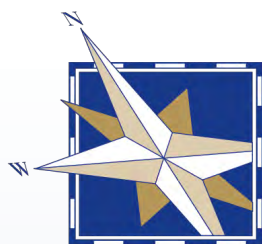


The Sentinel

February 2023



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
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2023 Membership Dues

Members can either mail a check or wait until the Center reopens to pay your dues.

‘The Perfect Storm’

Merriam-Webster defines ‘perfect storm’ as a critical or disastrous situation created by a powerful concurrence of factors. That’s the best way to describe what happened to the Senior Center over the Christmas holiday weekend.

It began on Friday, December 23 with a December winter storm — which brought heavy winds, ice and snow, and sub-zero wind chill — that forced Marion County into a Level 3 Snow Emergency meaning all roads were closed to non-emergency personnel. The Level 3 was lifted as Christmas Day arrived on Sunday, with everyone spending the day with family. It was only when one of our senior transportation drivers arrived to transport dialysis patients on Monday that we discovered the power was out in the bus garage, as well as in the main building. A call to the Ohio Edison Power Outage Hotline indicated we were without electricity due to “damaged equipment”. It was restored later that day, but the damage was already done.

I returned from being out of town that evening and drove directly to the Senior Center only to discover many frozen and busted water pipes and the thermostat in the office hallway reading 34° (opening all the internal doors throughout the building brought the temperature up to 54° by morning).

We have a couple heroes to thank as Dave Roush, Roush Plumbing & Heating, met me at the Center round 9:30 pm that night to assess damage and turn off the water main along with some frozen supply lines of the boiler to avoid further damage when things began to thaw. A technician from S.A. Comunale arrived later around 11 pm to turn off the water main of the fire suppression system and communicate the circumstances to the fire department. This was after both of these individuals had been working non-stop all day long helping others in our community facing similar circumstances.

Closed since, we have made many necessary repairs and plan to reopen as soon as possible. It’s been a total team effort. (The photo at top shows Parks Department staff repairing ceiling damage in the pool room, for example.) And building repairs were going really well until we ran into a major snag with repair work on the fire suppression system.

Due to complications with the fire suppression system, we are still unable to have members back in the building. Rest assured, we are working as swiftly and efficiently as possible to get the system back in operation. However, we don’t have a firm reopening date to announce at press time.

We know our members miss being here -- and we miss seeing you -- but at this moment your safety remains our top priority. We apologize for the inconvenience and thank you for your patience and understanding. ~ Steve

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Membership Dues

Just a friendly reminder that your 2023 Senior Center membership dues were due **January 1, 2023**. We are happy to announce dues will not increase this year. Annual membership is still **\$30** per person.

TECH TIME with Angela Thomas

Need help using your Smartphone or Tablet? **Angela Thomas** from **Belton** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on the third Wednesday each month from **10:30 am - 12:30 pm**. Coffee and snacks will be provided.



FREE PRODUCE MARKETS

Marion City Schools is once again collaborating with **Mid-Ohio Food Collective** to offer **Free Produce** to income eligible families in the Marion area. An ID is required with a limit of two family pick-up per adult. The food will be distributed on the **fourth Wednesday every month** from **9 am to 11 am** (while supplies last) at **The Marion County Fairgrounds Main Entrance** parking lot located at 220 East Fairground Street. This distribution is **drive-thru only**.



NEIGHBORHOOD SUPPER DRIVE-THRU DINNER

St. Paul's Lutheran Church, 135 W. Main Street in Waldo is continuing their Neighborhood Supper Drive-Thru Dinner program. It will be hosted on the **4th Tuesday** each month from **4:30 pm - 6 pm**. Pick up a warm meal, in a container, and take it home **FREE** of charge. They ask that you pull up to the door facing the parking lot and the meal will be delivered to your car. Everyone is welcome! Call **740-726-2770** for more information.



Transportation
740-387-5444

Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives

Mondays at 11 am

Box Lunch Bingo!

Join us for “**Box Lunch Bingo**” every **Monday** here at the Center. First you’ll enjoy a delicious deli-style meal served at **11 am**, featuring menu items like chicken wraps, roast beef sandwiches, etc. prepared by the culinary staff at **LifeCare Alliance**. There is a suggested contribution of a \$1.50 per meal.

Following lunch **Carla Poston** of **ProCore Health Brokers** will be calling Bingo and awarding nice prizes. Everyone is welcome!



Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Volunteer of the Month

MEET BARBARA SCHWARTZ

By Tim Frericks

Our volunteer of the month, Barbara Schwartz, is a noteworthy recipient of this award. She has twofold distinctions. The first involves her marital name and the second involves her service at our Senior Center. In 1974 while still bearing the Schwartz name she married Larry Schwartz (spelled the same unique way) a marriage that lasted until Larry's death approximately four years ago. Larry had been a 30+ year employee of the Coca Cola Company. Secondly, Barbara had the distinction of being a "double duty" volunteer at the Center as she serves both as a "greeter" and as a helper in the kitchen.

Barbara was born in 1945 in Cardington, Ohio. She grew up in Cardington and graduated from Cardington High School. Out of high school and at her public school teacher mother's urging she attended college. After one semester at Kent State University she dropped out of college.

No stranger to versatility she held jobs ranging from factory worker to cafeteria worker. Ultimately, she



found employment at Honda from where she retired after seventeen years serving mainly as a forklift operator.

Barbara had one brother and one sister, both of whom are deceased. She has five children: Jeff, Kathy, D.J., Ginger, and Becky. Barbara now resides in the Fairpark subdivision in Marion.

She currently does not do a lot of independent traveling but fondly remembers a Senior Center trip to New Orleans. Years ago she made many trips to Little Rock, Arkansas to visit her daughter, Ginger, but she no longer needs to make that long drive since Ginger has moved back to Ohio.

Now in her twelfth year of membership at the Center she enjoys the fellowship and her "double duty" volunteerism.

She loves to attend auctions and collects many Coca-Cola artifacts perhaps as a tribute to her late husband, Larry, and his employment at Coke.

Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



Fitness Center

Our Fitness Center is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. Due to space considerations, the Fitness Center is limited to 3 members working out at any one time. Please consult your physician before beginning any exercise activities.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Fitness Drumming

Our new fitness drumming program for seniors is hosted in the Multipurpose Room on Monday and Wednesday mornings at 9:15 am. Fitness Drumming is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18. *Leader: Barb Arms (M) and Belinda Guinther (W)*



Alzheimer's Educational Series

Marion County Council on Aging and the **Alzheimer's Association Central Ohio Chapter** are hosting a six-part educational series for seniors at the **Marion County Council on Aging** offices located at 125 Executive Drive, Marion, OH. The next two programs in the series are:

- **Dementia Conversations**
Tuesday, February 7 (1:00 - 1:30 pm)
- **Effective Communication Strategies**
Tuesday, March 7 (1:00 - 1:30 pm)

Participants may choose to attend some or all of these free programs. To register call **800-272-3900**.

Classes, Activities & Programs



'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the **Craft Room**. All classes (with the exception of a special project) will be **\$5**. This month's project is a "**Penny Vase**. **Note:** Participants must sign up by Friday, February 16 at noon.

Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Wednesdays** from **11 am – 12 pm** in the **Craft Room**. All supplies will be provided. There is no cost for this class.

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

Bridge

If you like to play Bridge join us out front on **Tuesday** mornings at **10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays** at **Noon**.

Everyone is welcome to play! *Leader:* Sonny Hunt

Hand & Foot

Hand & Foot cards is played out front on **Wednesday** at **Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday** at **9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays** at **noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday** afternoons at **1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday** mornings at **11:30 am**.

Leader: Shirley Tolley.

Dominoes

Dominoes is currently taking a winter break. *Leader:* Cookie Cocherl

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays** from **12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays** from **12:30 - 2 pm** in the *Craft Room*.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Choir Practice

Director **Ednita Vaflor** and our choir '*Seniors in Song*' practice from September through May on **Thursday** mornings at **11:30 am** in the *Multipurpose Room*. Ednita is currently seeking a few new voices to join this fun, talented group... **especially a TENOR!** Even if you're not a tenor, but enjoy singing, please join us for our practice this month. *Note: Choir will resume this month on Thursday, February 9!*

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' meets on the **2nd Tuesday** at **Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be "President's Favorite". So, bring your favorite dish along with copies of your recipes. This group meets out front by the kitchen. *Leader: Kathy Hampel*

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 8 am to 4 pm. No matter your experience level, everyone is welcome to play!

Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader: Barb Schwartz*

LRC

Florence Wright hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Quarter Bingo

Josh Rich of *CenterWell Home Health* hosts Bingo at **2:00 pm** on the **second Wednesday** each month. Players ante a quarter at the beginning and will win the pot upon having a bingo.

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun! Mind Games is taking a break this month but Carla encourages you to join her for 'Box Lunch Bingo' on Monday mornings at **11 am** (*see article on page 3*).

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday morning at 11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. *Note: Chair Yoga returns this month.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun class on the **second Tuesday** each month at **Noon** in the Craft Room. Candice owns *Stitch and Skein* located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!

Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

February 2023 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time	2 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 1:00-LRC
6 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	7 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub	8 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 2:00-<i>New!</i> Quarter Bingo	9 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir Resumes! 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 12:30-Popcorn & Movie 'Where the Crawdads Sing'
13 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 11:00- <i>New!</i> Box Lunch Bingo 12:00- Euchre 12:00-Pinocle	14 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 12:00-Recipe 'Prepare & Share' 1:00-Rummikub	15 Open Pool Room Open Fitness Room 9:15-Fitness Drumming 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:30-Open Sewing Time 12:30-Kingston Bingo	16 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time 1:00-LRC
20  President's Day <i>The Center is Closed Today</i>	21 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub 1:00-Exploring the Arts with Kristin	22 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:15-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*	23 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-Scrabble 12:30-Open Craft Time
27 Senior Center is Closed Today for Food Box Day & Deep Cleaning	28 Open Pool Room Open Fitness Room 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 1:00-Rummikub		

Birthdays & Anniversaries

FRIDAY

Open Pool Room **3**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **10**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **17**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

Open Pool Room **24**
Open Fitness Room

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi

February Birthdays

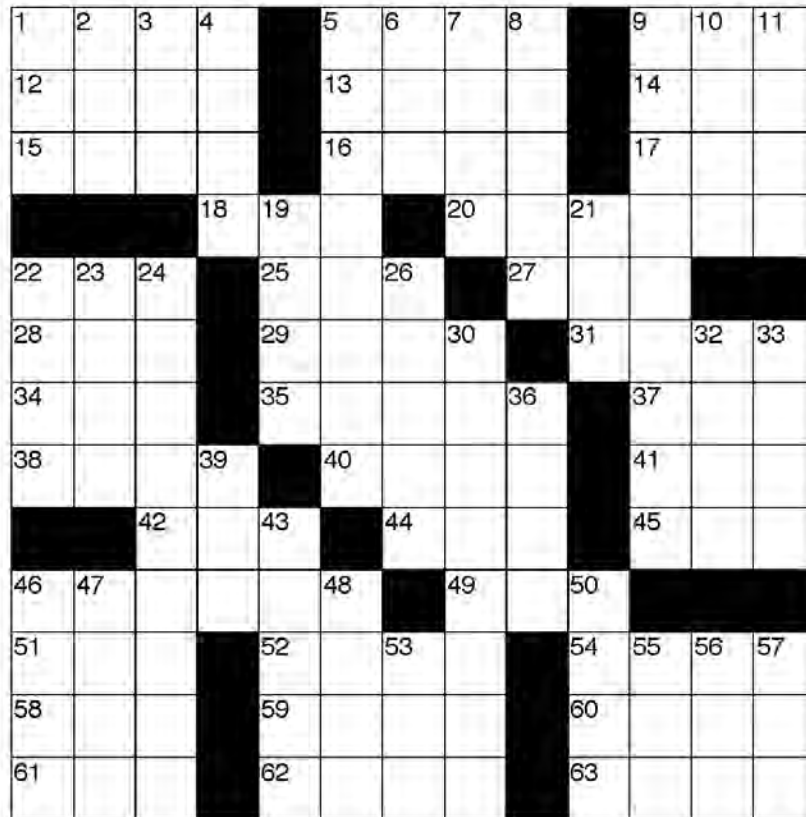
Ronald Scheff, Sr.	Feb 01	Marian Crile	Feb 09	Lynn McClelland	Feb 16
Dixie Hinze	Feb 01	Kay Crabtree	Feb 10	Frank Isaacs	Feb 23
Nick Wisda	Feb 02	Joelle DeFranks	Feb 10	Kevin Hoover	Feb 23
Evelyn Lowry	Feb 04	Linda Lou Smith	Feb 11	John Edward Kosto	Feb 24
Cynthia Wallace	Feb 05	Judith Baker	Feb 11	Grace Leser	Feb 24
Jeff Ruth	Feb 06	Carl Mounts	Feb 12	Harvey Erlewine	Feb 25
Laura Whaley	Feb 06	Phyllis Thatcher	Feb 13	Linda Jenkins	Feb 26
Helen Slemmons	Feb 07	Mary Brelsford	Feb 14	Chuck Blankenship	Feb 26
Patricia Fortney	Feb 08	Nancy Moser	Feb 16	John Kyle	Feb 27
Cathy Linstedt	Feb 08	Brad Boston	Feb 16	Doyle McGlothlin	Feb 29

February Anniversaries

Joseph & Krystyna Clarke	2/4/1961	62 years
Tim & Pat Mantey	2/5/1983	40 years
Russell & Janis Miley	2/19/1952	71 years
Randy & Janie Moore	2/9/1973	50 years
Dennis & Cecilia Witsberger	2/25/1977	46 years

CROSSWORD PUZZLE

Answers on Page 13



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A53

ACROSS

- 1 Beat rapidly
- 5 Indian music
- 9 Center (abbr.)
- 12 N.Z. locust
- 13 Jewish month
- 14 Exclamation
- 15 Occupational Safety and Health Admin. (abbr.)
- 16 Yesterday (Ital.)
- 17 Name (Fr.)
- 18 Licensed practical nurse (abbr.)
- 20 Follow
- 22 Cloth
- 25 Amazon tributary
- 27 Skin vesicle
- 28 Bygone days
- 29 Concentrated (abbr.)
- 31 Before (Lat.)
- 34 Turk. title
- 35 Indian prince
- 37 Unfavorable

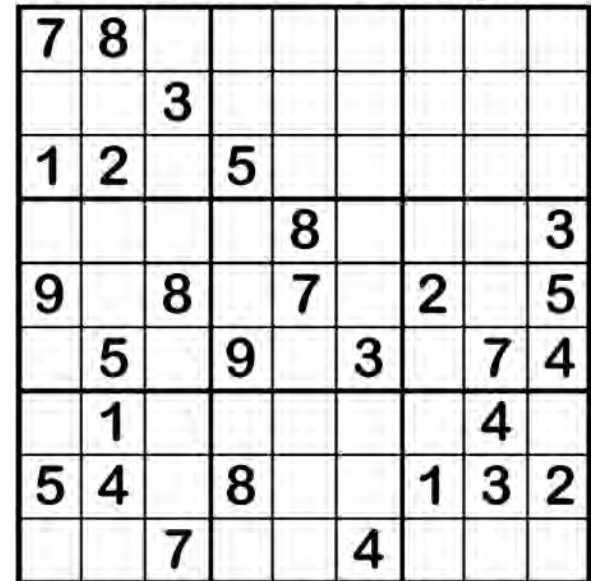
- 38 Chin. poet (2 words)
- 40 Pressure (pref.)
- 41 Legume
- 42 Egg (pref.)
- 44 "Faerie Queene" lady
- 45 Exclamation
- 46 Ahead
- 49 Art (Lat.)
- 51 Fellow
- 52 Gamin
- 54 Arabic (abbr.)
- 58 Gelderland city
- 59 Half (pref.)
- 60 Deride
- 61 The (Ger.)
- 62 Unfledged hawk
- 63 Kiln

DOWN

- 1 Indo-Chin. language
- 2 Bronze (Lat.)
- 3 Ultimate degree
- 4 S. Afr. language
- 5 Mack
- 6 "Fables in Slang" author
- 7 Global Atmospheric Research Program (abbr.)
- 8 Alexandrian theologian
- 9 Draft
- 10 Quaker pronoun
- 11 City of the Seven Hills
- 19 Bitter (pref.)
- 21 Least bit
- 22 S. Afr. dialect
- 23 Today (Ital.)
- 24 Araroba (2 words)
- 26 Fr. historical provinces
- 30 Hemp
- 32 Anchovy sauce
- 33 King of Israel
- 36 White with age
- 39 Eggs
- 43 Sultan's decree
- 46 Son of Ruth
- 47 Bare
- 48 Squirrel's nest
- 50 Pudding
- 53 Candelmen tree
- 55 Estuary
- 56 Away (pref.)
- 57 Gamble

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★★★★

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "B" = "A"

"IO IN QNQBLLK MANO OT MA
ZASADTQN CIOE VDBINA, MQO
GBQOITQN CIOE GDIOIGINU."
- BQOETD QSJSTCS

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E065

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "P" = "Y"

"S MTVP GEFKLKBK EW BQYJRY
NYVKEFK GUEKYF BE ZYGLZY QUE
USK BUY CYBBYV JSQPYV."
- VECYVB WVEKB

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E066

Answers on Page 13

Movies & More



*Ann Marie Bailey,
Jean Strayley &
John Holsinger
from Wyndmoor*

We Reached Our Goal! **SOCKS FOR SENIORS**

Our 'Socks for Seniors' committee set a lofty goal of collecting 1000 pairs of socks this year to distribute to local nursing homes and senior facilities. We're thrilled to announce they reached their goal... and then some! In all, a total of **1,228 pairs of socks** were collected! Committee members Barb Klee, Kathy Hampel and Becky Yannitell delivered the socks to five area senior facilities on Monday, January 9 and they were all grateful for the much-needed donations. (See photos to the left.) We want to thank everyone who donated socks to this worthy cause, and also recognize Marion Goodwill (229) MD Nails (194) Trinity Baptist (111) and Emmanuel Lutheran (82) for their significant donations that helped us reach our goal. Gift card drawing winners were Clara Sisson and Linda Laucher.



Deb Claypool from Brownstone

*Ashley Eaton
from Presidential*



*Makinzie Cooper
and Frieda Wears from
Embassy of Marion*

*Kathy and Gina
from Marion Pointe*



KINGSTON
RESIDENCE
of MARION

◀◀ **Popcorn & Movie** ▶▶

Thursday, Feb. 9 - 12:30 pm

'Where the Crawdads Sing'

A woman who raised herself in the marshes of the Deep South becomes a suspect in the murder of a man with whom she was once involved.



Life at the Center



100 members and guests joined us for our annual Christmas Dinner on Thursday, December 22 and were treated to a delicious meal catered by Special Occasions and a time-honored performance by our choir 'Seniors in Song' featuring traditional Christmas carols.



CROSSWORD PUZZLE ANSWERS (Pg. 10)

P	A	N	T		R	A	G	A		C	T	R
W	E	T	A		A	D	A	R		O	H	O
O	S	H	A		I	E	R	I		N	O	M
			L	P	N		P	U	R	S	U	E
T	O	G		I	C	A		S	A	C		
A	G	O		C	O	N	C		P	R	A	E
A	G	A		R	A	J	A	H		I	L	L
L	I	P	O		T	O	N	O		P	E	A
		O	V	I		U	N	A		T	C	H
O	N	W	A	R	D		A	R	S			
B	U	D		A	R	A	B		A	R	A	B
E	D	E		D	E	M	I		G	I	B	E
D	E	R		E	Y	A	S		O	A	S	T

SUDOKU ANSWERS (Pg. 10)

7	8	5	6	3	1	4	2	9
6	9	3	7	4	2	5	8	1
1	2	4	5	9	8	3	6	7
4	7	1	2	8	5	6	9	3
9	3	8	4	7	6	2	1	5
2	5	6	9	1	3	8	7	4
8	1	2	3	5	9	7	4	6
5	4	9	8	6	7	1	3	2
3	6	7	1	2	4	9	5	8

ENIGMA Cryptogram Answers (pg. 10)

E065: "It is usually best to be generous with praise, but cautious with criticism." - Author Unknown

E066: "A jury consists of twelve persons chosen to decide who has the better lawyer." - Robert Frost

Trips on the Horizon

2023 Trip Brochure

The Trip Advisory Council met in October and November to discuss and recommend trip destinations for this year. The starting point was to review the list of trips planned for 2020 that were put on hold due to the pandemic. As it turns out, a majority of those trips are still options for the coming year! Plus, we added several nice trips to that existing list as a result of suggestions from our members.

We once again put all of the information available into a brochure which was mailed to all Senior Center members in mid-January. Please keep in mind it is a tentative listing, and pricing, dates, and other trip details are all subject to change. But it gives you a starting point to plan your 2023 travel schedule.

It is important to note that much has changed in the world since 2020, including in the travel industry. We all have experienced price increases in food, gas, and many other daily expenses... costs associated with travel have increased, as well. Costs for motorcoach rental, tickets to

attractions, restaurant dining, and hotel accommodations have all increased. We will continue to be diligent in getting our members the most 'bang for their buck', but we also are realistic in understanding costs for trips will be higher than what you paid three years ago.

Another factor impacting motorcoach cost increases is that trips will be limited to 30 participants (as opposed to a full bus of 50 in years past). On the bright side, travel should be more comfortable with fewer folks on the bus.



And please note that we are grateful City Administration is permitting us to sponsor and offer trips again this year, we are limited to offering Day Trips or trips with one overnight stay only.

The brochure also includes a list of trip procedures and helpful hints. Please review and familiarize yourself with this information to make your Senior Center trip experience more enjoyable.

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Permit #23

Directory

Director: Steve Badertscher

Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.