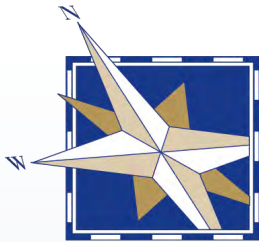


Volume 39 • Issue 9

The Sentinel

September 2022



**2375 HARDING HWY. EAST
MARION, OHIO 43302**

Office: 740-387-6100
Transportation: 740-387-5444

CENTER HOURS
Monday–Friday: 8 AM–4 PM

INSIDE THIS ISSUE:

Highlights	Cover
Senior Center Services	2 & 3
Health & Fitness	4 & 5
Classes, Clubs & Activities	6 & 7
Calendar/Birthdays	8 & 9
Brain Games	10
Movie/Upcoming Events	11
Life at the Center	12
Trips on the Horizon	14
Ads	15
Directory	Back

**Join Us for our
'Chili Autumn' Event
Thursday, Sept. 22
(Details on page 11)**

Autumn is Calling

Hard to believe the first official day of Autumn will be observed this month on Thursday, September 22. Which provided us with the perfect excuse to celebrate with a fun social event... **'Chili Autumn'** (page 11).

Autumn is the season that teaches us that change can be beautiful.

Notice how trees do not cling to their leaves in Autumn? Fall is about releasing the old to make way for the new.

Several old things have become 'new' again here at the Center. Or more accurately stated, have finally 'returned' again... like the return of trips!

If you enjoy traveling, we recently began offering Center-sponsored trips again for the first time since 2019, which has included 3 trips to Columbus Clipper 'Dime-a-Dog Night' games, and a trip to 'Senior Day' at the Ohio State Fair. Plus, we are currently offering a couple of our more popular day trips via charter bus to Amish Country and to LaComedia Dinner Theater to see their production of "White Christmas" (page 14).

Speaking of trips, this fall will also mark the return of our **Trip Advisory Council**, where several members and staff will meet to discuss and decide upon trip options for 2023. If you are a trip enthusiast and would like to volunteer to serve on this council, please see me to express your interest.

Another thing that has returned is hosting activities at the Marion Popcorn Festival **'Senior Stop'**. Activities will be hosted in the RHAM building conference room located at 205 West Center Street in downtown Marion. We will once again be hosting Bingo on Thursday and Casino Games on Friday. We will open the doors at 11 am and host activities from noon to 2 pm both days. Plenty of snacks, prizes, and door prizes, too (page 11).

And one final 'return' of note is the return of 'you' — our members — to daily life here at the Center. We are so encouraged by the number of members that are participating in activities and attending programs and social events these days. For example, we had 70 members in attendance for the past two social events. It does our hearts good to see the joy and hear the laughter as you enjoy socializing with each other while keeping your minds and bodies active. Change *can* be beautiful. Bring on Autumn!

Be Kind & Stay Well,
Steve Badertscher, Director

Senior Center Services

Food Box Program

If you or someone you know are in need of food assistance, please contact **Emilee** at **740-387-6100** to see if you qualify for the **Commodity Supplemental Food Program (CSFP)**. The Center distributes each month in partnership with **Mid-Ohio Foodbank**. To qualify you must be age 60+, live in Marion county and be income eligible.

HEMEN: Helping Elderly Meet Essential Needs

HEMEN is a funding source that is available to assist consumers who are 60 and older in obtaining assistance with needs they may need to remain safe in their home, such as: Washing Machine, Dryer, Refrigerator, Stove, Mattress Set, etc. Call Area Agency on Aging at **800-860-5799** for details.

MEALS-ON-WHEELS

Our Meals-on-Wheels provider **LifeCare Alliance** has decades of experience delivering delicious meals prepared under the direction of a registered dietician. They offer the flexibility of daily hot or cold meals, or weekly frozen meals, with a variety of tasty menu options. For more information call **614-278-3130**.



Farmers Market

Caledonia Farmers Market will be hosted at Caledonia Public Square on **Saturdays from 10am - 1pm from June through September**. Food vouchers for individuals 60+

- Locally grown produce & fruit
- Locally produced baked goods
- Locally produced meat & honey
- Local artists/crafters

For more information:
caledoniafarmersmarket2021@gmail.com

HAVE QUESTIONS ABOUT MEDICARE?

David Painter from **Ohio Senior Health Insurance Information Program (OSHIIP)** will be at **Marion County Council on Aging** offices located at 125 Executive Dr # 102, Marion, OH on **Thursday, September 29 at 1 pm** to make a free Medicare presentation. (Complete details can be found on page 4)



TECH TIME WITH ANGELA THOMAS

Need help using your Smartphone or Tablet? **Angela Thomas** from **Beltone** is offering **FREE** technology sessions for anyone who may need help navigating through their smartphone or tablet. Join her at the Senior Center on **Wednesday, September 21 from 10:30 am - 12:30 pm**. Coffee and snacks will be provided.



Senior Transportation

County-wide service is available on a donation basis every Monday through Friday from 8 am to 3:30 pm, with the exception of holidays. Pick-up times for dialysis appointments can be scheduled earlier than 8 am, but must be arranged at least one week in advance of your appointment time. All clients must be age 60+ and a Marion County resident.

We thank our drivers who've served tirelessly on the frontline throughout this pandemic. They are heroes who deserve special praise, going above and beyond in so many ways!

This service is made possible in part due to grant funding provided by Marion County Council on Aging (Senior Levy), Area Agency on Aging - District 5, and the City of Marion.



Improving Seniors Lives



Sue Wisebaker, Jackie King, Bede Agner, Steve Badertscher

It was so nice to have a large gathering on hand as we celebrated Jackie King's retirement on June 30. Jackie's official final day was July 15. We want to thank Jackie for her **27 years** of dedicated service, and also commend her for spending time training replacement Sheryl Simmons to ensure a seamless transition. We also want to thank former director's Sue Wisebaker and Bede Agner for joining current director Steve Badertscher to share their sentiments regarding Jackie's devotion to the Senior Center.

Congregate Dining Center

In partnership with *LifeCare Alliance*, the Center hosts a Congregate Dining Center every **Tuesday through Friday from 11 am - 12:30 pm**. Please join us for good food and fellowship every Tuesday, Wednesday, Thursday or Friday... or one day a week... or one day a month. It's completely up to you!

All participants will receive a delicious, nutritious lunch served individually at each table. The meals are provided on a donation basis (a suggested contribution of \$1.50 is welcomed). Meals must be eaten in the dining room. Anyone aged 60 years or older is eligible.

Please call Congregate Dining Room Coordinator **Toni Hurd** at **(740) 360-7863** to discuss menu options and to order your meals at least 24 hours in advance.

Announcements

MEET SHERYL SIMMONS

The Senior Center staff is pleased to introduce our new Development Assistant, Sheryl Simmons. Sheryl replaces Jackie King who retired in July. Sheryl and Jackie were able to spend a lot of quality time together prior to Jackie's retirement to ensure a smooth transition.

Sheryl is a Marion native, having graduated from Marion Harding High School. She attended Taylor University in Indiana where she earned a degree in Business Administration. Upon graduation she returned to Marion where she met her husband Harry and the two were married in 1985. Their three children, Amy, Sarah and Michael graduated from River Valley High School. Harry and Sheryl also have two grandsons (and one on the way).

Sheryl's work experience includes grant writing, reporting and assisting the food pantry for the Salvation Army, and most recently financial and administrative responsibilities for Trinity Baptist Church.

Her hobbies include puzzles, reading, and spending time with the kids and grandkids.



Sheryl Simmons, Development Assistant

Sheryl has truly enjoyed her new venture thus far, and is really looking forward to getting to know our members and building relationships with them. She is impressed with all of the programs, activities and trips the Center has to offer helping our area seniors remain active, healthy, and independent.

Introduction to Medicare

If you are new, or nearly new, to Medicare health coverage and benefits, plan on attending **Medicare 101**, a free seminar offered by the Ohio Department of Insurance and the Marion County Council on Aging. On **Thursday, September 29 at 1:00 pm**, a representative from the Department of Insurance will be at the Council on Aging office to give a comprehensive overview of Medicare. He will cover the different parts of Medicare, like Parts A, B, C and D, as well as discuss the many different options of Medicare Supplement plans offered in Ohio.

This is a free and fast-paced presentation; participants will be given a lot of important information that will be helpful in choosing your Medicare options when the time comes. If you are already on Medicare, you will learn what options you have if you want to make changes to your plans.

This presentation is free, but space is limited, and reservations are necessary. **The Marion County Council on Aging is located at 125 Executive Dr, Suite 102.** Call **740-387-0401** or email **admin@marioncouncilonaging** to reserve a spot.



Note: Always consult your healthcare provider when contemplating new ideas to promote better health.

Health & Fitness

Staying Active!

Pickleball

Members and non-members really enjoy playing pickleball, America's fastest growing sport. Marion Senior Center is home to the only public outdoor courts in the area designed specifically for pickleball. The two courts are located on the west side of the building (adjacent to our raised-bed gardens). Pickleball is available to members and guests anytime, however most usually gather to play together on weekday mornings beginning at **8 am**. We have paddles and pickleballs available for use by members just getting started (see Lisa).



Pace Setters Walking Club

The Center's walking club path is located around the perimeter of the Marion County MRDD property (located adjacent to the Center), and is available any time from dawn until dusk.

The program officially began on Monday, April 4, but there is still time to join in the fun!

Along with a good cardio workout plus strength and conditioning benefits, every participant receives a reward as they reach different goals and milestones.



Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Which is probably why it continues to be a highly popular activity with our members. That in combination with the fact that our experienced instructors **Steve and Marlene Renick** are extremely patient and very encouraging. They host classes on **Friday at 12:30 pm** and welcome both beginners and those with Tai Chi experience.



Intro to Fitness

This class is a great way to get started! The group meets on **Tuesday** mornings at **9 am** and are led by class members utilizing DVDs and online videos on our huge 86" Smart TV for their exercises. Everyone is welcome! There is no cost to members to participate in this class.



Line Dancers have enjoyed hosting their Thursday morning classes in our spacious new outdoor Activity Pavilion this summer whenever weather permits. Tai Chi instructors frequently utilize the Activity Pavilion to host their class outdoors on Friday afternoons.

TAKE A WALK!

Classes, Activities & Programs

Fitness Drumming

Our new fitness drumming program for seniors is hosted in the *Multipurpose Room* on **Wednesday mornings at 9 am** and **Friday afternoons at 2:30 pm**. **Fitness Drumming** is a fun, and highly engaging workout that can greatly benefit not only your overall health, but more specifically, your heart and lung health. No musical experience is necessary and there is no cost for this class. Class size is limited to 18.



'Exploring the Arts' with Kristin

Instructor **Kristin Bentley** (who teaches a class at the library every month) will host a monthly art class the **third Tuesday** of each month at **1 pm** in the *Craft Room*. All classes (with the exception of a special project) will be \$5. This month's project is a "**decoupage fall candle holder**". **Note:** Participants must sign up by Friday, Sept. 16 at noon.



Color Me Happy

Beginning this month, instructor **Clara Sisson** will be hosting a new **Paint Marker Class** on **Wednesday mornings from 11 am – noon** in the *Craft Room*. All supplies will be provided. There is no cost for this class.

New! Scrabble

Beginning this month, **Scrabble** will meet out front every **Thursday at Noon**. Scrabble is a word game in which players score points by placing tiles, each bearing a single letter, onto a game board. The tiles must form words which, in crossword fashion, flow left to right in rows or downwards in columns. *Leader:* Barb Schwartz

Bridge

If you like to play Bridge join us out front on **Tuesday mornings at 10 am**. Everyone is welcome to play!

Leader: Shirley Groll

Euchre

Euchre is played out front on **Mondays at Noon**.

Everyone is welcome to play! *Leader:* Tillie Taylor

Hand & Foot

Hand & Foot cards is played out front on **Wednesday at Noon**. Everyone is welcome! *Leader:* Judy Walker

Hand & Foot

Hand & Foot cards is played in the Game Room on **Thursday at 9 am**. Everyone is welcome! *Leader:* Phyliss Shirk

Pinochle

Pinochle is played out front on **Mondays at noon**.

Everyone is welcome to play! *Leader:* Bill Gossett

Rummikub

Learn to play the popular tile game *Rummikub*, hosted out front on **Tuesday afternoons at 1 pm**.

Leader: Beulah Owens

Mahjong

Learn to play the popular tile game *Mahjong*, hosted out front on **Thursday mornings at 11:30 am**.

Leader: Shirley Tolley.

Dominoes

Dominoes is played out front on **Monday at 11am**.

Everyone is welcome! *Leader:* Cookie Cocherl

Open Sewing Time

Sewing machines, material, patterns, needles and thread are made available for you to create individual items at your own pace on **Wednesdays from 12:30 - 2 pm** in the *Craft Room*.

Open Craft Time

A variety of paints, brushes, idea books, liquid stain glass patterns, tracing paper, and woodworking items are available for you to create individual projects at your own pace on **Thursdays from 12:30 - 2 pm** in the *Craft Room*.

Classes, Activities & Programs

Tai Chi

Tai Chi is a low-impact, slow-motion exercise, which reduces stress while increasing flexibility and balance. Instructors **Steve and Marlene Renick** host classes every **Friday at 12:30 pm** in the new *Activity Pavilion* (weather permitting) or the *Multipurpose Room*.

Line Dancing

This **Line Dancing** class meets on **Thursday** mornings at **10:00 am**. This class always welcomes new members.

Choir Practice

Welcome back! Choir practice resumes this month on **Thursday, September 15**. Director **Ednita Vafior** and our choir '**Seniors in Song**' practice from September through May on **Thursdays at 11:00 am** in the *Multipurpose Room*.

Fitness Center

Our **Fitness Center** is open to members at no additional cost, and boasts a variety of fitness equipment, including treadmills, traditional and recumbent exercise bikes, Airdyne, and elliptical machines, along with resistance training equipment for upper body and lower body strength and conditioning. **Due to space considerations, the Fitness Center is limited to 3 members working out at any one time.** Please consult your physician before beginning any exercise activities.

Recipe 'Prepare & Share'

Recipe 'Prepare & Share' is back and will be meeting on the **2nd Tuesday at Noon** each month to prepare and share our favorite dishes along with the recipes. This month's theme will be 'Desserts' So bring your favorite dessert to share along with copies of your recipe. This group meets out front by the kitchen. *Leader: Kathy Hampel*

Pickleball

Our outdoor Pickleball courts are open to members and guests at no additional cost. Members typically meet almost every weekday morning for open play from **8 am - 10 am**. No pre-registration is required. We have pickleball paddles and balls available for those members just wishing to try the game out. See Lisa to borrow those items.

Open Billiard Room

We have 3 pool tables available for open play every weekday from 10 am to 2 pm. Please call the Center at **(740) 387-6100** (between 8 - 10 am or 2 - 4 pm) and let us know you're coming in to play.

LRC

Florence Wright hosts **LRC** (Left, Right, Center) at **1:00 pm** on the **first & third Thursday** each month. The group meets out front to play this a fun, fast-paced dice game that is easy to learn.

Kingston Bingo

Carma Taylor of *Kingston Residence of Marion* hosts Bingo at **12:30 pm** on the **third Wednesday** each month. Lots of fun and prizes!

Monday Mind Games

Carla Poston from *ProCore Health Brokers* hosts **Mind Games** on **Monday mornings**. This class meets at **10 am**. Come give your brain a workout with trivia and various games. Games change every week, so stop by for some fun!

Chair Yoga

Certified Chair Yoga Instructor **Laura Brown** hosts a class every **Friday** morning at **11am** in the **Multi-Purpose Room**. Cost is \$3 per class. Chair Yoga is a gentle form of exercise and relaxation, suitable for beginners and seniors. *Note: Chair Yoga will return from their summer break on Friday, September 16.*

Hooks & Needles

Instructor **Candice DeWitt** hosts this fun new class on **Tuesdays at Noon** in the Craft Room. Candice owns *Stitch and Skein*, a new shop located in Downtown Marion. Learn a new skill or simply refresh your memory on knitting while bringing a little bit of cozy relaxation to your life, too!





Bible Study

Brad Boston leads Bible Study on **Tuesday** mornings at **10 am** in the Craft Room. Enjoy good fellowship and uplifting discussions. Everyone is welcome!

Jam Session

An amazing group of talented local musicians and vocalists meet and perform at the Center on the **last Wednesday** of each month. Lunch is served at **noon**, featuring a sandwich, side, chips and a beverage. Cost of lunch is **\$4**. *Note: All musicians performing that day receive a complimentary lunch.* Music is performed from **1 to 3 pm**, with cookies served at intermission. Public welcome!

September 2022 • Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Celebrating 1st Day of Fall!  Thursday, Sept. 22 - Noon <i>See Details on pg. 11</i>	Save the Date! Buckeye Tailgate Bash!  Friday, Oct. 21 - Noon	Save the Date!  Friday, Nov. 11 - Noon	1 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Mahjong 12:00-New! Scrabble 12:30-Open Craft Time 1:00-LRC
5  The Center will be Closed Today	6 Open Pool Room Open Fitness Room 9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	7 Open Pool Room Open Fitness Room 9:00-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time	8 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining 11:30-Mahjong 12:00-New! Scrabble 12:30-Open Craft Time 11:00-‘Senior Stop’ at the Popcorn Festival <i>(Bingo begins at noon)</i>
12 Open Pool Room Open Fitness Room 10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle	13 Open Pool Room Open Fitness Room 9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS **No Hooks & Needles today** 12:00-Recipe ‘Prepare & Share’ 1:00-Rummikub 3:30-Clippers Trip Departs	14 Open Pool Room Open Fitness Room 9:00-Fitness Drumming 10:30-Tech Time with Angela 11:00-Congregate Dining/Lunch 11:00-Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Open Sewing Time	15 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir Practice Resumes! 11:30-Mahjong 12:00-New! Scrabble 12:30-Open Craft Time 12:30-Popcorn & Movie ‘Still Mine’ 1:00-LRC
19 Open Pool Room Open Fitness Room 10:00-Mind Games 11:00-Dominoes 12:00- Euchre 12:00-Pinochle	20 Open Pool Room Open Fitness Room 9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub 1:00-Exploring the Arts with Kristin	21 Open Pool Room Open Fitness Room 9:00-Fitness Drumming 11:00-Congregate Dining/Lunch 11:00-Color Me Happy Paint Marker Class 12:00-Hand & Foot 12:30-Kingston Bingo	22 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-New! Scrabble 12:00-Chili Autumn Social Event
26 Senior Center is Closed Today for Food Box Day & Deep Cleaning	27 8:00-Amish Country Trip Departs the Center 8:00-Open Pool Room Open Fitness Room 9:00-Intro to Fitness 10:00-Bible Study 10:00-Bridge 11:00-Congregate Dining/Lunch 11:00-Books, Balance & BS 12:00-Hooks & Needles 1:00-Rummikub	28 Open Pool Room Open Fitness Room 9:00-Board Meeting 9:00-Fitness Drumming 11:00-Congregate Dining/Lunch 12:00-Hand & Foot 12:00-Jam Session Lunch 12:30-Open Sewing Time 1:00-Jam Session*	29 Open Pool Room Open Fitness Room 9:00-Hand & Foot 10:00-Line Dancing 11:00-Congregate Dining/Lunch 11:30-Choir 11:30-Mahjong 12:00-New! Scrabble

Birthdays & Anniversaries

FRIDAY

Open Pool Room
Open Fitness Room

2

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-Fitness Drumming

Open Pool Room
Open Fitness Room

9

11:00-Congregate Dining/Lunch
12:30-Tai Chi
2:30-Fitness Drumming



**11:00-'Senior Stop' at the
Popcorn Festival
(Casino Games at noon)**

Open Pool Room
Open Fitness Room

16

11:00-Congregate Dining/Lunch
11:00-**Chair Yoga Resumes!**
12:30-Tai Chi
2:30-Fitness Drumming

Open Pool Room
Open Fitness Room

23

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi
2:30-Fitness Drumming

Open Pool Room
Open Fitness Room

30

11:00-Congregate Dining/Lunch
11:00-Chair Yoga
12:30-Tai Chi
2:30-Fitness Drumming

September Birthdays

Imogene Postell	Sep 01	Alice Lucille Norton	Sep 15	Bobb Davies	Sep 23
Rhodella Metz	Sep 02	Karen Ward	Sep 15	Lane Lusenhop	Sep 24
Ronald Sparks	Sep 04	Diane Fetter	Sep 15	Marsha Dutt	Sep 24
Marty Beaver	Sep 05	Frances Cornish	Sep 16	Elizabeth Orthmeyer	Sep 26
Larry Hileman	Sep 05	Flora Kyle	Sep 16	Terry Burton	Sep 26
Judith Miller	Sep 07	Pauline King	Sep 16	Donald Bentley	Sep 27
Paula Main	Sep 07	Alice Kendle	Sep 16	Dee Rush	Sep 27
Carol Loeffler	Sep 10	Jackie King	Sep 18	Teresa Phillips	Sep 27
Kathy Hempel	Sep 10	Janis Miley	Sep 20	Jean Merritt	Sep 28
Colleen Hempstead	Sep 12	Belinda Guinther	Sep 20	Jana Schelb	Sep 30
Priscilla Jo Kreis-Isaacs	Sep 13	Darlynn Blessing	Sep 21	Janet Elliott	Sep 30
Cathy Klemm	Sep 13	Jeff Smith	Sep 22		
Lou Hartley	Sep 15	Judy Ishida	Sep 22		

September Anniversaries

Jim & Marty Beaver	9/14/1974	48 years
Chuck & Betsy Blankenship	9/21/1985	37 years
Jim & Janet Detwiler	9/26/1959	63 years
Robert & Claudia DeVore	9/25/1993	29 years
Tom & Rosemary Utley	9/20/1981	41 years
Mark & Cindy Whiteamire	9/12/1981	41 years
Nick & Diane Wisda	9/9/1972	50 years

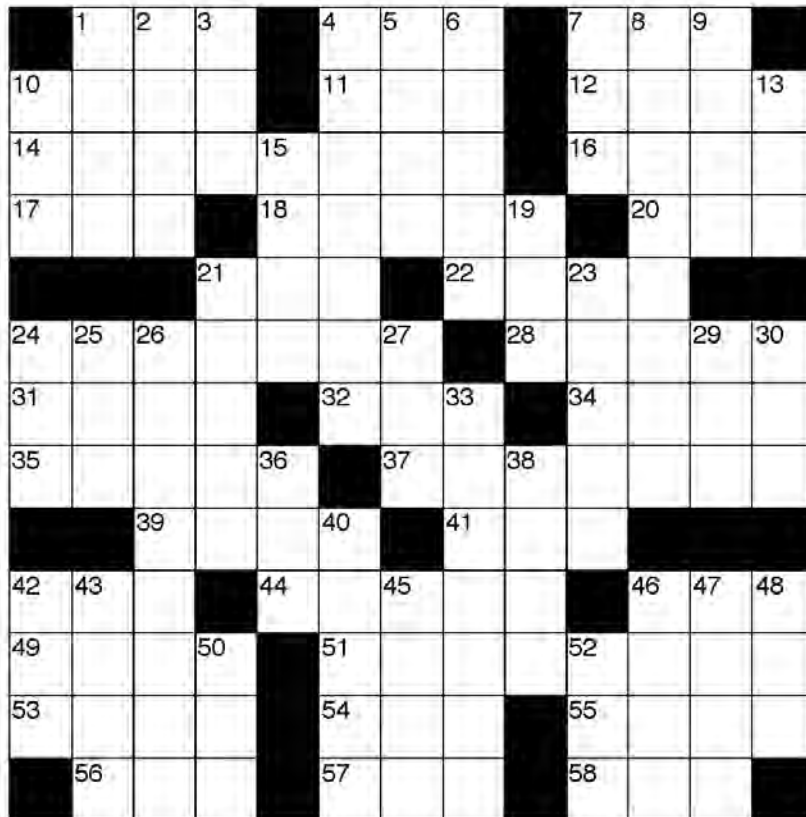
New Members

We welcome the following New Members that have recently joined:

Kevin & Debbie Hoover	Paula Main
Dan Stambaugh	Tammy Niles
Jocklyn Miley	Barbara Richardson
Anita Jackson	

CROSSWORD PUZZLE

Answers on Page 13



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A46

ACROSS

- 1 Surety (Lat.)
- 4 Cubic feet per second (abbr.)
- 7 Father of Jehoshaphat
- 10 Stamp-sheet segment
- 11 Sultry
- 12 Culmination
- 14 Wont
- 16 Melville's captain
- 17 Droop
- 18 Inuit boat
- 20 Legal gambling (abbr.)
- 21 Shoshonean
- 22 Leftside (pref.)
- 24 Extent
- 28 Taint
- 31 Tolstoy heroine
- 32 Sixth sense
- 34 Fresh-water duck
- 35 Act
- 37 Fr. historical provinces

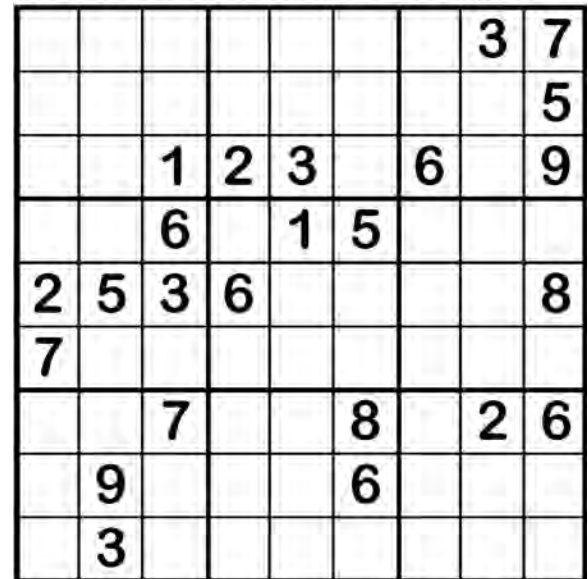
- 39 Secretary (abbr.)
- 41 Evil
- 42 Lt. exclamation
- 44 Perturb
- 46 Object of worship
- 49 Hindu garment
- 51 Abnegate
- 53 Razor-billed auk
- 54 Corrode
- 55 Down (pref.)
- 56 Mulberry of India
- 57 Single room occupancy (abbr.)
- 58 Altar constellation

DOWN

- 1 Old Texas linear measure
- 2 Anagram (abbr.)
- 3 Dry wine
- 4 Anglican bishop's garment
- 5 Central points
- 6 Plagiarize
- 7 Amer. Automobile Assn. (abbr.)
- 8 Sailboat
- 9 Love (Lat.)
- 10 Additional postscript (abbr.)
- 13 Recede
- 15 Ballet skirt
- 19 Ketone (pref.)
- 21 Way
- 23 Important
- 24 But (Sp.)
- 25 Within (pref.)
- 26 Dropsy
- 27 Extrasensory perception (abbr.)
- 29 Roam
- 30 Eng. cathedral city
- 33 Allspice
- 36 Five-franc piece
- 38 Rom. author
- 40 WWI battle
- 42 Television channel
- 43 FDR's dog
- 45 Wither
- 46 Growl
- 47 Eight (pref.)
- 48 Drug Enforcement Admin. (abbr.)
- 50 Adjective-forming (suf.)
- 52 Fiddler crab genus

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.



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DIFFICULTY: ★★☆☆

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "L" = "R"

"GRGLMBWSDX SV FWIDXSDX.
PGUPZG ILG BIHSDX BWGSL
FUQGYSIDV VGLSUAVZM IDY BWG
PUZSBSFSIDV IV I JUHG."
- ESZZ LUXGLV

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E055

ENIGMA™

CRYPTOGRAM

Enigma cryptograms are created from quotations and proverbs from around the world. Each letter stands for another letter.

Hint: "P" = "D"

"KODP JM ROIMA HOJMOG TO N
VNG'M MOCD, POJGK VOIA
VCIPAIM JG TZJM DONTZMOVA
ROIDP, TZNG NGQ VOITND PICK."
- RJDDJNV MZNUAMHANIA

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E056

Answers on Page 13



Thursday, September 22 at noon.

Celebrate the first day of Autumn with us at our first-ever 'Chili Autumn' social event! **September 22** marks the "official" beginning of Autumn, and there's no better way to celebrate the fall season than by enjoying a delicious bowl of Chili served with some warm cornbread. Yummy!

Lunch featuring chili and cornbread will be served at **noon**. The always popular **Gary Bonewitz** of **Gary's Music Show** will perform after lunch. Gary is known for playing classic country and classic oldies while he strums his guitar.



Ticket Deadline: Tickets will be on sale through end of the day on Thursday, September 15. **So buy them now!**

Special thanks to **Brandt Kleinschmidt** of **Humana** for sponsoring this event.



'Senior Stop'



The Marion Senior Center in partnership with **Kingston Residence of Marion** will once again host the 'Senior Stop' during the *Marion Popcorn Festival*. Activities will be hosted in the **RHAM** building conference room located at 205 West Center Street in downtown Marion on the following dates:

Thursday, September 8

Doors open at **11 am**

Bingo: **Noon - 2 pm**

The Elton John Experience: **2 pm** (Palace Theatre)

Friday, September 9

Doors open at **11 am**

Casino Games: **Noon - 2 pm**



<< Popcorn & Movie >>

Thursday, Sept. 15 - 12:30 pm

'Still Mine'

Based on true events and laced with wry humor, **STILL MINE** is a heartfelt love story about an 89-year-old New Brunswicker (James Cromwell) who comes up against the system when he sets out to build a more suitable house for his wife (Genevieve Bujold) whose memory is starting to go.



Life at the Center



A huge shout out to board members Kathy Hampel and Jean Merritt, along with staff members Debbie Page and Evelyn Partlow for sprucing up the Center recently by trimming the shrubs and weeding the flower beds. Well done, ladies!



Congregate Dining Center Coordinator Toni Hurd has been thrilled with the nice turnout of members and guests joining her for good food and fellowship this past month. Lunch is available every Tuesday through Friday from 11 am - 12:30 pm. See the article on page 3 for complete details.



Exploring the Arts with Kristen was so much fun last month... and the paint pour projects they created were amazing! Don't miss this month's decoupage fall candle holder project on Tuesday, Sept. 20 at 1 pm. (Complete details on page 6.)



We had a great time at our annual 'Ice Cream Social' today! Over 70 members and guests joined us for lunch featuring delicious Riverside Ice Cream for dessert, followed by wonderful entertainment by Hall of Fame banjo player Glenn Parks! Special thanks to Kingston Residence of Marion for sponsoring this fun event. And to Carma Taylor of Kingston, Carla Poston of ProCore Health Brokers and Diane Drollinger of Embassy of Marion for providing some very nice door prizes.

CROSSWORD PUZZLE ANSWERS (Pg. 10)

	V	A	S		C	F	S		A	S	A	
P	A	N	E		H	O	T		A	C	M	E
P	R	A	C	T	I	C	E		A	H	A	B
S	A	G		U	M	I	A	K		O	T	B
			U	T	E		L	E	V	O		
M	E	A	S	U	R	E		T	I	N	G	E
A	N	N	A		E	S	P		T	E	A	L
S	T	A	G	E		P	I	C	A	R	D	Y
		S	E	C	Y		M	A	L			
U	F	A		U	P	S	E	T		G	O	D
S	A	R	I		R	E	N	O	U	N	C	E
A	L	C	A		E	A	T		C	A	T	A
	A	A	L		S	R	O		A	R	A	

SUDOKU ANSWERS (Pg. 10)

9	6	4	5	8	1	2	3	7
3	2	8	9	6	7	1	4	5
5	7	1	2	3	4	6	8	9
4	8	6	7	1	5	3	9	2
2	5	3	6	4	9	7	1	8
7	1	9	8	2	3	5	6	4
1	4	7	3	5	8	9	2	6
8	9	2	1	7	6	4	5	3
6	3	5	4	9	2	8	7	1

ENIGMA Cryptogram Answers (pg. 10)

E055: “Everything is changing. People are taking their comedians seriously and the politicians as a joke.” - Will Rogers

E056: “Gold is worse poison to a man’s soul, doing more murders in this loathsome world, than any mortal drug.”
- William Shakespeare

Trips on the Horizon

Clippers Dime-a-Dog Night

Tuesday, September 13

The final **Columbus Clippers 'Dime-a-Dog' night** trip will be on **Tuesday, September 13** to see the Clippers play the Omaha Storm Chasers. Ten cent hot dogs will be available throughout the game. We'll depart the Center at **3:30 pm**. The game is scheduled for **6:15 pm**.

Cost is **\$25 Members/\$35 Non-members**, which includes transportation and a ticket to the game. These trips are limited to 22 participants, so sign up early!

LaComedia: White Christmas

Wednesday, November 9

We will depart the Center at **8 am** via *Brewster charter coach* to see the LaComedia dinner theater production of *Irving Berlin's White Christmas*, their most popular show of all time. Enjoy an amazing buffet featuring chef-carved meats, signature sweet potato souffle, and chocolate brownie a la mode. **Cost is \$99 Members; \$109 Non-Members. Reserve your spot now with a Non-refundable \$20 deposit.**

Amish Country Day Trip

Tuesday, September 27

We will depart the Center at **8 am** via *Pioneer Trails charter coach* to visit Amish Country. We'll even have an Amish step-on guide!

Stops include: Breitenbach Wine Cellars, Hershberger Farm & Bakery (*lunch on your own*), Heini's Cheese Chalet, Lehman's Hardware (*voted 'Best Destination in Amish Country' by Trip Advisor*), an Amish basket-making place, and then we will conclude our fun-filled day with a delicious dinner at the original Der Dutchman restaurant, featuring Chicken, Roast Beef, Mashed Potatoes & Gravy, Dressing, Corn, Green Beans, Tossed Salad, Homemade Bread, Slice of Pie, and a Beverage (including gratuity) which is included as part of the trip. We should return to the Center around **8:45 pm**.

Cost is \$109 Members; \$119 Non-Members. Reserve your spot now with a Non-refundable \$20 deposit. Full payment will be due on September 6 (or when signing up after that date).

Marion Senior Center

2375 Harding Hwy. E.
Marion, Ohio 43302

8:00 a.m. to 4:00 p.m.
Monday through Friday
Office: 740-387-6100
Transportation: 740-387-5444

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Activity Coordinator: Lisa Richardson

Social Service Coordinator:
Emilee Evans

Transportation Coordinator:
Sierra Blanton

Development Assistant: Sheryl Simmons

Maintenance Supervisor:

Visit the Marion Senior Center
website at: www.marionseniorcenter.com

Email: info@marionseniorcenter.com
or follow us on Facebook



Need a Ride? Transportation Available for Seniors

If you, or someone you know age 60 and older, are seeking transportation for needs-based appointments, the Marion Senior Center is here to help. We provide transportation (on a donation basis) to and from appointments in Marion County. Transportation is available every **Monday through Friday between the hours of 8:00 am & 3:30 pm**, excluding holidays. **To learn more, contact the Center's Transportation Desk at (740) 387-5444 or Ohio District 5-Area Agency on Aging at 1-800-522-5680.**

****Handicap-accessible transportation is now available!***

Need a Personal Shopper?

We have a personal shopper available to help homebound Seniors age 60+. If you, or someone you know, could use ongoing assistance with shopping needs, **please contact Social Services Coordinator Emilee Evans at (740) 387-6100.**

Sponsored by a Title III Grant under the Older Americans Act, administered through the Ohio Department of Aging and District 5 Agency on Aging with local funding through the City of Marion and the Marion County Council on Aging (Senior Services Levy). The Marion Senior Center and its programs are open to all persons 50 years of age or older regardless of their sex, race, income, national origin, religion or handicap.