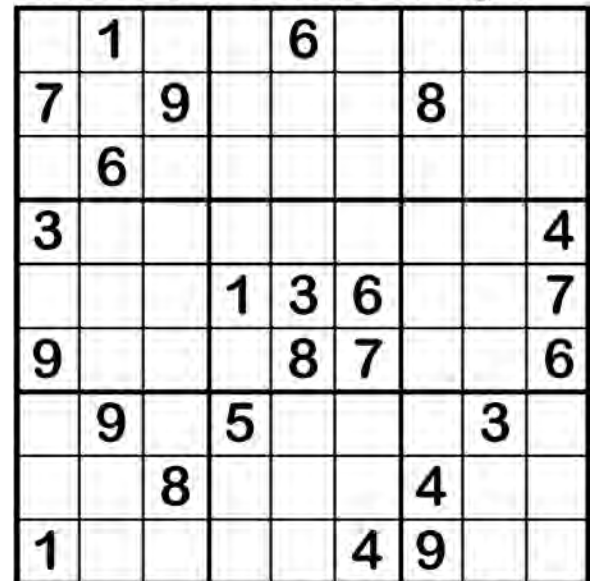
- 37 Therm
- 39 Crab-eating macaque
- 41 Wool (Lat.)
- 42 Dead on arrival (abbr.)
- 45 Aloe derivative
- 47 Possesses
- 50 Slub (2 words)
- 52 False friend
- 53 Half a ticket
- 54 Indo-Chin. language
- 55 Trolley
- 56 This one (Lat.)
- 57 Finesse
- 58 Trouble

DOWN

- 1 Detachable button
- 2 Upholstery fabric
- 3 Eternity
- 4 Roe (2 words)
- 5 Strong-scented
- 6 Iron (Ger.)
- 7 Brace
- 8 Low
- 9 Son of Zeus
- 10 Tumor (suf.)
- 13 Physicians, for short
- 16 Carriage
- 18 Old times
- 21 Seal with oakum
- 23 Ancient Syrian port
- 24 Can. Broadcasting Corp. (abbr.)
- 25 Bantu language
- 26 Shellac
- 28 4th incarnation of Vishnu
- 29 3 (Rom. numeral)
- 30 Compass direction
- 33 Palm
- 36 Russ. inland sea
- 38 Swed. county
- 40 Bastard wing
- 42 Abnormal (pref.)
- 43 Pledge
- 44 Aoudad
- 46 Mosque in Jerusalem
- 48 Bedouin headband cord
- 49 Benedictine title
- 51 Television channel
- 52 Thus (Lat.)

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



©2021 Satori Publishing

DIFFICULTY: ★★★★★

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "H" = "N"

"HKJDEHA EG GK QOTT KQ
PEWJKSR MG LMJECHWC."
- WDEHCGC LSKPCSZ

©2020 Satori Publishing

E079

ENIGMA™ CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.
Hint: "T" = "S"

"OR DNUFBS NI IMES FLMF NI
ORF SOFLBINMIFNX."
- INU C. U. ISSYSJ

©2020 Satori Publishing

E080

Answers on Page 13



Veterans Day Celebration

Friday, November 10 at Noon

Please join us in honoring our local Veterans for their patriotism and sacrifice during our **Veterans Day Celebration** hosted on **Friday, November 10 at Noon**.



All veterans will receive a complimentary lunch along with a special memento of the occasion. Lunch will feature beef & noodles, mashed potatoes and apple pie. A special presentation individually recognizing and honoring each veteran in attendance will conclude the event.

Non-veterans are encouraged and welcomed to join us. No tickets will be sold in advance. **However, please RSVP by calling Lisa at 740-387-6100 or in-person at the Center by Monday, November 6.** Any non-veteran guests attending will pay **\$4 per person for lunch (FREE for all Veterans)** as they come through the lunch line.



Food, Fun & Fashion!

Join us on **Wednesday, October 18 at 11 am** in the **Congregate Dining Center** for lunch and a fun fashion show! With the runway featuring members and guests as the stars of the show! **Participants are encouraged to wear their favorite fancy outfits and walk the runway in style that day.**

Lunch will be available for a suggested donation of \$1.50 for anyone age 60+ that completes a congregate meal registration form. **Please RSVP to Dining Center Coordinator Toni Hurd in-person, or by calling her at (740) 360-7863** so we can order the right amount of meals for this fun day.

Mark Your Calendar!

We are busy planning many big social events for the coming months! Please mark the following dates on your social calendar so you won't miss out on the fun:

- **OSU Tailgate Party** - Friday, October 20
- **Veterans Day Celebration** - Friday, November 10
- **Thanksgiving Dinner** - Thursday, November 16
- **Christmas Dinner** - Thursday, December 21

Choir Practice Has Resumed!

Director **Ednita Vaflo** and our choir '*Seniors in Song*' practice from September through May on **Thursday mornings at 11:30 am** in the *Multipurpose Room*. Practice has now resumed for the season.

Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, we welcome you to join the choir.



◀◀ Popcorn & Movie ▶▶

Thursday, October 12 - 12:30 pm

'The Lost City'

Comedy Starring Sandra Bullock

After being kidnapped by a villainous treasure hunter, a successful romance novelist (Sandra Bullock) is forced to team up with her cover model (Channing Tatum) as they are swept into a cutthroat jungle adventure that proves stranger than fiction.



Trips on the Horizon

**One night's Lodging on Overnight Trips per person cost is based on double or single occupancy.*

Amish Country Day Trip *October 5, 2023*

We will depart the Senior Center parking lot at **7:30 am** and travel via Pioneer motorcoach to Amish Country in Holmes County on **Thursday, October 5**. We are hopeful this will be during the peak season of vibrant fall foliage. Our first stop is Yoder's Amish Home to tour an Amish home, barn and schoolhouse. For those looking for a little adventure, buggy rides will be available. There is also a bakery and gift shop on site. We will then travel to Walnut Creek Cheese for shopping & lunch (on your own). Next, we'll depart for Baltic Mill Winery where there will be wines available to sample or purchase. Our next stop is Walnut Creek, OH to visit Coblenz Chocolates, which includes allowing leisurely shopping time for the downtown Gift Shops, or just sitting back, relaxing and taking in the beautiful views of the countryside. We'll end our visit with a delicious Amish-style meal at Der Dutchman before returning to the Center around 8:15 pm. Cost of trip is \$139 per person, which includes motorcoach transportation, Amish Home tour, and dinner at Der Dutchman. Trip limited to 35 participants. **Reserve your spot NOW with a non-refundable \$20 deposit.**

LaComedia Dinner Theatre: **'Miracle on 34th Street'** *November 29, 2023*

Sit back and relax as we travel to the LaComedia Dinner Theatre in Springboro, OH for their production of 'Miracle on 34th Street'. The touching story of a young girl and her mother first denying and then discovering that Macy's Santa is the real Santa Claus. We will enjoy a great dinner and a wonderful show! Cost of trip is \$124. **Reserve your spot NOW with a non-refundable \$20 deposit.**

Overnight Trip **Oglebay/Wheeling Downs** *December 6 & 7, 2023*

We will begin our trip through Ohio to Wheeling, West Virginia for our visit to Wheeling. We will visit Oglebay Park for the Festival of Lights, the Mansion Tour, the Glass Museum and the Good Zoo. We'll enjoy a dinner show before getting a good night's rest. We will spend some time at Wheeling Downs Casino before returning home. Cost of trip is \$309 double; \$369 single.* **Reserve your spot NOW with a non-refundable \$20 deposit.**



Our day trip to the Glass Rooster Cannery in Sunbury last month was so much fun! Members first enjoyed a delicious farm-to-table meal. Then, after spending time exploring the beautiful and unique farmstead, everyone took part in a hands-on soap making class and custom made two bars of soap using their favorite fragrances.

CROSSWORD PUZZLE ANSWERS (Pg. 10)

	S	B	E		R	O	E		T	B	A	
O	T	R	O		E	L	I		W	A	R	M
M	U	O	N		D	I	S	P	O	S	E	D
A	D	C		E	D	D	E	R		E	S	S
	A	C	L	E		N	A	S				
C	I	T	A	D	E	L		M	I	N	I	E
B	L	E	U		R	A	T		D	A	I	S
C	A	L	L	A		C	A	L	O	R	I	E
			K	R	A		L	A	N	A		
D	O	A		A	L	O	I	N		H	A	D
Y	A	R	N	L	U	M	P		I	A	G	O
S	T	U	B		L	A	O		T	R	A	M
	H	I	C		A	R	T		A	I	L	

ENIGMA Cryptogram Answers (pg. 10)

E079: "Nothing is so full of victory as patience." - Chinese proverb

E080: "No virtue is safe that is not enthusiastic." - Sir J. R. Seeley

SUDOKU ANSWERS (Pg. 10)

5	1	2	8	6	9	7	4	3
7	4	9	3	5	2	8	6	1
8	6	3	7	4	1	2	5	9
3	7	6	2	9	5	1	8	4
2	8	4	1	3	6	5	9	7
9	5	1	4	8	7	3	2	6
4	9	7	5	1	8	6	3	2
6	2	8	9	7	3	4	1	5
1	3	5	6	2	4	9	7	8

Life at the Center



Recent fun trips included visiting the beautifully restored historic Owens Opera House (above) and a Columbus Clippers 'Dime-a-Dog Night' baseball game (right).

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

NON-PROFIT
U.S. Postage
PAID
Marion, OH
Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Steve Larcomb

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.